

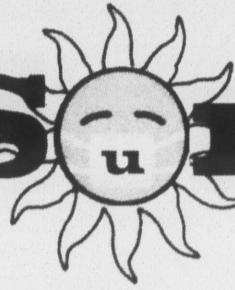


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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 53 No. 30

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ALMOST TIME TO GO FOR A SPIN – Quincy resident Joe Brill recently visited Buffalo, New York, where a historic carousel his grandfather once operated in Houghs Neck will open next month for the first time in nearly 60 years. Brill was there as components of the restored carousel were brought into a new carriage house and he was able to help out with the installation.

Photo Courtesy Joe Brill

Father Bill's Getting \$4M From State For New Building

By SCOTT JACKSON

The state will provide \$4 million to Father Bill's & MainSpring to help pay for the construction of a new housing resource center that will replace the organization's shelter in Quincy – a building the non-profit's president said would help end homelessness.

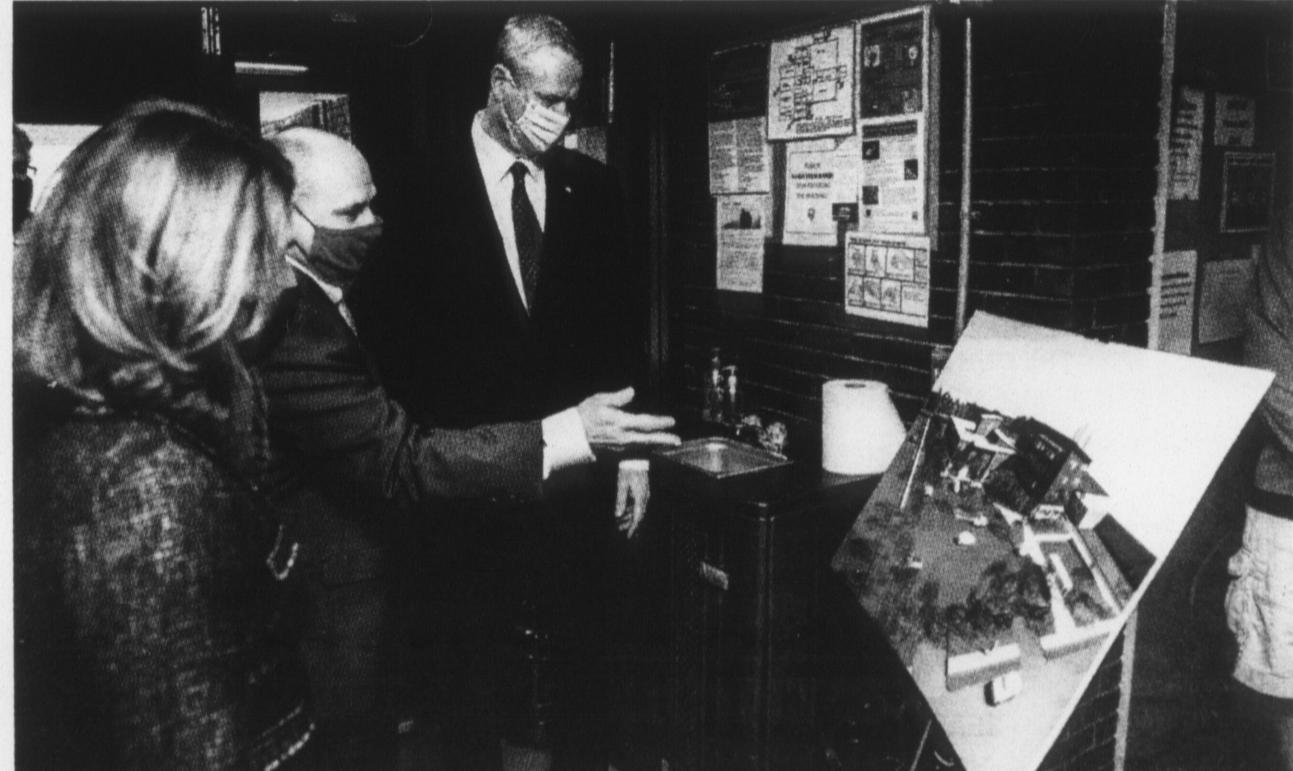
Gov. Charlie Baker announced the \$4 million grant for the project during a press conference the

morning of March 31 at Father Bill's, joined by House Speaker Ronald Mariano, Sen. John Keenan, Mayor Thomas Koch and FBMS President & CEO John Yazwinski, among others.

The \$4 million the organization received was among \$20 million awarded for various housing projects statewide. Baker said more

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LOOKING AT A rendering for the new Housing Resource Center in Quincy are (from left to right) Lt. Gov. Karyn Polito, Father Bill's & MainSpring President and CEO John Yazwinski, and Gov. Charlie Baker during a visit to Father Bill's Place March 31.

Photo Courtesy Office of Governor Charlie Baker

More Quincy news:

The Quincy Sun.com



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Fitness Walking For Cardiovascular Health

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

Springtime is here, and many of us are thinking about beginning or resuming an outdoor activity program.

If you are in the younger adult age category, you may be looking forward to a running regimen. If you are in the older adult age category, you may be more interested in a walking schedule. If you are not sure which exercise program to pursue, please consider the following information regarding your initial fitness endeavor.

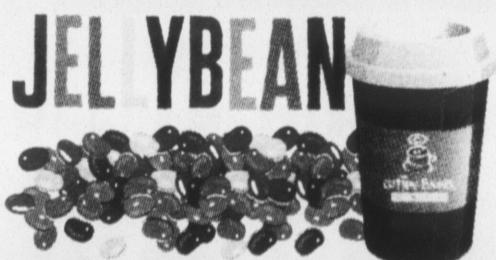
Ever since the jogging phenomenon in the 1970s, there has been high participation in all kinds of running events. Men and women of all ages typically run within their own ability range, and race within their own age category. Friendly fun runs and community fundraisers along scenic courses followed by picnics and awards distributions have motivated thousands of previously sedentary adults to engage in purposeful physical activity.

However, in spite of the healthful benefits to the cardiovascular system, jogging/running has been responsible for a large number of musculoskeletal injuries. Two out of every three runners have experienced foot problems, knee problems, hip problems, back problems, or other running-related injuries. Many of these injuries were the result of the constant pounding and shock absorption inherent in running. For example, every time your foot hits the ground, your leg is subjected to about three times your body weight in landing forces.

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Therein lies the major advantage of walking, and the main reason that walking has become an equally popular fitness activity in the 2000s. Walkers always have one foot in contact with the ground, which significantly reduces landing forces, shock absorption, and injury occurrence. In fact, serious/sensible walkers have a very low incidence of injuries and a surprisingly high level of cardiovascular fitness.

Planned, progressive walking for the purpose of enhancing physical capacity is most often referred to as fitness walking. Please don't confuse fitness walking with short dog walks, leisurely block walks with occasional stops to talk with neighbors, a couple hours at the shopping mall, or visits to the playground with children/grandchildren. All of these activities use energy, burn calories, and cause a degree of fatigue. Unfortunately, they are neither vigorous enough nor continuous enough to have a major impact on your aerobic fitness level and cardiovascular health.

For physical conditioning, you should walk at a good pace without (many) interruptions for a period of about 25 to 50 minutes. Of course, how fast and how far you walk depends upon your current fitness ability. Ideally, your heart rate should reach about 70 percent of maximum, which is approximately 102 heart beats per minute for people in their mid-70s, 109 beats per minute for people in their mid-60s, 116 beats per minute for those in their mid-50s, 123 beats per minute for those in their mid-40s, and 130 beats per minute for people in their 30s.

If you are just starting a walking program, consider the following plan for progressively increasing your pace and distance. The goal of this program is to walk 2.50 miles in 50 minutes after 11 weeks of regular training. For best results try to follow these exercise recommendations:

1. Walk three to six days per week.

2. Conclude each walk with a few basic stretching exercises.

3. Do not walk immediately after a large meal.

4. Wear loose fitting and non-restrictive clothing.

5. Wear appropriately designed walking or jogging shoes.

6. If possible, vary your walking courses and walk with a friend.

7. For safety reasons, always be aware of your surroundings.

8. If possible, wear a pedometer to count your steps and a heart rate monitor to maintain proper exercise effort.

Like any popular fitness activity, walking has its own sport-specific footwear. Specially designed walking shoes are attractive, durable, and add an extra measure of protection with respect to injury prevention. Howev-

er, supportive running shoes work very well, and typically provide superior heel cushioning.

The key to attaining desired cardiovascular results is to treat fitness walking as an important aerobic activity and to follow a planned exercise program.

Determine regular training times, accurately measure your walking courses, and time your walking sessions.

Don't substitute other less vigorous physical activities (shopping, flower gardening, etc.) for your fitness walk. Remember that walking is an ideal exercise for vacations and can be performed safely in most places (including beaches).

The following is a basic and progressive beginning walking program that should be performed at least three days each week. You will note that the first few weeks involve progressive increases in your walking distance, followed by progressive increases in your walking speed, and finally, maintaining your faster walking speed over longer distances. (See chart below.)

Although walking is the most natural physical activity, it is always a good idea to check with your personal physician before embarking on any new exercise program. Be assured that fitness walking when performed properly, progressively, and regularly is an excellent, effective, and low-risk exercise activity.

Wayne L. Westcott, Ph.D., is chairperson of the Quincy College Exercise Science Department and Director of the College/Community Fitness Center.



WAYNE WESTCOTT

He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne can be reached at 617-405-5978 or at wwestcott@quincycollege.edu

Walking Your Way to Fitness

| Week | Distance | Time | Pace |
|------|------------|------------|-------------|
| 1 | 1.00 miles | 24 minutes | 24 min/mile |
| 2 | 1.25 miles | 30 minutes | 24 min/mile |
| 3 | 1.50 miles | 36 minutes | 24 min/mile |
| 4 | 1.75 miles | 42 minutes | 24 min/mile |
| 5 | 2.00 miles | 48 minutes | 24 min/mile |
| 6 | 2.00 miles | 46 minutes | 23 min/mile |
| 7 | 2.00 miles | 44 minutes | 22 min/mile |
| 8 | 2.00 miles | 42 minutes | 21 min/mile |
| 9 | 2.00 miles | 40 minutes | 20 min/mile |
| 10 | 2.25 miles | 45 minutes | 20 min/mile |
| 11 | 2.50 miles | 50 minutes | 20 min/mile |

NeighborWorks Housing Virtual Open House April 29

NeighborWorks Housing Solutions, a housing service provider in southeastern Massachusetts, will conduct a Virtual Open House on Thursday, April 29, at 6 p.m.

During the event, participants will have the opportunity to see first-hand how NeighborWorks Housing Solutions has continued to advance its mission to provide housing resources and education during the pan-

demic through new housing for veterans, families and those with disabilities, homelessness prevention and increased services to vulnerable populations.

The 30-minute virtual open house will include engaging content and fun prize giveaways.

The event is free, but registration is required by visiting www.nhsmass.org/openhouse. Register by

April 12th to receive a full event packet with special game pieces.

"It has been a challenging year to say the least, but thanks to our many partners and supporters, we have

Bank Of Canton Estate Planning Basics April 13

Learn how to preserve your independence and protect your assets from risk and uncertainty, with an estate plan.

Join Peter J. Frederickson of B.O.C. Life Solutions (a licensed subsidiary of Bank of Canton) for an on-

line, interactive Zoom session Tuesday, April 13, from 6:30 to 7:30 p.m.

This online event is free and open to the public. Login information will be shared with those who RSVP. Call 781-830-6152.

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2021

Bay State Getting 100,000 J&J Vaccine Doses This Week

By SCOTT JACKSON

Massachusetts will receive 100,000 doses of the Johnson & Johnson coronavirus vaccine this week despite a manufacturing error at a Baltimore plant that led to 15 million doses being discarded.

Marylou Sudders, the state's health and human services secretary, said this week's shipment "is not in jeopardy" during an April 1 press conference in Chelsea.

Gov. Charlie Baker, speaking at a Quincy press conference the day before, said the federal government told states 10 million doses of the Johnson & Johnson vaccine would be shipped this week. Half of those doses will go directly to pharmacies and the other half will go to states.

"Here in Massachusetts that will be definitely north of 100,000 doses of J&J vaccine and I can't tell you how important that is," Baker said.

This week's shipment of the Johnson & Johnson vaccine to Massachusetts is

more than two-and-a-half times the 40,000 doses of the vaccine the state received last week.

The Johnson & Johnson vaccine requires only a single shot, whereas the two other COVID-19 vaccines cleared for use to date, manufactured by Moderna and Pfizer, require two shots given three to four weeks apart. The Johnson & Johnson vaccine also has less stringent storage requirements than the other two.

"Thank God Pfizer and Moderna were there when they were there, but the difference between two doses and one dose is not just convenience, it is also capacity," Baker said March 31.

"If you think about all the people who you can serve with one dose and not have to schedule a second dose and take up a second seat at some point later on, it basically doubles the amount of capacity that is available and, in addition to that, the speed with which someone becomes fully vaccinated."

At his Quincy press

conference, Baker said the state would have capacity to administer the additional doses.

"It is going to be up to us,

if the federal supply grows, to be able to absorb that and make sure we turn it around and get it out – and we will make sure we do everything

we can to make sure we do," Baker said.

The governor on April 1 said the federal government would send about half of the

100,000 doses directly to pharmacies, while the state would get the other half. The state's allocation will be

Cont'd On Page 4



A TEAM OF dedicated volunteers joined the Friends of Faxon Park to help clean the park March 27 and spruce up the grounds for the spring season. Leaves were raked and gathered and other debris collected and hauled away. Here some of the volunteers gather at the park pavilion after a job well done.

Photo Courtesy Friends of Faxon Park

Neponset River Cleanup Set For April 17

The Neponset River Watershed Association's annual spring Neponset River Cleanup will be held Saturday, April 17 from 9 a.m. to noon in Hyde Park, Mattapan, Milton, Dorchester, and Quincy – and volunteers are needed.

"The annual cleanup brings together people from across the Watershed to improve parts of the Neponset River that often go unnoticed. The River is getting cleaner every year, but unfortunately, trash and debris still accumulate. We truly appreciate all of the volunteers who contribute their time to this event," said NepRWA Executive Director Ian Cooke.

Pre-registration for the cleanup is mandatory at www.neponset.org/cleanup2021. Volunteers will be able to choose a specific cleanup site when they register. All ages and skill levels are welcome, and children under the age of 12 must be accompanied by an adult. Covid restrictions will be followed, and we ask that you wear a mask while at the cleanup.

Cleanup partners are MA Department of Conservation and Recreation, Edgewater Neighborhood Association, Belnlel Neighborhood Association, Quincycles and Friends of the Boston Harbor Walk. Sponsors include ENE Systems, Inc., Budget Dumpster, Roche Bros., GZA, Fruit Center Marketplace, South Shore Bank, Rockland Trust Bank and Fuss & O'Neill Engineers.

Can't join us this time? Consider donating to help offset the cost. www.neponset.org/do-your-part/donate

For any questions or concerns about the cleanup event, contact NepRWA Environmental Fellow, Declan Devine devine@neponset.org

The Neponset River Watershed includes the communities of Dorchester, Hyde Park, and Mattapan; Canton, Dedham, Dover, Foxborough, Medfield, Milton, Norwood, Quincy, Sharon, Stoughton, Randolph, Walpole, and Westwood. Learn more about the Neponset River Watershed Association at www.neponset.org.

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Moments in time

THE HISTORY CHANNEL

• On April 25, 1719, Daniel Defoe's "The Life and Strange Adventures of Robinson Crusoe" is published. The book, about a shipwrecked sailor who spends 28 years on a deserted island, is based on the experiences of Alexander Selkirk, a Scottish sailor who spent four years on a small island off South America.

• On April 24, 1800, President John Adams approves legislation to appropriate \$5,000 to establish the Library of Congress. The first books, ordered from London, arrived in 1801. Twelve years later, the library was destroyed when the British army invaded the city of Washington and burned the Capitol.

• On April 22, 1945, Adolf Hitler, upon learning that no German defense was offered to the Russian assault at Eberswalde, admits to all in his underground bunker in Berlin that the war is lost and suicide is his only recourse.

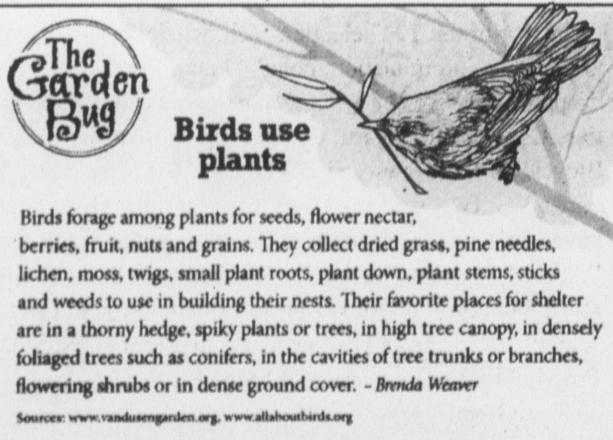
• On April 23, 1954, Hank Aaron hits the first home run of his Major League Baseball career. Twenty years later, Aaron broke Babe Ruth's long-standing record of 714 career homers. Aaron retired from baseball in 1976 with 755 career homers.

• On April 20, 1971, the Pentagon confirms that fraying incidents (tossing fragmentation hand grenades into sleeping areas) are on the rise. Fraying incidents in combat were usually attempts to remove leaders perceived to be incompetent and a threat to survival.

• On April 21, 1980, Rosie Ruiz, age 26, finishes first in the women's division of the Boston Marathon. Ruiz was stripped of her victory eight days later after race officials learned she joined the race about a mile before the finish line.

• On April 19, 1995, a massive truck bomb explodes outside the Alfred P. Murrah Federal Building in Oklahoma City. The blast collapsed the north face of the nine-story building, killing 168 people, including 19 young children in its day-care center.

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Birds use plants

Birds forage among plants for seeds, flower nectar, berries, fruit, nuts and grains. They collect dried grass, pine needles, lichen, moss, twigs, small plant roots, plant down, plant stems, sticks and weeds to use in building their nests. Their favorite places for shelter are in a thorny hedge, spiky plants or trees, in high tree canopy, in densely foliated trees such as conifers, in the cavities of tree trunks or branches, flowering shrubs or in dense ground cover. - Brenda Weaver

Sources: www.vandusengarden.org, www.allaboutbirds.org

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AARP Mass. Monthly Fraud Update

By CINDY CAMPBELL
Communications Director
AARP Massachusetts

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

- **An Educator:** Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.

- **A Watchdog:** Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.

- **A Resource:** Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.

- **Free for Everyone:** Anyone, of any age, can access our resources at no cost.

SCAM ALERT #1: RED FLAG

WARNING: GIFT CARDS

A key part of being able to spot a scam is knowing the red flags – those signs that suggest that what you're confronting may not be legitimate. One of the biggest red flags these days is anyone who tries to convince you that you owe some debt or other obligation, and the quickest way to address the issue is to purchase gift cards and share the information off the back.

Why gift cards? First, they are readily available. You see them at your grocery store, department store, and hardware store. Second, it's a way that criminals can get your money instantly and the money is easy to move around. As soon as a target sends the numbers to the gift card they've purchased, the criminal is able to convert it to currency in an instant. Not surprisingly, the Federal Trade Commission reports that gift cards have been the most common form of payment in scams since 2018.

Anytime you are directed to pay a debt or other obligation with a gift card, it is a scam.

SCAM ALERT #2: AVOIDING IRS COLLECTION SCAMS

Tax time is here again and so are the IRS impostors! Scammers posing as IRS agents or Treasury Department

officials are out there once again, calling to convince taxpayers that they owe back taxes and face immediate arrest. Know this: the IRS will initially contact you through the mail if you owe back taxes. If you receive an unexpected phone call, an email or a text indicating it's from the IRS, do not engage. Report the scam attempt to the IRS at 800-366-4484 or www.tigta.gov. If you receive an email, forward it to the IRS at phishing@irs.gov, and then delete it.

SCAM ALERT #3: SOCIAL SECURITY SCAMS

2020 was the year of new twists on scams. There were COVID testing scams, miracle cure scams, stimulus scams and vaccine scams, but one scam stood out above them all. The Social Security impostor scam.

Social Security impostor scams continue to be the most prevalent in the United States. In 2020, the Social Security Office of Inspector General received well over 700,000 reports of Social Security impostor scams, and 70% of the calls to the AARP Fraud Watch Network Helpline were related to Social Security impostors.

Remember, the real Social Security Administration will not call you unless you are already in discussions with the agency on a particular issue. They certainly won't threaten to cut off your benefits or seek to "help" with an identity theft problem. Anyone who does is NOT from the Social Security Administration.

SCAM ALERT #4:

"DO ME A FAVOR" CLERGY SCAMS

The ongoing remote world we're living in has many of us getting used to doing more of our activities virtually. When we can't be face to face, it makes for rich targets for adept scammers.

One trending scam is when a criminal impersonates clergy. The crook spoofs the e-mail address of a given faith leader and sends a message to a congregant requesting a favor. They will claim they are busy or out of town and just need you to purchase a dozen gift cards that will be used to help congregants in need. All you need to do is buy them (say, \$100 each) and email a picture of the front and back of the cards. And of course, you will be reimbursed.

If you're ever asked to do a favor like this, take a pause and think, "Would this person really ask me to do this?" Contact the person yourself and get validation they are who they say they are. And if the request was for gift cards, you'll learn it was a scam attempt.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork.

Bay State Getting 100,000 J&J Vaccine Doses This Week

Cont'd From Page 3

sent to existing vaccination sites across Massachusetts, except for the seven designated mass vaccination locations, Sudders said.

The manufacturing error at the Baltimore plant, first reported the evening of March 31, occurred when workers accidentally mixed up some of the ingredients that go into the vaccine. Baker called it a shame that 15 million doses were thrown out but said people should feel confident because the error was identified before the vaccines were shipped.

"People screwed up, people recognized it, people ditched it. The message to me is whatever the control process was that was in place there, it worked. Those vaccines didn't get distributed," he said.

"It is a shame to have 15 million vaccines – when you

are in a race against variants – go down the drain, but the good news is the control process worked."

All Bay State residents over the age of 55 are now eligible to get the vaccine, as are those with one or more qualifying health condition and certain essential workers. The general public – all residents over the age of 16 – will become eligible on April 19.

During his April 1 press conference, Baker said most new COVID-19 cases in the state have been among individuals under the age of 50. The governor said, however, that he would not make the general public eligible for the vaccine sooner than April 19 even though that puts Massachusetts behind other states; all adults in New York, for example, will be eligible to get vaccinated starting this week.

"Our focus from the be-

ginning of this has been on those most vulnerable and I think in many respects that is where it should be. By having everyone eligible by Patriots Day, April 19, we will have given the most vulnerable among us in Massachusetts the opportunity that they need to get vaccinated," Baker said.

"People tell me all the time that there are other states that have broader eligibility standards than we do. Every single one of those states that people have raised with me that was a significantly sized state has vaccinated fewer people as percent of their population fully, fewer people in terms of their first dose, and typically in most cases have not put as much of the vaccine that has been made available to them to work as we have."

"Eligibility is one thing. Actually executing on the ground and getting big portions of the population that are eligible vaccinated is another."

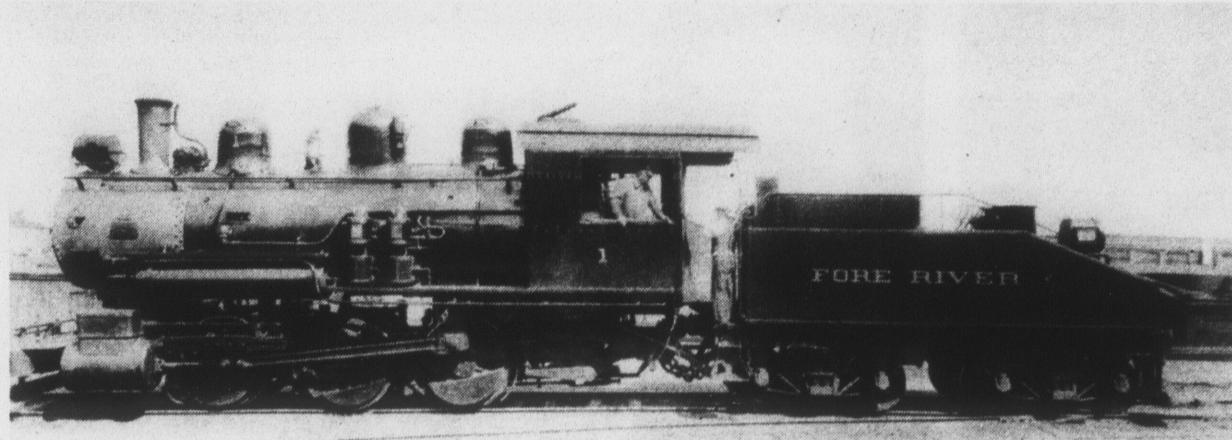
All residents can pre-register for an appointment at mass.gov/covidvaccine, regardless of when they are eligible to book an appointment. Preregistration is currently only available for the seven mass vaccination sites, which include Boston's Hynes Convention Center and Reggie Lewis Center, but is expected to expand to additional locations in the coming weeks.

Appointments for 200 other locations can also be booked online through the state website and the site has a complete list of occupations now eligible for the vaccine and the list of qualifying medical conditions. Residents without internet access can call 2-1-1 and follow the prompts to schedule an appointment.

2021

8

Scenes From Yesterday



THIS IS A 1920 real photo postcard showing the Fore River Railroad's new ALCO 0-6-0 steam powered switching engine. It was built at the American Locomotive Company plant in Schenectady, N.Y. The founder of the Fore River Shipyard, Thomas Watson, had built the shipyard's railroad in 1903 to carry shipbuilding materials from the Old Colony Railroad's Greenbush Line in Braintree to the Fore River waterfront at Hayward's Creek. It was a private railroad until Bethlehem Steel bought the yard in 1919 and separately incorporated the railroad and its right-of-way as a short haul

common carrier. During World War II, the railroad's steam locomotives transported almost a million tons of shipbuilding materials to build US Navy ships. After the war, diesels replaced the steam locomotives. And in 1963, the railroad and the shipyard were sold to General Dynamics. The MWRA purchased both properties in 1987. Long before Watson opened his shipyard an earlier railroad ran along here. It had been built in the 1850s to carry granite from the nearby Wendall Quarry to Hayward's Creek.

From the Tom Galvin Postcard Collection

READERS FORUM

Quincy Interfaith Network Demands Justice, Cries Out For Racial Equity: We Are One Human Family

The mission of Quincy Interfaith Network (QIN) is "to gather and lift up the voice and witness of people of faith and conviction in the public sphere to promote justice, inclusion, and interfaith community action."

QIN unequivocally rebukes any and all forms of exclusion, xenophobia, and racism. We address and vehemently condemn all forms of oppression in our country and community, and we obligate ourselves to dismantling white supremacy. In the last several weeks discrimination, hate crimes, and racist violence against individuals within the Asian-American Pacific Islander (AAPI) community have become increasingly publicized leading to an acknowledgement of this specific form of othering and racial trauma.

Too often white privilege has protected our silence in the face of the suffering of our AAPI neighbors. On March 16th, 2021 six of the eight people heinously murdered in Georgia were AAPI women. On March 29, 2021 a sixty-five year old AAPI woman was brutally attacked in New York City, while witnesses did nothing. "The man then stomped the woman's head multiple times while making anti-Asian statements, police said." Despite arguments to the contrary, acts of racialized terror are not the exception, but rather stem from years of unchecked institutional racism as well as the ceaseless dehumanization of members of the AAPI community.

According to a recent report written by Stop AAPI Hate, 3,795 incidents of hate occurred in 2020 in the United States; 96 in Massachusetts alone, making us 6th highest in the nation. 2021 has already seen 503 incidents of hate. As with other violent acts against vulnerable people and communities, only a fraction are reported. The actual total will never be known.

QIN demands justice and cries out for racial equity while

affirming that we are all part of one human family.

QIN condemns all acts of discrimination, hate crimes, and racist violence as evil. We condemn Anti-Blackness racism and demand justice for Mr. Ahmaud Arbery, Ms. Breonna Taylor, Mr. George Floyd, and the multitudes of unnamed others whose Black Lives seem not to Matter. QIN fiercely affirms in word, sign, and deed, "Black Lives Matter." We condemn the ongoing persecution of Indigenous Peoples—from Manifest Destiny to the current age. We condemn all racialized stereotypes and prejudices serving as violent fodder to purge Latinx peoples from our communities and citizenry. We condemn erroneous connections between AAPI persons and the pandemic as ignorant and racist.

We call upon all people of faith and conviction in our city:

- To stand in solidarity with all victims of discrimination, hate crimes, and racial violence. One way to do this is to attend the Stand Up/Speak Out (Stop Asian Hate) Rally in Quincy Center on Saturday, April 10th at 1pm organized by Quincy for Transformative Change (QFTC).
- To take steps to dismantle the insidious system of white supremacy by speaking out against falsities and scapegoating particularly among one's family and friends.
- To continue fighting for justice, full inclusion, and equity within our community.

"Our struggles are intertwined, solidarity will not be cheap or cheapened." Our liberation and redemption is bound up together.

Reverend Mat Thomas,
Pastor Bethel Church of the Nazarene
Sister Tess Browne, SCN
Writing on Behalf of Quincy Interfaith Network

Members Of The Same Equal Human Family

To the editor,

I keep trying to understand the continued push to get Mayor Koch to support a new Quincy Department of Social Justice. I proposed before the mayor came out with the idea of a racial justice commission made up of community folks who would report directly to the Quincy City Council seems to be a very good solution in making Quincy a place everyone wants to call home.

I am not a supporter of Black Lives Matter because I think all life matters. At its core, Black Lives Matter is racist. Their target is always white supremacy. Ms. Campbell mentioned some anecdotal examples of racism from anonymous haters. I know that racism exists because it has always been with us. However, in the past 30 years, no city on the South Shore has become as racially diverse as the City of Quincy.

Yes, there are always ignorant folks out there who love hating what they fear. These folks represent far from the majority. However, if you wish to tackle the issue of race in this or any city, the best way to do it is open up communica-

tions between people from different backgrounds or races. Most of us are just trying to survive, stay safe and live life as best we can.

While I agree with the idea of creating a community open to all, I am always displeased at the sight of the BLM message that the carry-over of enslavement that was part of our American heritage and the Dred Scott Decision make white people, especially white guys, as white supremacists.

My family roots from living in Roxbury back in the 50s and 60s produced a Giarratani family that is both ethnically and racially different and the same at once. We are an American family that celebrates our unity no matter our skin shade. More people are doing just that today and more are still needed. Maybe someday we will find herd immunity from our racial discord.

I wish all a Happy Easter, including those who stand in support of the BLM movement. We are all members of the same human family equal with one another.

Sal Giarratani
East Boston

Quincy's Yesterdays

This Week
1977
44 Years Ago

Council Looking At Housing Authority Appointment Power

A special committee of the city council will meet to discuss a recommendation that would, in effect, make the council the appointing authority for the members of the Quincy Housing Authority.

One recommended appointment by Mayor Joseph LaRia was rejected while a second recommendation was virtually ignored.

The recommendation sprang from the investigations of a council sub-committee chaired by Councillor Daniel G. Raymondi, along with Councillors Dennis Harrington and John J. Lydon, Jr.

A screening committee of nine members would be set up to examine qualifications of applicants and make recommendations to the mayor.

SHIPYARD EYES DESTROYER CONTRACTS

The Quincy Shipbuilding Division of General Dynamics will bid on a Navy contract to build new DDG-47 guided missile destroyers after plans for the design and an analysis of the first destroyer awarded in a \$1 million naval contract are completed in 10 or 11 months.

"We are hoping for five or six of the ships," said Alex Piranian, public relations director.

BROWNELL BILL TO PREVENT QUINCY BAY FILLING APPROVED

The Massachusetts House of Representatives has approved a bill sponsored by Rep. Thomas F. Brownell (D-Quincy) that would prevent the filling of 28 acres of Quincy Bay in order to make the Nut Island Sewerage Treatment Plant a secondary treatment facility.

Brownell said the intent of the bill was to force the Environmental Protection Agency to focus on Deer Island as the site for the secondary treatment facility.

QUINCY-ISMS

The Harborview Residents Committee elected the following individuals to serve on the Board of Directors: Ellen Neiters, Karen O'Neil, Patricia McCarthy, Wanda Berg, Marie Hagan, Rita Francione, Barbara Hooper, Andrea Lombardi, Antoinette Smith and Diane Fratolillo... Colpitts Travel Center, 110 Hancock St., was advertising "Las Vegas Charters to the Stardust Hotel from \$279.95 P/P and the Flamingo Hotel from \$299.95 P/P" ... Judge Albert L. Kramer, Presiding Justice of Quincy District Court, was planning to speak at the April 21st meeting of the Quincy Historical Society. His topic: "Community Involvement And The Courts" ... "Uncle Roy" Rounseville of Roy's Flowers, 94 Washington St., was advertising potential customers to "Charge your flowers on one of your major credit cards, by phone" ... Mr. and Mrs. Carl Johnson celebrated their 50th wedding anniversary at Hugo's in Cohasset with members of their family. The couple has one daughter, three grandchildren and one great-grandchild... Mayor Joseph LaRia recently proclaimed Knights of Columbus Day. Attending the proclamation ceremony in addition to LaRia, a member of the North Quincy K of C, were City Councilor John Lydon, Jr., a Grand Knight of the North Quincy Council and City Clerk John Gillis, acting Grand Knight of the Ave Maria Council K of C of West Quincy... Anthony DeFalco, director of the Quincy City Hospital, was scheduled to be the guest speaker at the April 19th meeting of the Houghs Neck Community Council... Quincy attorney George Tull became the first officially announced candidate for mayor in the 1977 election. Tull, who already has bumper stickers in circulation, noted, "I am in to stay, I am not dropping out" ... The Quincy Sun announced a "Newscarriers Circulation Contest. Grand Prize, a Bianchi 10-Speed Bicycle To The Newscarrier Who Gets The Most New Customers" ... Two students from North Quincy High School have won first place awards at the 19th annual South Shore Regional Science Fair held at Bridgewater State College.

Ruth Salonga won for her project titled; "Protein Concentration" while Linda Walker took a first for her "Simulated Proposal for the Prevention of Large Biological Changes in an Ecosystem."



GABE ARATO of Quincy, president of Interfaith Social Services' Board of Directors, submitted this photo after running the 2020 Stop the Stigma Virtual 5K. This year's race, also virtual, will be held April 26-May 2. More details at stopthestigma5k.org.



DOUGLAS AND JONATHAN Cole, of Quincy, paused along their route to pose with a race banner during the 2020 Stop the Stigma Virtual 5K. The race supports Interfaith Social Services' New Directions Counseling Center.

Photos Courtesy Interfaith Social Services

Interfaith Social Services' Annual Run, Walk To Help Stop The Stigma

5K Supports Mental Health Care, Addiction Recovery

Nearly all of us have been touched in some way by mental illness or addiction. Whether it is personal battles with anxiety or depression, the loss of a loved one to the vicious grip of substance abuse or knowing a friend or neighbor living with a mental health condition, we can all take action to stop societal stigmas against mental illness.

Each spring, Interfaith Social Services hosts the Stop the Stigma 5K to support loved ones, challenge stereotypes, encourage acceptance and eliminate mental health stigmas, all while raising funds for Interfaith's New Directions Counseling Center. The event is now in its 47th year.

Until it is again safe to gather in large groups, the Stop the Stigma 5K has converted to a virtual format, with participants running the 5K routes of their choice and sharing accomplishments online. While the excitement of the starting line crowd may be missing, running a virtual race allows a nationwide audience to participate in spreading the Stop the Stigma message. In 2020, runners raised funds and spread the word from Maine to Florida all the way to Hawaii.

To participate in the event, first register at stopthestigma5k.org. Then run or walk the 5K route of your choice the last week of April (April 26 – May 2). After the race, participants can log in online to share their finish times and photos. There will be photo contests, with prizes, for those who share images with categories such as "Craziest running socks," "Most scenic route," and "Best Stop the Stigma spirit."

The Stop the Stigma 5K



JULIE VAULDING, left, of Weymouth, and friends, ran the 2020 Stop the Stigma Virtual 5K in memory of Brian Curtin. Many participants form teams and run in memory or support of friends and family affected by mental health or addiction issues.

raises crucial funds to support Interfaith's New Directions Counseling Center. New Directions serves anyone seeking counseling but prides itself on being a safety net for the uninsured and underinsured members of our community. New Directions makes mental health care accessible to everyone by offering a sliding scale payment system.

The stresses of the coronavirus pandemic have brought even more people to New Directions Counseling Center. "Since the pandemic began one year ago, my client load has doubled," said New Directions Counselor Anne Donovan. "Alcohol, other drug use and suicides have increased at an alarm-

ing rate. Addiction is a disease of isolation."

By supporting the Stop the Stigma 5K, participants are helping to ensure all members of the community can get the help they need and seek out treatment without feeling shamed. Just a single registration fee for the 5K provides one counseling session for a neighbor.

Businesses can also show their support by sponsoring the event. Sponsorship directly impacts those seeking mental health treatment by providing counseling sessions for those in need. Interfaith is grateful for the generous local business sponsors that have already come on board. Major 5K level (\$5,000+) sponsors



PETER AND SUSAN Goodale, of Randolph, submitted this photo after running the 2020 Stop the Stigma Virtual 5K. They are participating again this year with a team of fellow parishioners from First Congregational Church of Randolph.



CHRISTY LEE, of Braintree, celebrates after completing a 5K run during the 2020 Stop the Stigma Virtual 5K. The race supports Interfaith Social Services' New Directions Counseling Center.

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Social

Quarry, Granite Workers Museum Open April 10-11

Self-Guided Walking Tour Lyons Turning Mill

The Quincy Quarry and Granite Workers Museum will open Saturday, April 10 and Sunday, April 11 from 10 a.m. to 2 p.m.

Also included will be a self-guided walking tour at the Lyons Turning Mill grounds located on Quarry Hills Drive, West Quincy.

Historic pictures of the granite industry and interpretive information can be viewed at each stop around the mill. The museum will also be open for a self-

guided tour to view pictures and artifacts from Quincy's granite industry.

A new museum display on the granite railway will include models of the rail bed construction and the railway car on the tracks at the crossing of the Boston to Plymouth Highway at East Milton. Both the rail bed and railcar were designed by Gridley Bryant in 1825.

During the walk around the mill and the museum, visitors must adhere to all of

the COVID-19 guidelines including full face mask, social distancing and following directional arrows. All guidelines will be posted.

Museum members will be on hand to answer questions and Quarry Museum t-shirts will be on sale to help the museum through this period.

If rain on either day both museum opening and walk around mill will be postponed to a later date. Any questions call the museum at 617-472-1322.

31 Quincy Students On MCPHS University Dean's List

Massachusetts College of Pharmacy and Health Sciences (MCPHS University) announces 31 students from Quincy are on the Dean's List for the fall semester.

Justin Le, pursuing a Bachelor of Science in pre-dental-dental hygiene. Le will graduate from the Boston campus in 2021.

Kayla Tat, pursuing a Bachelor of Science in public health. Tat will graduate from the Boston campus in 2022.

Xiaowen Pan, pursuing a Doctor of Pharmacy. Pan will graduate from the Boston campus in 2025.

Jillian McCormick, pursuing a Bachelor of Science in nursing. McCormick will graduate from the Boston campus in 2021.

Yashi Xu, pursuing a Bachelor of Science in pre-medical and health studies. Xu will graduate from the Boston campus in 2021.

Man Ting Lui, pursuing a Doctor of Pharmacy. Lui will graduate from the Boston campus in 2022.

Steven Wong, pursuing a Doctor of Pharmacy. Wong will graduate from the Boston campus in 2022.

Linda Nguyen, pursuing a Bachelor of Science in nursing. Nguyen will graduate from the Boston campus in 2021.

Dania Hamed is pursuing a Bachelor of Science in dental hygiene. Hamed will graduate from the Boston campus in 2023.

Haley Huang, pursuing a Bachelor of Science in dental hygiene. Huang will graduate from the Worcester campus in 2021.

Danielle Cooper, pursuing a Bachelor of Science in diagnostic medical sonography. Cooper will graduate from the Boston campus in 2023.

Madison O'Brien, pursuing a Bachelor of Science in diagnostic medical sonography. O'Brien will graduate from the Boston campus in 2023.

Hebatullah Masood, pursuing a Bachelor of Science in health psychology. Masood will graduate from the Boston campus in 2022.

Brenna Murphy, pursuing a Bachelor of Science in health psychology. Murphy will graduate from the Manchester, N.H. campus in 2021.

Kirsten Ho, pursuing a Bachelor of Science in pre-medical and health studies. Ho will graduate from the Boston campus in 2022.

Loretta Chen, pursuing a Bachelor of Science in health psychology. Chen will graduate from the Boston campus in 2023.

Tran Quoc Hung Le, pursuing a Doctor of Pharmacy. Le will graduate from the Boston campus in 2026.

Alissa Tam, pursuing a Doctor of Pharmacy. Tam will graduate from the Boston campus in 2025.

Yasmine Sudhu, pursuing a Bachelor of Science in nursing. Sudhu will graduate from the Boston campus in 2021.

Lawrence Tran, pursuing a Bachelor of Science in nursing. Tran will graduate from the Boston campus in 2021.

Catly Le, pursuing a Bachelor of Science in pre-medical and health studies. Le will graduate from the Boston campus in 2021.

Stephen Carinci, pursuing a Doctor of Pharmacy. Carinci will graduate from the Boston campus in 2022.

Jiancheng Mo, pursuing a Doctor of Pharmacy. Mo will graduate from the Boston campus in 2022.

Wendy Zhou, pursuing a

Adult Men's Softball League Seeks Teams

Adult men's softball league looking for teams to join well established league.

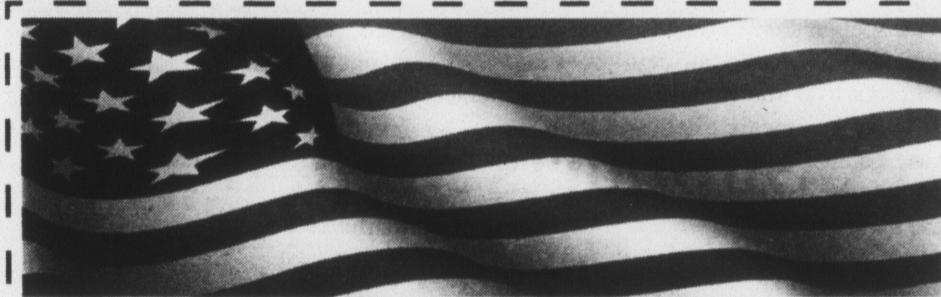
Games are played Sun-

day nights in Quincy and Weymouth.

If interested, email: n.plant@comcast.net



STUDENTS AT St. Yves School in Haiti wear masks donated by Bethany Congregational Church in Quincy. Courtesy Photo



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program

PHASE 2

Still Available

The Sons of the American Legion, Squadron 294, Morrisette American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for PHASE 2 are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:

S.A.L. Squadron 294

87 Woodcliff Road.

Quincy, MA 02169

For more information or to order, call 617-733-8026

GOMAN+YORK To Provide Consulting Services To NQ Business District

GOMAN+YORK announces it has been chosen to provide consulting services to four Massachusetts communities through the DHCD's Massachusetts Downtown Initiative (MDI) Local Rapid Recovery Planning (LRRP) program.

The communities are: Quincy (North Quincy Business District), Malden (Malden Center), Woburn (Woburn Center) and Shrewsbury (Shrewsbury Town Center District).

The LRRP program will work with 125 communities throughout Massachusetts and was developed as an immediate strategy program to provide technical assistance to key areas identified by the community applicants.

The program approach will utilize data analysis, a local business survey, community assessments, collaboration and the strength of knowledge from both the community and the Planned Facilitators to develop actionable and realistic projects.

The projects identified will focus on the following categories: public realm,

private realm, revenue & sales, administrative capacity, tenant mix and cultural/arts.

"We're excited to bring our depth of real estate, development and economic development knowledge and experience to these Massachusetts communities," said R. Michael Goman, principal of GOMAN+YORK. "As we enter the recovery phase of the pandemic, it is crucial that every community has a plan in place for their road to recovery. Our Plan Facilitators chosen to work with the communities bring not only their knowledge and experience, but that of our entire team."

The team will consist of three Plan Facilitators – Denise L. Robidoux, Senior Vice President and Managing Director, Asset Management and Program Implementation Services; Nancy Nesbitt, Senior Vice President, Managing Director,

(RRP) Program is intended to provide municipalities in Massachusetts the opportunity to develop actionable, project-based recovery plans tailored to the unique economic challenges and COVID-19 related impacts to downtowns, town centers, and commercial areas across the commonwealth.

The LRRP program provides technical assistance by consultant teams with expertise in effective strategies to stabilize business districts. Applicants were matched with consultant team(s). There is a total of \$9.5 million in technical assistance available, whether from a small-town center or a group of business districts within a large city, interested applicants were encouraged to apply. Streetsense is administering the overall program with MDI. LRRP projects must be completed by Aug. 31.

The Rapid Recovery Plan

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Dom's Lentil Stew With Pork Meatballs

By MARIE

There is nothing like the aroma of homemade soup or stew coming from the kitchen especially on a cold, raw day – but I enjoy it any day.

Today's recipe for a delicious lentil stew was created by my son, Dom, who is a wonderful cook. If you like lentils wait until you try this recipe!!

Recipe and Ingredients

1 bag of lentils (follow the directions of package) but instead of water, Dom used chicken broth, enough to cover the lentils.

1 large tomato, diced (or 8 ounces of canned diced tomatoes)
2 carrots, peeled and cut into slices
2 stalks celery, cut up
1/4 cup grated parmesan cheese
2 cloves of garlic, cut up
2 tablespoons of tomato paste
1/2 pound ground pork
Salt and pepper to taste.

Meatball Recipe

1 egg
1/4 cup grated cheese
1 tablespoon parsley
1/4 cup seasoned breadcrumbs
1/2 pound ground pork

Combine all of the above ingredients and mix well.

Make the meatballs round and about the size of a nickel, then set meatballs aside.

Place the diced and tomato paste into the pan and cover.

When this comes to a boil add the raw meatballs.

Cover again and simmer until meatballs are done and the vegetables tender.

Brown Rice Salad

By SUZIE

Here is a delicious Brown Rice Salad recipe that is so nice to make when the weather gets warmer. It tastes even better the next day and is great to bring to a pot luck as well.

This is loaded with protein, nutrients, herbs and vegetables, and will keep you satisfied, and great as a side dish or a light meal. The fresh herbs really make it so don't substitute for dried. Hope you like it!

2 cups of brown rice cooked in 4 cups of vegetable or chicken BROTH according to package directions and let cool. Toss with.....

1 can organic garbanzo beans, drained and rinsed.

1 cup cherry or grape tomatoes, halved
1 cup chopped yellow, green, or red pepper

3/4 cup chopped red onion

1/2 cup chopped fresh basil leaves
1/4 cup chopped fresh parsley

And about 1 cup of vinaigrette.....

(More or less as needed)

1/2 cup apple cider vinegar
1/2 lemon, squeezed
1 cup extra virgin olive oil
1 clove minced garlic
2 teaspoons raw honey
2 teaspoons sea salt
Pepper

Whisk vinaigrette together well.

Toss well with other ingredients and check for seasoning.

This is best when chilled for a bit, stirred, and taste tested since all the flavors take a bit of time to "mingle." Enjoy!

Anita's Delicious Baked Pears

By MARIE

My niece, Anita, moved to Arizona years ago but we still talk on the phone and email each other – and we talk about food a lot. Anita is a good cook and truly enjoys cooking and experimenting with recipes.

Once in a while she sends me a recipe. Today's recipe from Anita is for baked pears and has only four ingredients.

Preheat oven to 350 degrees – prepare a baking sheet with parchment paper

Ingredients

2 large pears

1/4 teaspoon ground cinnamon

2 teaspoons honey
1/4 cup crushed walnuts
Optional yogurt or frozen yogurt

Cut the pears in half and place on a baking sheet, using a measuring spoon or teaspoon scoop out the seeds.

Sprinkle with cinnamon and top with walnuts.

Drizzle 1/2 teaspoon of honey over each one.

Bake for 30 minutes. Remove from pan let cool and enjoy! You can top with yogurt or frozen yogurt.

Forty-two students from Quincy are on the second quarter honor roll at Boston College High School.

They are:

High Honors

Christopher Alallam (Class of 2021), Anatoliy Berezyuk (Class of 2021), Patrick Cullinane (Class of 2021), Luke Donovan (Class of 2021), Patrick Hurton (Class of 2021), Edward Kennedy (Class of 2021), William Lau (Class of 2021), Nicholas McDonough (Class of 2021), Shaun Ormond (Class of 2021), Daniel Scolaro (Class of 2021), Damian

Brown (Class of 2022), Ivan Chiu (Class of 2022), Ryan Dear (Class of 2022), Finn Henry (Class of 2022), Aaron Huang (Class of 2022), Andrew Johnson (Class of 2022), Michael Loughnane (Class of 2022), Quintilan Perry (Class of 2022), Justin Pham (Class of 2022), Dylan Rizzo (Class of 2022), Seamus Stirling (Class of 2022), Juan Manuel Barroso (Class of 2023), Nathaniel McMillen (Class of 2023), Anthony Nguyen (Class of 2023), Enzo Vallee (Class of 2023), Quinten Van Dam (Class of 2023), Jonathan Carter Ying (Class of 2023), Kevin Cai (Class of 2024), Aidan Cullinane (Class of 2024), Devin Dear (Class of 2024), Charles Donovan (Class of 2024), Matthew Farrell (Class of 2024), Aaron Fernandes (Class of 2024), Tristan Quach (Class of 2024) and Alexander Yun (Class of 2024).

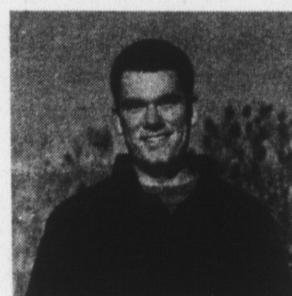
Honors

John Hall (Class of 2022), Adam McDermott (Class of 2022), Martin Connolly (Class of 2023), Hugh Scott (Class of 2023), Johnny Vu (Class of 2023), Luke Leung (Class of 2024) and Matthew Maderos (Class of 2024).

The 4 Billion Year Story Of Quincy April 12

The Crane Public Library invites the public to join geologist and author, Eamon McCarthy Earls for the incredible four billion year true story of Quincy, from the formation of Earth to the present day at 7 p.m. Monday, April 12.

Author of multiple books on regional history and a former town councillor in Franklin, McCarthy Earls studied geology at UMASS-



EAMON McCARTHY

EARLS

Amherst.

Join on Zoom (meeting

ID 868 0186 0857). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Crane Library's YouTube channel and on its Facebook page.

This program is sponsored by the Friends of the Thomas Crane Public Library.

Falls Prevention, Stress Management For Adults

The Crane Public Library invites the public to join Debbie Lyn Toomey, RN, coordinator of the Tufts Medical Center's Injury Prevention Program, 10 a.m. Tuesday, April 13 for a 60-minute session to deepen your aging strong experience.

This session will feature special guest Karyn B. Wyllie, MS, LSW and ADRC coordinator and Rachel Weiner, director of Options

increase independence. This evidence-informed program will discuss practical and proven exercises that promote health and well-being.

Join us on Zoom (meeting ID: 874 7134 0892). Using the free Zoom app is recommended. You can call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the library's YouTube channel and on its Facebook page.

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RMV: April 30 Conclusion Of Opportunity To Qualify For Free REAL ID Upgrade

The Massachusetts Registry of Motor Vehicles (RMV) announces Friday, April 30 will be the last day to qualify for the Free REAL ID Upgrade Promotion.

Customers may still qualify prior to April 30th by renewing their Standard Massachusetts driver's license or ID card online at Mass.Gov/RMV.

Customers who already qualified by renewing online since June 12, 2020, can now begin booking in-person upgrade appointments for their no cost REAL ID online and will have ample time to take advantage of their free REAL ID upgrade. Those customers with a U.S. Passport are already in compliance with federal REAL ID requirements that begin on October 1, 2021, and should not need a REAL ID for the purposes of boarding domestic flights or entering certain federal buildings at that time.

"The RMV appreciates the public's overwhelmingly positive response to this promotion and welcomes additional qualifying participation prior to April 30th for those who renew their license or ID online and defer their visit to a Service Center for a REAL ID to a later date," said Acting

April Is Women's Eye Health, Safety Month

By Dr. CAROLANN SPERANZO, DHS, RDO

April has been declared Women's Eye Health and Safety Month by the organization Prevent Blindness. This is based on findings that women have increased risk of eye problems such as age related macular degeneration, cataracts, dry eyes, glaucoma to name a few. This in itself may not be surprising, but the data from the World Health Organization (WHO) noted that women have more seven percent more distance vision issues. This continues to be a growing concern and Prevent Blindness hopes to raise awareness this month encouraging women to have their vision and eye health examined regularly.

Another issue that crosses demographics is dry eye. Eye care professionals have seen major increases in the number of dry eye cases. Some of these cases are the result of wearing masks. However, a study published in the JAMA Ophthalmology observed that 3.2 million middle aged or older American women had severe symptoms of dry eye such as blurred vision, discomfort, burning, and grittiness.

Perhaps the most telling statistic is one from the National Eye Institute that found two out of every three people declared blind or having vision problems are women. It is this study that prompted the Prevent Blindness to have April proclaimed as Women's Eye Health and Safety Month. This is important since more than 80% of learning comes through vision. This includes three categories: eye movement control, focusing skills, and eye alignment. These skills continue to be essential through adulthood for reading, sewing, depth perception, fine motor skills, and sports.

The study also noted that some financial issues remain for women to purchase eyeglasses. While many ECP offer economy packages to enable everyone to purchase eyeglasses, for those who still struggle there are some options from payment plans most practices offer to service organizations.

Many years ago, Helen Keller called on an organization to address vision issues. This organization became the Lions Club International. She called on the group to become "Knights of the Blind" to work with the American Foundation of the Blind. The Lions Club of Quincy continues this mission and is a resource for those in need in the city. It is a group that now includes many women (I am proud to say that I was the first female "King Lion" in Quincy several years ago). This year the Quincy Lions Club celebrates its 80th anniversary. Please consider joining the membership to help serve this mission, or just donate to their raffle to support their ongoing work to promote eye care. Feel free to contact them at quincylions@gmail.com or go to www.quincylionsclub.com for more information.

So, as you enjoy the Spring weather and longer days, remember this month also recognizes Women's Eye Health and Safety encourage women to take care of this vital sense - VISION .

Dr. Carolann Speranzo is a Registered Dispensing Optician and owner of SECOND SIGHT in Quincy since 1979. She is a Fellow of the National Academy of Opticianry and the Contact Lens Society of American and is certified by the American Board of Opticianry. Speranzo is also an Adjunct Professor at MCPHS School of Healthcare Business. She can be reached at 617-773-1178 or secondsighteyewear@verizon.net

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RMV Registrar Colleen Ogilvie. "While federal REAL ID travel requirements won't take effect until October 1, 2021, and customers with a valid U.S. Passport may never need a REAL ID, the RMV and our partners at AAA stand ready to accommodate and provide plenty of time for customers to take advantage of their free REAL ID upgrade."

Customers are eligible to renew online up to one year in advance of the expiration date printed on their license or ID, and up to two years after the expiration date. This means customers expiring now through April 30, 2022, can renew online for a standard license / ID prior to the conclusion of the promotion, and still take advantage of the free future upgrade.

As of Thursday, April 1st, eligible customers who have already renewed their driver's license / ID online since June 12, 2020, are now able to book in-person appointments to upgrade their credentials at no cost at an RMV Service Center or a AAA location (if members). Appointments can be scheduled by RMV customers at Mass.Gov/RMV or by AAA members at northeast.aaa.com.

Customers will not need a federally compliant REAL ID for the purposes of boarding domestic flights or entering certain federal buildings prior to October 1, 2021, especially if they already possess a valid U.S. Passport which is already a federally compliant REAL ID document. The fee for renewing a non-commercial standard or REAL ID license is \$50, while the fee for upgrading to a standard or REAL ID card is \$25. The typical \$25 upgrade / amendment fee will be waived under the above qualifying circumstances.

The Free REAL ID Upgrade Promotion began by Executive Order on June 12, 2020, during the COVID-19 pandemic, offering customers the flexibility and time to renew their license / ID online and wait to get their REAL ID, which requires an in-person visit and document verification at a Service Center or AAA. This promotion supported the RMV's pandemic-related efforts to implement social distancing protocols, reduce in-person Service Center traffic, prioritize critical in-person transaction and appointment capacity and ultimately keep customers and staff safe.

Customers should take the following steps to determine their online renewal eligibility and qualify for this offer prior to the April 30, 2021, conclusion:

- Visit Mass.Gov/RMV, login to their "myRMV" account, and find out if they are permitted to renew online.
- Renew online – their new standard license or ID card will be sent via U.S. mail.

The cost for renewing a driver's license is \$50. The cost for renewing an ID card is \$25. These costs are the same for both a Standard or REAL ID license or ID card. The cost for upgrading or amending a license or ID card outside of their renewal cycle is \$25 – this fee will be waived for participating, eligible RMV customers upgrading to a REAL ID license / ID

• Eligible customers who have renewed online will be able to make an appointment for a REAL ID at an RMV Service Center or AAA office (for members) beginning on Thursday, April 1st, and have their \$25 upgrade / amendment fee waived.

• Customers can visit Mass.Gov/RMV to find detailed information on REAL ID including a helpful checklist that conveniently outlines the documentation needed to secure a REAL credential.

• Customers are encouraged to begin their transaction online by visiting Mass.Gov/RMV, clicking on "Online Service Center," selecting "Apply for a REAL ID," and then following the prompts to verify their identity and start their transaction. Customers will be prompted to answer a series of questions to complete a summary document which should be presented along with required REAL ID documentation during their in-person visit. REAL ID credentials are mailed customers within 7–10 days of a visit to RMV Service Center and/or AAA location.

• Anyone who holds a valid U.S. passport or other federally-compliant form of identification may never need an RMV-issued REAL ID.

As a service to its members, AAA continues to issue REAL ID credentials and will be offering free REAL ID upgrades to eligible members. Members should make an appointment before visiting a AAA location.

All RMV customers are encouraged to visit the RMV Online Service Center or www.Mass.Gov/RMV to renew their license or ID card, and complete one of over 40 other transactions available online, by mail, or by phone.

For additional information and details on these and other RMV service offerings during the COVID-19 pandemic, visit www.mass.gov/rmv or <https://www.mass.gov/info-details/rmv-covid-19-information>.

Social Security Matters

Ask Rusty: Will My Widow's Benefit Replace My Own SS?

By RUSSELL GLOOR

National Social Security Advisor

at the AMAC Foundation, The Non-Profit Arm of the Association of Mature American Citizens

Dear Rusty: My husband is 76, retired for 4 years, and receiving Social Security. I am only 59 and still working. We are both in good health and I'd like to think we still have many years to enjoy retirement. My question: Is it true that if I start SS at 62, I can switch to my husband's SS when he passes? If this is true (and his amount is slightly higher than my FRA amount), wouldn't it make sense for me to begin collecting at 62? **Signed: Younger Spouse**

Dear Younger Spouse: Yes, it is true that if you start your reduced personal SS benefit at age 62, and your husband (collecting a benefit higher than your own) predeceases you, you can switch to his higher benefit amount. But there are some other factors which come into play when dealing with survivor benefits, especially with an age difference:

- You must be at least 60 years old to claim your survivor benefit (or 50 if you are disabled).
- Your survivor benefit will be reduced if you haven't yet reached your own full retirement age (FRA) when you claim it. The reduction is 4.75% for each full year earlier than your FRA that you claim the survivor benefit.
- You do not need to take your survivor benefit immediately upon your husband's death. Your survivor benefit as your husband's widow reaches maximum at your FRA, and you can choose to delay claiming your widow's benefit until you reach your FRA (to get the maximum amount).
- If you claim any SS benefit before your FRA (your own or your survivor benefit), and you are working, you'll be subject to Social Security's "earnings test" which limits how much you can earn before SS takes back some of your benefits.

Considering the above, if your eventual benefit as your husband's widow will be the highest benefit you will be entitled to, then claiming your personal SS benefit at age 62 may be a prudent strategy. It allows you to collect your own benefit earlier (albeit reduced) until your higher survivor benefit kicks in to replace the smaller amount. However, your plans for working prior to your full retirement age are key to deciding if you should claim benefits earlier. If you exceed the earnings limit (\$18,960 for 2021), SS will take away some of your benefits, which could mean you go without benefits until they recover what you owe. Indeed, if your earnings are high enough, you may find that you would get no SS benefits because the amount you owe for exceeding the earnings limit would completely offset your Social Security benefit.

So, as you can see, if you are working with a high income, the earnings limit might imply that waiting until your FRA to claim any SS benefit is the smartest move. But if you don't work after you claim SS then taking your own benefit early and later switching to your higher widow's benefit at or after your FRA would be a sound choice.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

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Maria Droste Counseling Services To Dedicate Annual Event To Longtime Board Member

Maria Droste Counseling Services is dedicating its annual fundraising event in memory of Stephen P. Des-Roche, a longtime Board Member and supporter.

On Jan. 24, Steve's life was cut short due to complications surrounding COVID-19. The agency mourns his loss along with his family, the entire City of Quincy, where his business, Neponset Valley Survey Associates is located, and the town of Milton where Steve resided with his beloved



STEPHEN P. DESROCHE

family.

Steve was a truly compassionate human who had love for all people. He was

a quiet soul, often referred to at MDCS as "our gentle giant" who had a smile that made anyone feel they were of value. His daughter, Laura Anderson will speak to Steve's longtime commitment and dedication to their work. His compassion and zeal for MDCS's mission was clearly evident as he loved to strut his stuff down the runway every year for their annual fashion show held at The Lantana. He truly loved this event which brought many people together.

If you would like to honor Steve's legacy, join the celebration on April 29 at the virtual livestream event, MASKerade for Mental Health hosted by Quincy Access Television. Tickets can be purchased through the virtual platform: <https://bidpal.net/mdcs2021>. For more information, email Stacey Campbell at stacey@mariadrostecounseling.com or visit the agency website at mariadrostecounseling.com.

State Awards Over \$1.8M In Vet Bonuses

The State Treasurer's Veterans' Bonus Division processed nearly 4,000 bonuses and awarded \$1,850,451 in benefits to veterans across Massachusetts in 2020.

In addition, the division oversaw the creation of a new COVID-19 Bonus for Massachusetts National Guard members, activated in response to the state of emergency declared by the governor on March 10th, 2020. This initiative paid

out \$838,000 to over 1,500 service members beginning in November.

"In 2019, our team successfully transitioned the Welcome Home bonus to an online platform, which allowed us to successfully manage the increased number of applications during the pandemic," said State Treasurer Deborah Goldberg. "Our servicemembers selflessly give so much to others that we wanted to ensure that each and every one

of them had the opportunity to promptly receive their bonus payouts during a time of economic uncertainty."

"We were thrilled when the legislature passed our COVID bonus for National Guard personnel that supported the Massachusetts' response to the pandemic," said Steve Croteau, manager of the Veterans' Bonus Division. "This bonus helped relieve some financial stress and allowed the National Guard members to focus on their mission."

The Veterans' Bonus Division distributes bonuses for eligible active duty, discharged, and deceased Massachusetts veterans who served during various conflicts. The State Treasurer's Office has administered the state bonus program since the World War I bonus in 1919 was awarded to Massachusetts individuals who served in the armed forces during that period.

To learn more about the Veterans' Bonus Division, visit VetsBonusMA.com.

Hubley Chosen SC Vice Chairperson

By SCOTT JACKSON

Kathryn Hubley was recently chosen by her colleagues on the School Committee to serve as its vice chairperson for the remainder of 2021.

Hubley was elected to position in a unanimous vote on March 24. She succeeds Anthony Andronico as vice chairperson. Andronico resigned from the School Committee in January after he was appointed to the Ward 2 seat on the City Council.

At the March 24 meeting, Mayor Thomas Koch, who is the chairperson of the School Committee, said would continue to chair the meetings, likely for the rest of the calendar year.

"It is my intention to continue to chair the meetings, probably through the end of the calendar year," he said. "This has been a very unique year."

Committee member Emily Lebo said a vice chairperson should be chosen so that person could run the meeting if Koch were absent. If Koch were absent and there was no vice chair-

person, Lebo said the committee could not meet unless it first elected a vice chair pro tempore.

"I just think there is a chance that you for some reason may not be here — we all have families, we all have lives, you have lots of responsibilities," Lebo said. "I just think it would make sense if we had someone who we knew was going to be able to step into that role."

Committee member Courtney Perdios expressed the same sentiment as Lebo.

"I echo Ms. Lebo's comments," Perdios said. "I think that is transparent and professional as a board to do that."

Koch nominated Hubley as vice chairperson, noting she is one of the committee's most senior members. The committee then voted 7-0 in favor of her nomination.

Hubley was first elected to the School Committee in 2011 and was re-elected to her third four-year term in 2019. She had served as vice chairperson in 2014 and 2015.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, MARCH 26

LARCENY, 10:44 a.m., Highland Avenue. Caller reports larceny of backpack late March 25 - early morning March 26.

LARCENY (package), 3:09 p.m., City View Lane. Package stolen March 8. FedEx stated they delivered it but it was not received. Report to be filed.

SATURDAY, MARCH 27

VANDALISM/PROPERTY (throwing items), 7:39 p.m., bridge School Street, 92 School St. Two youths throwing items down at cars, one of them is carrying a traffic cone. Cracked front windshield.

VANDALISM/PROPERTY (vehicle side mirror), 7:41 p.m., bridge School Street, 92 School St. Reporting party states two youths threw cone off the bridge onto Burgin Parkway, damaging her side mirror.

SUNDAY, MARCH 28

VANDALISM/PROPERTY (vehicle), 11:23 a.m., McGrath Highway. Parking lot behind family chiropractic building. Owner on scene with vehicle window smashed out. No cameras in the area; advised and given a case number.

VANDALISM/PROPERTY (storm door), 1:34 p.m., Ruggles Street. Glass smashed out on back door. Happened this morning. No suspect, no camera. Case number provided.

VANDALISM/PROPERTY (fence), 3:46 p.m., Willard Street. In QPD lobby. Damage to fence. Fence was damaged from delivery truck out of Braintree. Caller advised.

VANDALISM/PROPERTY (apartment door), 5:50 p.m., Weston Avenue. Caller reports tenants who resided in this apartment no longer reside there. Today, she noticed door to apartment vandalized. Landlord did not see who vandalized door. Assumes it was prior tenants. Case number given.

LARCENY (past/PlayStation 4), 6:29 p.m., Germain Avenue. Larceny occurred in the last 24 hours. Report filed.

BREAKING AND ENTERING/PAST (storage), 10:02 p.m., Southern Artery. Caller's storage unit was broken into; items taken. Report filed.

MONDAY, MARCH 29

BREAKING AND ENTERING/ATTEMPT (garage), 6:36 a.m., Pine Hill Cemetery, 801 Willard St. Someone used a grinder to break into the garage. Hinges were cut off the door but they couldn't get the door open. Also cut a lock off of a trailer. Nothing taken. Report to be filed.

LARCENY (missing bicycle), 11:41 a.m., Hancock Street. Lock was broken/damaged. Bike found outside now damage. Possible video footage of the bike parking outside. Male on scene now in the back.

VANDALISM/PROPERTY (past), 2:05 p.m., Franklin Street. Reporting party's car was vandalized Saturday around 7:30 p.m. He has suspect's daughter at gas station now. Juvenile's father and victim will work out on their own accord.

LARCENY (backpack taken), 2:22 p.m., Crescent Street. Was left outside, walked away from. Green LL Bean backpack taken, filled with personal items. Caller at address now. Unknown party must have grabbed off ground there by a blue Chevy Silverado. Report to be filed.

VANDALISM/PROPERTY (eggs thrown at house), 3:19 p.m., Rockland Street. Report to be filed.

LARCENY (past), 4:14 p.m., Garfield Street. Has suspect info. Report filed.

TUESDAY, MARCH 30

LARCENY/MOTOR VEHICLE (past), 5:36 a.m., Francis Avenue. In QPD lobby. Woke up to find his truck missing. Last saw truck at 7 p.m. Thinks he heard someone outside around 2 a.m. States it was parked on his front lawn. States he did not lend the truck to anyone or allow anyone permission to use his truck. Blue Ford F150.

LARCENY (past), 10:27 a.m., Pratt Road. Report to file.

VANDALISM/PROPERTY (just occurred), 7:36 p.m., Edwards Street. Caller's window was just smashed. Afraid to go outside and check. Report to be filed.

WEDNESDAY, MARCH 31

LARCENY (brown van), 9:36 a.m., Hancock Street. Reporting party's van was stolen last week at above address and has since recovered. Reporting party discovered items missing from van and would like to report it. Reporting party is in the van now near the dock.

BREAKING AND ENTERING/PAST (past break attempt), 5:50 p.m., Weston Avenue. Someone attempted to break the door. Report to be filed.

LARCENY (mail), 6:33 p.m., Quincy Shore Drive. Has "Ring" footage. Report to be filed.

LARCENY (past), 7:59 p.m., Burgin Parkway Ext. Caller states that overnight the driver side door of his vehicle was spray painted. States past incidents over last few weeks.

THURSDAY, APRIL 1

VANDALISM/PROPERTY/PAST (past to motor vehicle), 3:02 p.m., Baystate Road. Serviced. Will add supplement to this morning's report.

BREAKING AND ENTERING/PAST (business), 4:04 p.m., Avalon at Faxon Park office, 500 Falls Blvd. Reporting party states homeless male broke into leasing office and community room overnight to sleep. Slight damage to door. He is not currently in building. Reported to have possibly taken packages as well. Report filed.

Calls For Service: 1,034

Breaking & Entering in the Past: Falls Boulevard, Weston Avenue, Southern Artery

Breaking & Entering Attempt: Willard Street

Larceny MV: Francis Avenue

Breaking & Entering / MV: Newbury Avenue, Forum Road

2021

8

On Saturday, April 3, 2021, members of the Quincy Police Drug Control Unit were working the 4 p.m. - midnight shift and conducting surveillance in the West Quincy section of the city. DCU Detectives have conducted numerous investigations in this area of the city which have led to arrests for both the possession and distribution of drugs.

Detectives were dressed in plain clothes and operating unmarked, non-traditional police vehicles. DCU Detectives were assisted by Officers Foley and Dabilis of the QPD K9 Unit.

At approximately 6:45 p.m., detectives queried a gray Honda Accord traveling on Copeland Street. The result of this query showed the vehicle to have 33 recent queries by area law enforcement agencies. Detectives recognized this vehicle from past drug investigations.

Detectives followed the Honda as it traveled to the Quincy Point section of the city. Detectives observed the Honda pull over and stop in front of an address on Chubbuck Street. DCU Detectives observed what they believed to be a drug transaction between the operator of the vehicle and a resident. Once the individuals parted



STAFF AT RESTAURANTS Alba and Alba on 53 were vaccinated March 29.

Photo Courtesy Kerry Byrne

Restaurants Alba, Alba On 53 Vaccinate Entire Staffs

By KERRY BYRNE

Longtime fine-dining landmark Alba Restaurant and its new sister eatery Alba on 53 administered Covid vaccinations to their entire staffs March 29, believed to be the very first such effort in the nation.

More than 100 staff members took advantage of the voluntary opportunity.

"The health and safety of our guests have always been our priority, even before the Covid pandemic," said Alba owner Leo Keka.

The vaccinations were coordinated in conjunction with Brewster Ambulance Services of Weymouth.

Keka is known by his many long-time guests for

his hands-on hospitality and dramatic life story. He escaped communist Albania in 1991, arrived in America with just 17 cents in his pocket, got his first job washing dishes at legendary former Boston dining hotspot Anthony's Pier 4, and opened the Alba flagship restaurant in Quincy Center just 10 years later.

The restaurateur made national headlines this past December when he donated \$35,000 in bonuses to his staff on Christmas Eve, thanks to a flurry of last-second gift-card purchases from loyal guests.

The original Alba opened in Quincy in the fall of 2001, in the immediate af-

termath of the 9/11 attacks, and continues to thrive today. Alba on 53 opened in Hanover in August 2020, in the midst of the pandemic, and has gone on to become New England's largest and most successful opening of the COVID era.

"The COVID crisis has pushed everyone in this industry to their limits," said Keka. "We survived thanks to the incredible support of our loyal staff and guests. We're excited to be able to make this effort to provide for the health and safety of both of them and everyone in the Alba family as we work to move past this period and hopefully into better days ahead."

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- Combinations Changed
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- Deadbolts Installed
- Baldwin/Emtek Hardware
- Rekeying/Lockouts

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A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

ways, detectives encountered the resident. The resident turned over crack cocaine that was purchased from the operator of the Honda.

Following the notification that detectives had recovered crack cocaine, a decision was made to stop the Honda Accord. While stopped at the traffic light on South Street at Southern Artery, detectives approached the Honda Accord and removed the operator. He was placed into handcuffs.

Detectives then observed two knotted plastic bags of crack-cocaine in the door handle of the open driver's door. These two bags were identical in shape and appearance as the items recovered from the resident. Detectives recovered a large plastic bag of tan powder in an open jacket pocket, a small plastic bag of tan powder which

was located in the change pocket of the defendant's pants, and approximately \$380 in his wallet. Inside the vehicle, detectives located another \$85.

The 30-year-old from Boston was transported to the Quincy Police Station where he was booked by Sgt. Alison for the following charges: trafficking Fentanyl over 10 grams, possession with intent to distribute Class B (crack-cocaine), distribution Class B (crack-cocaine), and operating a motor vehicle after license suspension.

Back at the station, detectives weighed the two knotted bags of tan powder, which totaled 11.65 grams with packaging. Field tests of the drugs showed the presumptive presence of cocaine and fentanyl. All drug evidence was then packaged and logged into evidence to be forwarded to the MA State Laboratory for testing and certification.

The cash and a black Samsung Smartphone were seized as the money is believed to be proceeds from drug transactions and the phone is believed to have facilitated said transactions.

The Honda was towed.
Great work!

Bethany Congregational Church

Sunday, April 11 is the first Sunday after Easter. The service at Bethany Congregational Church will begin at 9:30 a.m.

Rev. Patrick McCorkle will preach, music will be provided by Paul Frazer as soloist.

Church School will not be in session.

The regular church services are also available online. Check the church website for instructions on how to watch.

Mark your calendar for the Annual Bethany Church Yard Sale to take place on

Saturday, May 15th. As for all events, COVID precautions will be maintained.

Bethany Congregational Church is located at 18 Spear St., Quincy. The church website is: bethanycongchurch.org. Telephone number is 617-479-7300.

Michaela Pettinelli On Endicott Dean's List

Michaela Pettinelli of Quincy has been named to the Dean's List at Endicott College in Beverly for the fall semester.

Pettinelli is majoring in Liberal Studies/Education and is the daughter of Diane Pettinelli and Ronald Pettinelli.



What's Bystander Intervention?

Choosing to take action when you see behavior that puts others at risk for violence, victimization, or perpetration. These include speaking out against rape myths and sexist language, supporting victim/survivors, and intervening in potentially violent situations, if it seems safe to do so.

Steps to interventions

1. OBSERVE. Realize that something is happening or has happened.
You hear your neighbors arguing.
2. ASSESS. Consider what safety info or help you need to intervene safely.
Is it safe for me to go knock on their door with an innocent question to create an interruption? Are violent threats being made and should I call the police?
3. ACT. Choose to take action.
Based on the safety assessment, determine which action step is the best fit. Perhaps stopping by over the next day to say hi and see if your neighbor is ok is the best approach.
4. FOLLOW UP. Determine what follow-up support can be offered.
Stay in touch, let your neighbor know you care about them, offer resources in the community if they are interested.

You can change the outcome.

Please visit our website to learn more ways that you can get involved: www.dovema.org

24-Hour Hotline: 617.471.1234 or 1.888.314.DOVE (3683)
Community Advocacy & Prevention Services: 617.770.4065



Real Estate

Quincy Real Estate Transactions March 29 - April 2

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

150 Hancock Street Realty LLC
Bayview at 150 Hancock LLC
Amy M. Raff
Jennifer A. King
133-135 Hancock Street LLC
Jenny Q. Hoang
W & J Group LLC
Daniel J. Moon
133-135 Hancock Street LLC
Theresa Pijanowski
133-135 Hancock Street LLC
Estate of Diane T. Lambros
133-135 Hancock Street LLC
William R. Michaud
Farrell Trust
Arjan Keka
Tracy A. Wong
Alexandra E. Tan & Scott M. Griffin
262 Billings Road Trust
Michael & Kelley R. Pitt
Lesley M. & Peter Tzanatos
JSPDEA LLC
Patricia G Allen Irrevocable Trust
Michael Reney
133-135 Hancock Street LLC
John M. & Michele L. Burgess

BUYER

Donna & Georgianna Varona
Daniel Gonzalez
Weiyu Wu & Cuijuan Tan
Douglas I. McGregor
Elaine M. Donohue
Arjana Xhemajli
Victoria Wallace
Jorgjeta Sherifi
Shane Regan
Water Savi LLC
Lawrence H. Baron
Qianwen Hu
Jaehee Kim
Green Realty of Quincy LLC
Jingjing Chen & Andrew H. Goodwin
George Lang
Qin Li
Decheng Xu & Xueping Liang
Laurie B. Speranzo
Farrell Trust
Queenie Mai
Wilson & Lai Yan Chan
Robert C. & Lori A. Maynard
Andy S. Chen
William W. Lee & Huizhen Wang
Catherine Rose Piccininni

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\$303,800.00
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\$655,000.00
\$605,000.00
\$590,000.00
\$720,000.00
\$400,000.00
\$390,000.00
\$180,500.00
\$764,500.00
\$805,000.00
\$425,000.00
\$475,000.00
\$320,000.00
\$830,000.00
\$610,000.00
\$360,000.00

ADDRESS

150 Hancock Street, Unit 302
150 Hancock Street, Unit 203
28 Miller Street, Unit 9
10 Weston Avenue, Unit 125
133-135 Hancock Street, Unit 20
802 Willard Street, Unit E11
4 Keyes Street
1 City View Lane, Unit 304
133 Hancock Street, Unit 2
231 Palmer Street
133-135 Hancock Street, Unit 16
338 East Squantum Street
133-135 Hancock Street, Unit 12
60-62 Raycroft Street
48 Apthorpe Street, Unit 48
34 Dewson Road
90 Quincy Shore Drive, Unit 721
6 Division Street, Unit 5
262 Billings Road
82 Assabet Road
1 CityView Lane, Unit 612
38 Smith Street, Unit B
200 Cove Way, Unit 903
42 Hall Place
133-135 Hancock Street, Unit 7
1 CityView Lane, Unit 215

O'Donnell Announces Filing of Residential Mortgage Assignment Bill

Norfolk County Register of Deeds William P. O'Donnell announces the filing of two bills designed to promote mortgage transparency here in Massachusetts.

O'Donnell stated both pieces of legislation would require that when banks transfer or assign their residential mortgages to a different lending institution then that assignment would be required to be recorded

while in the State House of Representatives, Rep. William Galvin (D-Canton) filed legislation that was given House Docket # 991.

"I want to express my appreciation to both Senator John Keenan and Representative Bill Galvin for filing this legislation," O'Donnell said. "If this legislation becomes law it would help homeowners find out if their mortgage has been assigned to another party in a very timely manner. Also with this information available

on-line it would be easier and more transparent for the homeowner to make sure they get this mortgage assignment information."

The need for this legislation hit home recently when the Boston Globe published an article "Can You Help Get Me My \$20,000.00 Back?" by Sean P. Murphy on Dec. 8, 2020 which highlighted the difficulties that can result when an assignment is not recorded.

"This article spoke about

a couple who found a home in Worcester which needed work," O'Donnell said. "To finance the purchase and remodeling costs, the couple wanted to sell their condo in Easton. However, a title problem developed with the Easton condo due to a mortgage assignment not being properly recorded. Because the assignment was not recorded at the Registry of Deeds, the lending institution who was the current holder of the mortgage lacked the legal authority to discharge the mortgage. A process that should have taken a few days took several weeks as two large lending institutions could not get

their act together and solve the title problem by filing the assignment. After several weeks of back and forth the problem was resolved and the assignment was recorded, but only after the intervention of the Boston Globe."

"I am pleased to partner with Register O'Donnell again on this important consumer protection legislation that will help homeowners better understand who holds their mortgage, which will help protect their most important asset, their home," Keenan said.

"This bill is a tool that will allow homeowners to

Cont'd On Page 13

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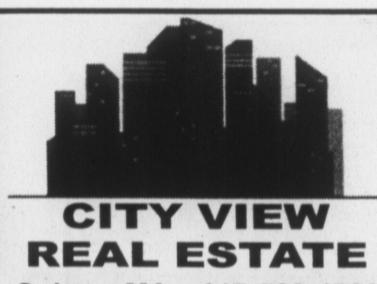
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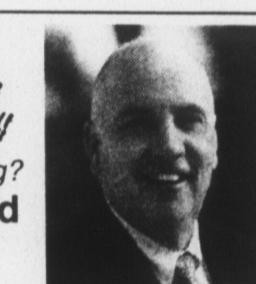
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8

2021

O'Donnell Announces Filing of Residential Mortgage Assignment Bill

Cont'd From Page 12

track residential mortgage assignments," Galvin said.

"Filing the bill is the first step but getting other legislators to support this legislative initiative is so very important."

O'Donnell indicated that local state representatives and state senators are signing on to sponsor both Senate Docket # 493 and House Docket # 991. He urged citizens to reach out to their local state representatives and state senators and urge them to sign on as sponsors of this legislation. A tele-

phone number to the Massachusetts State House is 1-617-722-2000.

"Years ago former Speaker of the House Thomas 'Tip' O'Neill said 'all politics is local.' Please contact your elected local state representatives and state senators and urge them to sign on as sponsors to Senate Docket # 493 and House Docket # 991, the Residential Mortgage Assignment Bill."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook/com/

NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located

at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonell@norfolkdeeds.org.

Woodward School Celebrates Nat'l Honor Society Inductees



MARINA FERREIRA



ZOE MAHER

Marina Ferreira '22 and Zoe Maher '22.

Also recognized were the finalists and winner of the Founders' History Paper Competition and Scholarship Prize. The Paper is a

Woodward junior year requirement to write an original thesis paper on a topic from U.S. History. Independent readers, college professors, and historians from outside of the school read

and score the five finalists' papers, whose authors are identified only by number. The Grand Prize Winner is the recipient of the Susan M. Hayes History Award, a tuition scholarship established in memory of former Woodward history teacher, Dean of Students, and well-known Quincy resident, Susan Martin Hayes.

Grand Prize and Scholarship winner: Quincy resident, Zoe Maher for her paper, "Hiroshima and Nagasaki: Military Success, Human Failure." The other finalists were Marina Ferreira of Quincy, and third place Kennedy Dolan of Roslindale.

Decorating With Black And White: Sophistication For Any Style

Ask Barbara Graceffa: 'Secretary Of The Interior'

I think I'd like to try a black and white decor and welcome your tips. **Marta**

Marta, a black and white combination can be striking, yet classic and simple, too. So, go for it!

Readers, if you believe that black and white can be cold and stark, keep reading; I plan to change your mind!

Better Homes and Gardens advises, "Take cues from high fashion, and go for bold contrast – but the most important thing is that you absolutely must be ready to make a statement or else it will fall flat."

Most people are comfortable using white in their décor; it's the black that creates anxiety. Decorators know that every room needs a little black. But "using the color black as a focal point of color grounds, anchors, and adds a sophisticated look to a room," notes The Spruce blog.

This color combination works perfectly for any design style. Pair it with metallics in a contemporary living room. Alternate black and white chairs around a rustic table for a modern farmhouse look. Choose toile and gingham fabrics in black and white for a cottage home. In traditional rooms, go for damask, houndstooth or paisley patterned fabrics, striped wallpaper, or black lampshades. Boho lovers can hang a wall-sized Mandala tapestry.

According to The Spruce, black and white "gives a fresh, clean, unquestionably elegant look to any room." In the living room, use black paint on the window trim, toss some black and white pillows, hang black iron light fixtures, or redecorate with a graphic wallpaper on one accent wall. In the bathroom, try a black marble countertop over a white vanity with shiny fixtures and use black grout with white subway tiles. In the kitchen, white cabinets with a black island or all white cabinets with a black and white backsplash produce striking results. In the bedroom, the simplicity of a white comforter pairs well with a patterned black and white bed skirt; if you are daring, paint one wall black – it will help you sleep! In the nursery, black and white stimulates a baby's brain so consider a mobile or wall art in these colors and you'll be raising a little Einstein!

If you're afraid to take the high-contrast leap, try black and cream, or charcoal and white, or add one punch of color – any color – to the scheme because black and white are neutrals and will go with any other hue. In fact, be sure to add green plants to add life to your black and white décor. And start small; install a black and white tile floor in your white powder room, add black and white photos to your den, or buy a striped runner for your hallway.

Do you have a decorating problem needing a professional solution?

Send your questions to barbara@sec-interior.com. Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates.

Learn more at www.sec-interior.com and follow her on Facebook and Instagram @secretaryinteriordecorating. You can reach her at 617-921-6033.

READERS FORUM

Reader Troubled By Mayor's Statements Regarding NQHS Student's Work

Dear Quincy Sun Editor:

I'm writing because I'm very troubled by Mayor Koch's statements about a student's work at the Quincy School Committee meeting on March 24th, 2021. As a veteran educator, I found the mayor's public disparagement of a QPS student's project appalling.

The mayor took issue with a slide that showed a stamp from an album that a NQHS student brought here when he and his family immigrated from China. The stamp had Mao Zedong's image, and the student submitted this as part of a project for a book called "We are America," which is working to uplift the voices of young people in a national conversation about what it means to be American. (You can find out more about the project by visiting their website at weareamericaproject.com.)

The mayor was highly offended by the inclusion of this image and went on a brief rant about how inappropriate he found it to be as a symbol of Chinese culture. But because Mao Zedong is a major part of Chinese history and symbolism, I disagree and think that the image was quite appropriate.

But the real question should be: who are either one of us (both white Americans descended from immigrants) to be making decisions and pronouncements about what appropriate symbols should be for people from countries and cultures that are not our

own?

Perhaps Mao Zedong represents one of the reasons this student's family left. Perhaps this image was chosen because it's such an immediately recognizable symbol of China. Perhaps that stamp is a valuable collectible. Without context, we have no way of knowing exactly why the student or vice principal included that image in the project or slide show, and it shouldn't matter because it is not the Mayor's place to sit in judgment of students and their work.

I would like Mayor Koch to try to put himself in this student's shoes for a moment. Imagine if as a high school student, Mayor Koch immigrated to another country, and his project was showcased at a school committee meeting. Perhaps his project featured a well-known image of a figure from US history such as George Washington, who is such a major part of our history that his image is even featured on our \$1.00 bills. Perhaps Mayor Koch included a dollar bill in a scrapbook about his country to symbolize the capitalist roots of our nation, and his school's vice principal happened to choose that image to show at a school committee meeting.

Now imagine that the chairperson of the school committee, who is also the mayor, decided to ignore all the wonderful student work that the vice principal shared, and instead just ex-

pressed indignation about that one image (without having any context for why it was included), and said something like this:

"I'm troubled by one thing tonight. I got to be honest with you. In a year when Black people have been under attack, Asian people have been under attack, and other people of color have been under attack, I have to look at a slide of the first president of the United States? We couldn't think of a better example of the American culture than the first president of the white colonizers and enslavers, who's responsible for helping to establish a system of white supremacy in that country? I don't even want to get into his advocacy for the genocide of Native populations argument but I think you could do a better job on that one. Good job on the rest of it. That really doesn't sit well with me."

How might that make Mayor Koch feel as a high school student in another country? Or as the administrator who was showcasing the student work? Would the inclusion of George Washington's image mean that the young Mayor Koch and his vice principal advocated for slavery and genocide?

Good educators do not publicly disparage students and their work. In his role as chair of the School Committee, Mayor Koch is supposed to be operating as an educator, but instead he used his position and power at that meeting to defend "our history" and "our leaders," and to attack the history and leaders of other countries. It's shameful that Mayor Koch would be so callous and harsh to a QPS student in order to score political points, which it was clear he was trying to do.

Sue Doherty
Quincy

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy has online remote worship service and is open for the congregation for limited seats only.

Pastor David Choi will preach his sermon: "Come and See a Man" (John 4:25-29); reader will be Beth Jacobsen.

Online dial-in/web meeting weekly schedule:

• Sunday 10:30 a.m.

- Wednesday 6:30 p.m.
- Leadership Workshop
- Thursday 6:30 p.m.
- Bible Class – Book of Revelation

- Friday 11 a.m. Prayer Group Meeting

For reservation to attend worship inside the church building, call 617-472-0824 and look for Lewann Mina, the church administrator.



BOSTON CHILDREN'S HOSPITAL'S Cynthia MacKinlay and Lyla Lane salute "The Mighty Quinn" at the recent Quincy Y blood drive in support of the Weymouth youngster who has spent most of his life battling brain cancer and has gained public support along his journey to fight medulloblastoma.

Photos Courtesy South Shore YMCA



THE MIGHTY QUINN and his dad, Jarlath Quinn, visit the Quincy YMCA blood drive with Quincy Y Senior Executive Director Patrick Murphy.

YMCA Blood Drive Supports 'The Mighty Quinn'

The Quincy YMCA hosted a blood drive April 1 to support possibly the most famous kid on the South Shore, Quinn Waters, known to all as "The Mighty Quinn."

The Quincy Y blood drive is one of four area events conducted by Boston Children's Hospital's bloodmobile to collect blood and platelets in honor of Waters, a Weymouth resident who, at age 5, has spent much of his life battling brain cancer and has gained public support along his journey to fight medulloblastoma.

Last fall, the Waters family and community rejoiced when it seemed The Mighty Quinn had won his battle. Unfortunately, the family received the news earlier this year that his cancer had returned, just before his fifth birthday.

Quinn has resumed his battle and is undergoing treatment at Boston Children's Hospital. Upon returning home from the day's cancer treatment, Quinn and his father, Jarlath Waters, stopped by the blood drive for a hug with the Easter Bunny and a visit to Ellie's Treats ice cream truck to thank everyone for participating.

"This is one of four drives that Jeff Sullivan (of Facebook's "Quincy is Everything") is organizing in Quinn's honor at different locations in Quincy, and the YMCA has been gracious enough to host one of them. All these blood drives in Quinn's honor is fantastic. I hope that it can help more families like the blood donations have helped us," Jarlath Waters said.

The Waters family is seeking the help of the community to donate blood and platelets for Quinn and other children battling cancer. Quinn will receive regular blood or platelet transfusions as part of his



QUINN WATERS, The Mighty Quinn, gives the Easter Bunny a hug at Quincy YMCA blood drive.

treatment, and there is currently a shortage due to COVID-19.

"Anybody who wants to give blood can go to "Pints for Half Pints" at Boston Children's blood donor center and make a donation," said Waters. "Thanks again to the YMCA and Jeff Sullivan for all that you've done."

Quinn's mother, Tara Waters, is a Quincy Police Officer, and their family has received tremendous support from fellow officers and area police departments. The Quincy Y blood drive was sponsored by the Quincy Police department, coordinated by Y member, Lieutenant Dan Minton.

"We are thrilled and humbled to be a part of this exceptional community effort to help save the lives of kids battling cancer, like The Mighty Quinn," said Quincy YMCA Senior Executive Director, Patrick Murphy. "We are here to



PATRICK MURPHY, senior executive director of the Quincy South Shore YMCA, thanks Y Playroom Coordinator, Keila Santos and her sister-in-law for donating blood.

giving blood or platelets at Boston Children's Hospital as part of its "Give Pints for Half Pints" efforts can register online at www.halffpints.org.

childrenshospital.org or call 617-355-6677. Visit www.childrenshospital.org/ways-to-help/donate-blood for more information. To learn

more about The Mighty Quinn, visit www.facebook.com/friendsofthemighty-quinn.



BOSTON CHILDREN'S HOSPITAL Bloodmobile at Quincy Y blood drive for The Mighty Quinn.

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New QPS Internships For High School Seniors

By SCOTT JACKSON

Three dozen high school seniors have had the chance to work paid internships within the Quincy Public Schools this year thanks to a new initiative.

"It is a win-win all around, both for our students as well as for our school sites," said Madeline Roy, the district's senior director of curriculum, programs and initiatives.

Roy and Keith Segalla, the district's executive director of career and technical education, highlighted the Internship in Education Initiative during the March 31 meeting of the School Committee's teaching and learning subcommittee.

Segalla said the initiative was funded by the federal government as part of its COVID-19 stimulus packages. The program has funding to continue through this summer, he said, but its future after that point is uncertain.

The program has four goals, Segalla stated: offering high school seniors the chance to complete a paid

internship within the school system; give those students a chance to experience various roles within the school building; to provide assistance and support to staff within the elementary and middle schools where the interns worked; and to increase the future educational workforce, both in Quincy and nationwide.

Segalla said that 36 high school seniors – 20 from North Quincy High and 16 from Quincy High – are working the paid internships this school year. A dozen other students had applied but did not receive internships either because they did not qualify – students needed to have a GPA of 3.0 or better – or had scheduling conflicts.

The seniors who applied were asked to identify three sites – middle and elementary schools – where they would like to intern, Segalla said. Most of the students were assigned to their top choice; most of them are also interning at schools they attended when they were younger.

The interns will work 125 hours during the course of the school year, Roy said, and are being paid \$13.50 an hour.

"It is both engaging and a little profitable," she said.

The seniors work the internships during elective periods, Segalla said, not their core academic classes. Most of them are able to transport themselves to the school where they intern, he said, but the district is able to transport those who cannot.

In addition to time in the classroom, the interns participated in five profes-

sional development sessions covering a number of topics related to being an educator.

"Part of this formalized training for these students is to attend professional development," Roy said.

Roy also provided subcommittee members with profiles of the some of the students working the internships.

One of the student-interns she highlighted, Sarah, is a senior at Quincy High School. Roy said Sarah is interested in art and she has been accepted to the Massachusetts College of Art and Design in Boston. Sarah applied for the internship program as a way to explore a potential career in teaching, Roy said. Sarah has been interning in a first grade classroom at Beechwood Knoll, where she went to elementary school. Roy said Sarah helps the teacher in number of ways, such as offering individual support to students, preparing math workbooks, correcting and reading with students.

"The students enjoy

when Sarah also attends art school with them as she shares her sketches with students," Roy said.

A second student-intern, Vincent, is a senior at North who wanted a chance to return to the Wollaston Elementary School, which he began attending as a kindergartner. Roy said Vincent also applied for the program because he wanted a break from the computer and the chance to interact with adults and younger students was appealing to him. Vincent is helping with clerical work to assist teachers in their duties, working with students one-on-one to encourage math fluency and is providing academic support, Roy said.

"He is not sure if this will lead him into teaching, but it is a possibility," she stated.

Emily Lebo, the chairperson of the teaching and learning subcommittee, said the internship program could help the district hire a more diverse staff.

"We talk about students becoming teachers and I

think this could become one of those things where we diversify our teaching team as we move on," she said. "This is wonderful – this really is wonderful, so great job."

Lebo also suggested the students receive credit for the internship on their high school transcripts, even if it is just half a credit.

"Money is terrific, but I would like to see a documentation of it somewhere on their transcript that they participated in this, because it is just that good," she said.

Committee member Douglas Gutro credited the administrators for organizing the program.

"It never ceases to amaze me how many real innovative ideas you have that are incredibly useful and beneficial," he said.

"This is just a great way to get our existing students that are going on, likely, to college some incredible experience in QPS and hopefully we will bring them back and they will be our bench one day at QPS."

Wednesday Half Days Could Continue Next Year

Cont'd From Page 1

"I've also heard from many, many parents that have told me they felt this was great for their kids, and the kids were happy about it too," added Kathryn Hubley. "I have also heard from many teachers who also like the consistency of it. I think it is definitely a positive."

Paul Bregoli, the chairperson of the policy subcommittee, said having half days on Tuesdays could be problematic if they followed Monday holidays.

"One of the things that was problematic with the

Tuesdays is if you had a holiday on a Monday and then a half day Tuesday, it was like, 'what are we doing back here?' [The week] really didn't get started until Wednesday," Bregoli said. "I think it is a good move."

Supt. Kevin Mulvey said he planned to reach to the Quincy Education Association to see if the union would seek to impact

bargain the change for obviously the COVID crisis and it has worked out well. As Ms. Hubley had mentioned, most or all of the feedback we have been getting here from teachers and parents have all been positive, so I don't anticipate any objections to this," the superintendent said.

The number of early release days each month will vary by grade level. Students in prekindergarten to grade 5 – including fifth graders at Point Webster and South West Middle Schools – will have half days each

Wednesday. Grades 6 to 8 generally have two early release days each month and high schoolers have one.

The first day of school for students in grades 1 to 9 would be Sept. 8 – the first Wednesday after Labor Day. Grades 10 to 12 would return the following day. Prekindergartners and

kindergartners would have orientation on Sept. 10 and begin school on Sept. 13.

The school year would feature the traditional winter break, Dec. 24 to Jan. 2; February vacation from Feb. 19 to 27; and April vacation from April 15 to 24.

The scheduled final day of school for most students

would be June 16; high school seniors can sign out May 31. If five days of school are cancelled because of snow or for other reasons, the last day would be June 24. There would be no school on June 20 as the state will observe Juneteenth that day.

**Free Evening Zoom Event:
Estate Planning**

**Tuesday, April 13th
6:30 p.m. - 7:30 p.m.**

Zoom Meeting
Login info provided when you RSVP

Learn estate planning strategies that can protect you from nursing home costs, estate taxes and more. This interactive, online Zoom meeting is free & open to the public. RSVP today!

**Call 781-830-6152
to reserve your spot**

Above: Peter J. Fredericksen, director of B.O.C. Life Solutions, a licensed subsidiary of Bank of Canton. Bank of Canton does not provide legal or tax advice; please consult your legal/tax advisor.

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Fight Anti-Asian Hate Solidary Event Saturday

All Residents Invited To City Hall At 11 A.M.

A coalition of Asian-American organizations, leaders, and government officials have scheduled a "Fight Anti-Asian Hate" solidarity event for 11 a.m. on Saturday, April 10, to be held at Quincy City Hall.

City residents of every background are invited to attend.

"This is about all of us," said Philip Chong, the CEO of Quincy Asian Resources, Inc. "This rally is about unity, it is about communication, and it is intended to be a very loud statement that the City of Quincy is a place where we respect and care about one another."

QARI is organizing this event to provide opportunities to grieve collectively and share our all-too-common stories openly. With the support from many community leaders and organizations, we stand against anti-Asian violence and sentiments.

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1250 Hancock St.

Suite 111N
Quincy, MA 02169
617.773.3636

Estate
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Downtown Construction Activities Proposed work activities for the week of April 4th, 2021



- The contractor at the Generals Bridge project will be pouring new concrete sidewalks on either side of the bridge deck and the south plinths.
- The contractor at the General Dunford Drive project will finish installing the remaining section of permeable pavers within the plaza, finish installing brick pavers and finish installing plantings. Temporary barriers remain in place on Hancock St for traffic re-alignment while the project is being constructed. Pedestrians should continue crossing the street at the crosswalk before this area.
- At the McConville Way project the contractor will continue construction of the north and south streetscape aside the new roadway. The streetscape work includes the continued installation of trees within the planter curbs, brick pavers, and continued irrigation work. The contractor will finish installing precast concrete pavers within the alleyway between 1495 Hancock St and 1515 Hancock St buildings. The alleyway remains closed during construction. At the future pocket parks, the contractor will continue installing park granite curbing, park pavers, install new waterproofing at park fountain, and install granite slabs at the sculpture staircases. Along Granite St, the contractor will continue installing new granite curbing and begin installing irrigation in the future planters. Traffic will be reduced to one lane during this time.
- The demolition of the 100 Parking Way building will continue this week. The temporary fencing has been installed around the perimeter of the building and there remains no parking along McConville Way and Parkingway.

(The photo on the above left shows new granite curbing being installed at the median within Granite St and the photo on the above right shows new brick pavers being installed with the future park.)

<https://www.quincyma.gov/mycity/> or follow @CityofQuincy on Twitter.

Contact Patrick McCarthy for construction questions at 781-264-4646 or email at pmccarthy@woodardcurran.com

Cleaner, Greener Quincy May 1

Mayor Thomas Koch announces the annual Cleaner, Greener Quincy program will return this year on Saturday, May 1st.

The annual city-wide clean-up targets parks, beaches, and open space areas for a good spring cleaning. Volunteers and City workers disperse around the city to help make Quincy both cleaner and greener.

This year's cleanup will account for COVID-19 protocols by encouraging social distancing, mask-wearing and smaller working groups than usual. There will not be a city-wide barbecue celebration at Merrymount Park after the cleanup this year due to COVID protocols.

"We missed last year due to the pandemic and this year we will be returning with the appropriate precautions in place," Koch said. "Cleaner, Greener Quincy is a vital part of community-building and stewardship development for our parks and public lands. Our volunteers do a phenomenal job of stepping up, working hard, and continuing this

great tradition of keeping our city looking great."

Cleaner, Greener Quincy started more than 30 years ago under the direction of former Mayor James Sheets. Dozens of volunteers targeted local parks for cleanups in the early-1990s. The program has grown to the point that an average year draws almost 1,500 volunteers around the entire city.

"Through the pandemic we saw considerably more people relying on local beaches and parks for recreation and relaxation," said Natural Resources Commissioner Dave Murphy. "We have some tremendous opportunities right here at home and more and more people are taking advantage of our parks, beaches, and 27-miles of coastline. Cleaner, Greener helps jump-start our cleanup efforts and we are very grateful to all our volunteers for doing their part to keep Quincy looking great."

April Is Parkinson's Disease Awareness Month

April is Parkinson's Disease Awareness Month and the American Parkinson Disease Association (APDA) Massachusetts Chapter and Information & Referral Center is hard at work to raise awareness of Parkinson's disease (PD), deliver vital programs and services in the community, and help local residents get involved and support a cause that is important to them. In Massachusetts alone, more than 17,000 people over the age of 60 are diagnosed and living with PD.

For the month of April, the APDA MA Chapter Information and Referral Center will be delivering virtual support groups, information sessions and exercise guidance and program.

"Every nine minutes there is a new diagnosis of PD, which means that in April alone nearly 5,000 people in this country will learn they have PD," states Bill Patjane, executive director of APDA's Massachusetts Chapter. "Here in Massachusetts we are the boots on the ground – we are in the communities, providing the support, education, programs, and services people need to live their best lives. We've been able to maintain this support despite the pandemic thanks to virtual opportunities, and we look forward to seeing our PD community in person as soon as it is safe to do so."

The support of the general public is crucial, and April is the perfect time to take action that can help the more than one million people in the United States coping with this chronic neurological movement disorder, and also fund research that will lead us to better treatments and ultimately, a cure. Visit www.apdaparkinson.org to learn more.

Over the past year, APDA has created extensive virtual programming to make sure that people living with PD have what they need during this difficult time. From online exercise programs to help keep people moving when they can't get to their in-person fitness classes, to

For more information call 617-638-8466 or visit apdama@apdaparkinson.org.

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Residents Invited To Vote For Tree Group Logo

Quincy Tree Alliance, a new volunteer group formed to protect and expand Quincy's urban forest, invites residents to vote for its new logo.

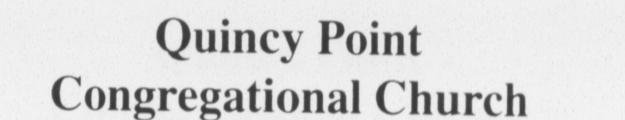
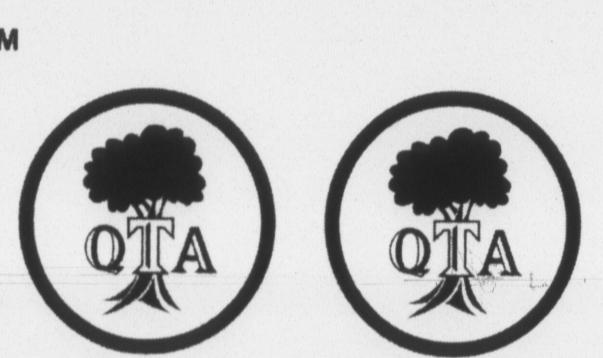
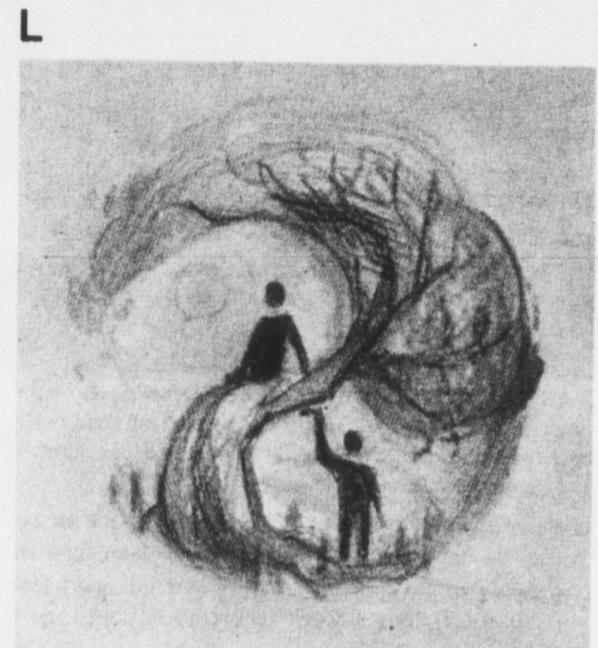
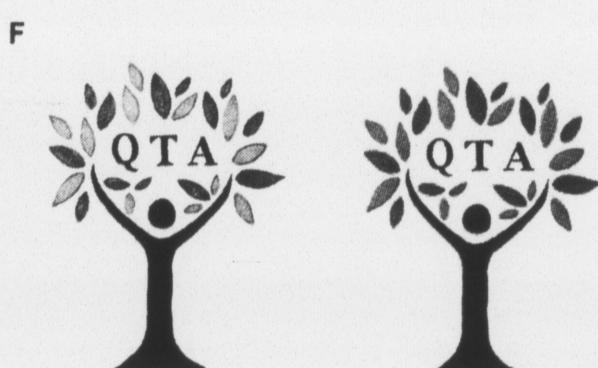
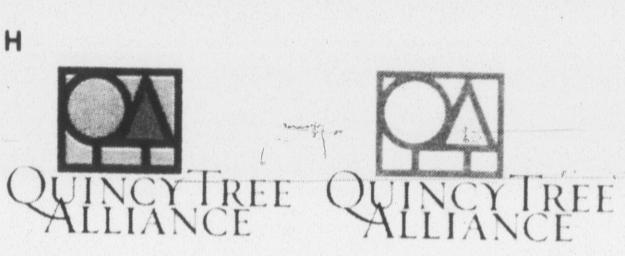
Visit <http://bit.ly/qtalogo> to view all 15 entries from local high school and college students. Vote for as many entries as you wish by "liking" the entries in the comments there or by emailing your choices to quincytreealliance@gmail.com.

The prizewinning artists will be announced on Arbor Day (April 30).

All 15 entries also appear on this page of The Quincy Sun. Entries are noted alphabetically A through O.



E



7th South Shore Science Festival April 24

Keynote Speaker: Dr. Fred Calef, NASA 'Keeper of the Maps'

By KATHY HOGAN
Co-Chairperson

S.S. Science Festival
Mark your calendar.
Save the date: Saturday,
April 24, from 10 a.m. to 3
p.m.

What happens then? It's
the South Shore Science
Festival VII – virtual.

Seven years? Amazing!
Yes, come hell or high
water, pandemic or no pan-

demic, the people shall have
their science festival. The
folks at the South Shore
Science Festival are hard at
work to bring you what you
love.

Co-chairperson Manuel
Barroso says, "It's all
about discovering the fun
in STEAM – Science, Tech-
nology, Engineering, Arts,
and Math."

We'll be there on ZOOM.

You can go to eventbrite.com or southshorescience.com online to register.

What's in store for you?
NASA's Fred Calef. Dr.
Calef is the cartographer for
the Mars project, and he has
named two areas on a Mars
crater for his hometown.
His hometown is Quincy.
On Mars there is a Quincy,
Mars and Squantum, Mars!
That must mean that Quin-

cy, Mass. has a Sister City at
Quincy, Mars!

What else? Here's a
work-in-progress for the
schedule:

The theme for the morning,
geared to kids up to 11
years, is Light and Colors
and Trees, bringing you the
science of light; a color-to-
white light demonstration; a
story about three oak trees;
Quincy Tree Alliance/Quin-

cy Climate Action Network;
and more.

• Early afternoon geared
to ages up to 16: Tinker and
Create; Boston Scientific.

• Finally, ages 17 to
adult: NASA's Fred Calef;
find out why it's fun to study
STEAM; and more.

Watch this space for
more news as the festival
continues to take shape. Go
to southshorescience.com
online for more information.

Stay tuned to the church
Facebook and Twitter pages
for the tentative spring
schedule due to the outdoor
services will be weather
permitting. Or you can add
yourself to our mailing list
to receive updates by visiting
www.quincyptcong.org and filling out the form
on right hand bottom of
page.

Church School for all
airs at 9:15 a.m. on the
Quincy Point Congregational
Church YouTube channel.
April 18 will be the next
in-person outdoor worship
at QPCC, 444 Washington
St.



DeANGELIS CAROUSEL features a menagerie of animals, including a mule (pictured), reindeer, lion, tiger, sea dragon and more. The carousel was custom made in 1924 for its namesake, Domenick DeAngelis, who brought it to Houghs Neck in 1940. The carousel sat in storage for nearly 60 years but will open once again next month in Buffalo, N.Y. Photos Courtesy Joe Brill

After 60 Years And \$6M In Restoration: Historic Houghs Neck Carousel To Go Around Again

By SCOTT JACKSON

The carousel that once entertained riders in Houghs Neck will reopen next month, almost 60 years after it closed and more than 400 miles away, as the result of nearly \$6 million effort spearheaded by carousel enthusiasts.

The carousel, which features more than 30 animal figures, operated on Fensmere Street in Houghs Neck from 1940 to 1954, when the city took the land by eminent domain to construct the Great Hill School.

Decades later, the carousel is set to reopen on Memorial Day weekend at its new home inside Buffalo, New York's Canalside neighborhood, where the Erie Canal meets Lake Erie.

Quincy resident Joe Brill, whose grandfather first owned the carousel, plans to ride it when it is dedicated.

"I'll be right there," he said. "I can't wait."

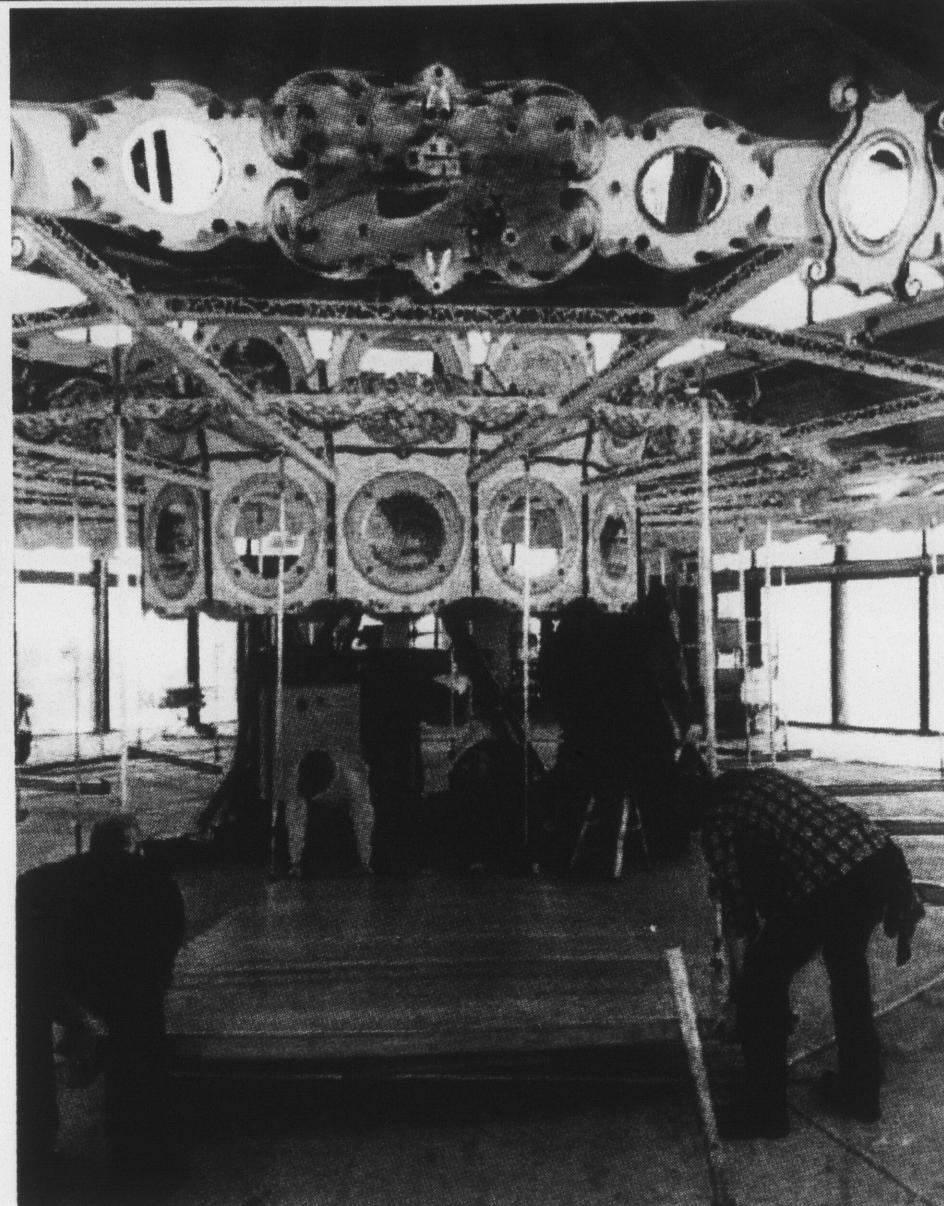
Though Brill was born after the carousel closed, he still has fond memories of it. The carousel sat for many years in pieces under a fami-

ly home on Fensmere Street. Brill recently visited Buffalo where he was able to see the restored pieces and helped with its assembly.

"I was in tears," he said. "These are pieces I played on as kids. My friends in the neighborhood came and played and we crawled under the porch over them and everything else."

Brill's grandfather, Domenick DeAngelis, came to the United States from Italy as a teenager.

"He came from Italy by himself and was quite an en-



FLOORING was installed inside the new \$4 million carriage house in late March. The carousel will be located in Buffalo, New York's Canalside district. Rides on the 97-year-old carousel will cost \$1 each after it opens Memorial Day weekend.

trepreneur," Brill said. "He worked his butt off, saved his money, worked his butt off, saved his money."

DeAngelis worked as a taxi driver in Boston, Brill said, and also serviced slot machines in various stores around the area.

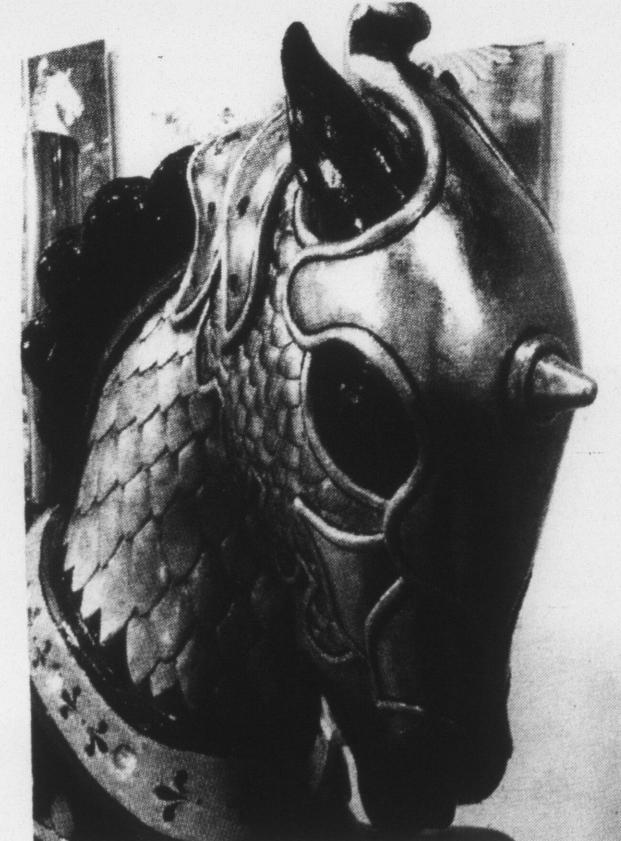
DeAngelis bought the carousel in 1924, when he was 33 years old, from the Herschell Spillman Company of North Tonawanda, New York, a suburb of Buffalo. About three dozen carousels built by the company's founder, Allan Herschell, remain in the United States including two in New England – one on Main Street in Hyannis and the other at Papoose Pond Campground in Maine.

Brill said the carousel was custom made for his grandfather and features a menagerie of animals.

"He had this carousel built to his specs, because everyone I talk to says 'wow, look at these different animals, just not horses, and Herschell Spillman never did that,'" Brill said. "Ostrich, giraffe, lion, tiger, reindeer and then the chariots. My grandfather had all input into it."

The carousel was first located on land DeAngelis leased in the Bryantville section of Pembroke, known as Mayflower Grove. The carousel was successful, but the site was the victim of a fire.

DeAngelis in 1930 opened Glen Echo Park in Stoughton, a 35-acre space that included a pond with boathouse, dance hall, hotel, arcade and carousel. DeAn-



LEAD HORSE from the DeAngelis Carousel, an armored horse, was restored and repainted as part of the project to make the ride run once again. This figure is one of several different horses on the carousel.

gelis was eventually forced to sell the land, however, amid the Great Depression.

In 1936, DeAngelis began his next venture, a roller skating rink in Swansea.

The rink was wiped out by the hurricane of 1938.

DeAngelis – who soon moved to the neighborhood with his wife, Antonetta – offered other entertainment to go with the carousel.

"He had a penny arcade, shooting gallery, outdoor movies along with the merry-go-round," Brill said.

After the carousel closed to make way for the Great Hill School – which closed in the 1980s and was located on what is now known

Cont'd On Page 19

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Historic Houghs Neck Carousel To Go Around Again

Cont'd From Page 18

as Brill Field – it was first stored under the roller rink. The owner of the roller rink, however, rented that space to someone else so the carousel was moved under the family home in 34 pieces.

"My family had to move it out and we had that huge house, which is still there, that we grew up in. The porch, underneath it, is all open, so they had to put boards down, plastic, put all of the pieces underneath, except about a dozen that went into our huge basement. So they boarded up all around the house, shingled it," Brill said.

"We used to play on this thing as kids. We used to crawl under the house and be on it...we used to play down there with our cars and army men, different stuff like that."

Being forced to relocate the carousel under the family home was likely a saving grace for the carousel. The roller rink it had been stored under burned to the ground on Jan. 4, 1980.

The carousel sat under the family home until 1988, when it was sent to Mansfield, Ohio, for restoration. Brill said the plan had been for the carousel to come back to Quincy – possible locations included the area of the Souther Tide Mill on Southern Artery – but for various reasons, it remained in Ohio.



OSTRICH (foreground) is one of the more unique animals on the DeAngelis Carousel. Other animals include a giraffe and horses (background). All the figures were restored as part of the project to bring the carousel back to life.

Photo Courtesy Joe Brill

That changed in 2016 when Buffalo Heritage Carousel, a local group of enthusiasts aiming to bring a historic carousel to the city to provide entertainment, education and to celebrate the history of carousel manufacturing in Western New York, agreed to purchase it.

Brill said the group had been looking for carousels they could acquire – in particular ones made by the Herschell Spillman Com-

pany, given its proximity to Buffalo – when they saw an advertisement for his grandfather's carousel in a newspaper.

"This group out in Buffalo was looking for a carousel...and they found the carousel," he said. "Lo and behold, it was hand carved ten miles outside of Buffalo, so it is basically coming home."

Most of the carousel was able to be restored, but three

pieces had rotted out and needed to be replaced, Brill said.

The historic carousel will be located in a brand new carriage house. In a 21st century twist, the carousel will run on solar power.

"The carousel is going to be powered by the sun," Brill said. "Tesla donated all the solar panels to have this run by the sun."

Rides on the carousel will cost \$1 once it opens.

The project to bring the carousel to Buffalo has a price tag of \$5.8 million, including \$4 million for the roundhouse building, \$1 million for the carousel and \$800,000 for operations. Funding for the project was provided by the Erie Canal Harbor Development Corporation, the state of New York and several private donors.

March 26 was the move-in day for the new carousel, as the first pieces of it were installed inside the carriage house. The #153 Wurlitzer Band organ, one of the most popular models ever manufactured at Wurlitzer, was also installed. It will play music scrolls that will be integrated with the carousel through computer technology.

ogy.

Brill, who was there that weekend, said he helped install some of the flooring inside the carriage house, giving him the chance to work on the carousel his grandfather once owned.

Move-in day was a major milestone for the non-profit behind the project.

"The Buffalo Heritage Carousel's mission to bring a locally manufactured, historical wood carousel powered by the sun to the Buffalo community as a family attraction is nearing its opening day due to the tremendous support of many who had faith in our vision," said Laurie A. Hauer-LaDuka, president of Buffalo Heritage Carousel, in a statement.

"We sincerely appreciate the tremendous efforts and dedication of our restoration volunteers who have spent significant time on restoring our carousel animals and rounding boards in our restoration workshop. We are thrilled to celebrate the great strides we have made in making our carousel project a reality and anxiously await our carousel's grand opening day, when it can be enjoyed and appreciated by families once again and be

the jewel of Canalside."

New York officials are equally enthusiastic about the project.

"The arrival of the carousel elements is an exciting step toward the opening of DeAngelis Carousel," said Buffalo Mayor Byron Brown. "The carousel will be another year-round, family friendly attraction for the Buffalo waterfront, building on the popularity of the Explore & More Children's Museum, and many outdoor activities for visitors of all ages."

"Canalside has become a magnificent place for families to enjoy and the DeAngelis Carousel will soon become the star attraction," said Lt. Gov. Kathy Hochul, a Buffalo native. "As we prepare to enter the post-pandemic future, the DeAngelis Carousel offers a glimmer of hope and symbolizes the rebirth of an active Buffalo waterfront."

Once open, Brill said the carousel will give him yet another reason to visit Buffalo.

"We go up to Buffalo for the Patriots games and Niagara falls – now you get to add this to it," he said. "It is quite a trip."

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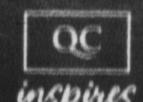
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NORTH QUINCY'S Hunter MacIsaac races to a first down as he outruns Hanover defenders in the Raiders' 28-13 win over the Hawks April 1 at Veterans' Memorial Stadium.



NORTH QUINCY'S Matt Craig, right, carries as he eludes Hanover defenders. NQ defeated Hanover 28-13 to improve to 2-1 on the season.

Quincy Sun Photos/Tom Gorman

Hines Shines (3 TDs) In NQ 28-13 Win Over Hanover

Match-Up Vs. Quincy This Sunday At Noon

By TOM JOYCE

Tough on defense and successful on the ground, the North Quincy High football team had no issue taking down the Hanover Hawks April 1.

The Raiders hosted Hanover and improved to 2-1 on the season with a 28-13 victory. In it, running back Liam Hines shined offensively, amassing 185 yards and three touchdowns on 26 carries. The team rushed for over 250 yards in the win.

Hanover struck first in the contest, going up 7-0 with 9:03 left in the first quarter. They started the game with the ball at the 35-yard line, converted on fourth-and-two with a short pass, and threw a 55-yard touchdown pass on their next set of downs.

North Quincy countered with a possession that lasted about six-and-a-half minutes in which they too scored a touchdown. The team got a strong kickoff return that put them at the Hanover 35-yard line. A five-yard penalty against Hanover helped make up for the team only gaining one yard on the first three plays of the drive. However, then Hines converted on fourth-and-four with a pitch left for a first down. He had six rushes for 24 yards on the drive while fullback Matt Craig (11 rushes, 33 yards) had a six-yard rush that picked up a first down. Hines punched in a three-yard touchdown run with 2:27 left in the quarter and kicker Thomas Murray made the extra point to make it a 7-7 game.

Murray then booted a touchback on the ensuing kickoff. Hanover fumbled on the first play of their new possession and Craig

regained possession for the Raiders. They capitalized on the opportunity. On fourth-and-one from the 11, quarterback Cooper Hansen converted with a four-yard quarterback sneak with a strong push from the interior of the offensive line. Hines capped off the drive with a two-yard touchdown run and Murray hit the extra point to put the team up 14-7 with 10:47 left in the first half.

Hanover got good field position off their next kickoff, returning the ball to their own 49-yard line. However, a penalty backed them up five yards, as did three incomplete passes. They went for it on fourth down and the Raiders got some pressure on their quarterback. Plus, Nate Caldwell deflected the pass, resulting in a turnover on downs.

With the ball in Hanover territory, the Raiders capitalized on their strong field position once again. Craig picked up five yards on third-and-five to give the team a first down, and a 23-yard rush from Hines to the outside put the team in the red zone. Hines punched in a three-yard touchdown run and picked up the two-point conversion on a pitch left. This put the team up 22-13 with 5:36 left in the first half.

The score was 22-13 at halftime because Hanover enjoyed success in the air on their second-to-last possession of the first half. The team picked up a few first downs in the air but capped the drive off with a 27-yard touchdown pass with 2:24 left in the half. Their extra point kick went off the right upright.

Cont'd On Page 21



THOMAS MURRAY boots one through the uprights for a North Quincy PAT as Hanover defender tries to block.



NORTH QUINCY quarterback Cooper Hansen, left, hands off to Liam Hines as teammates Harry Guardino (79) and Brandon Baker, right, block Hanover defenders. Hines ran for 185 yards and three touchdowns on 26 carries in the Raiders' victory.

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NORTH QUINCY'S Jamal Maximilien, left, brings down Hanover's Dillon Rice.

Quincy Sun photos/Tom Gorman



NORTH QUINCY'S Nate Caldwell kicks off to Hanover.

Hines Shines (3 TDs) In NQ 28-13 Win Over Hanover

Cont'd From Page 20

Hanover started the second half with possession after a successful onside kick, but it didn't translate into a touchdown. The team got to the 17-yard line, but tough defense from the Raiders brought up fourth-and-eight and forced an incomplete pass to turn the ball over on downs. When the Raiders regained possession, they extended their lead.

The touchdown came on a two-yard run from Craig with 3:47 left in the third. However, the highlight of the drive for the Raiders was a 58-yard rush from Hines. Even after the first hit on Hines, he picked up an additional 10 yards, moving the team closer to the end zone. With kicker Thomas Murray injured, the team went for a two-point conversion again but was unsuccessful.

Hanover started their next possession around midfield once again and while they picked up a first down on a 16-yard pass, the Raiders forced a turnover on downs shortly after

that. Caldwell broke up the pass on fourth-and-seven that made this happen. NQ then had a three-and-out and their first punt of the game with 9:08 left to play. This put the ball at Hanover's own 32-yard line.

The Raiders ended up stopping Hanover at the NQ 38-yard line. This was thanks to a bruising hit from defensive back Hunter MacIsaac that made a Hanover wide receiver just short of picking up the first down.

With backup quarterback Connor Plante in the game for the second straight drive, the Raiders went to the ground to run out the clock, and they were successful. Sophomore running back Nick Pereira had three rushes for 37 yards on the team's final possession of the game.

NQ was scheduled to play rival Quincy this Friday but because of a NQ player testing positive for COVID, the game was postponed. The game has been rescheduled to Sunday at noon.



NORTH QUINCY quarterback Cooper Hansen passes over Hanover defender as Raiders' Mike Pollastretti, right, moves in.

Presidents Falls To Scituate, 40-13

Scituate's high-powered run game and tough defense was too much for Quincy, as

they fell to the Sailors 40-13 April 1 in Scituate.

Scituate opened the game with a quick 6-play 56-yard drive. Andrew Bossey capped it off with a 15-yard TD run, with the extra point Quincy was down 7-0.

Quincy did not make much of their first drive and were forced to punt inside their own 5-yard yard line. This gave Scituate excellent field position on Quincy's 30 yard line.

With Scituate driving, Quincy's defense forced a fumble that was recovered by senior Amaron Robinson at the 4-yard line. Quincy couldn't take advantage and was forced with a three and out again deep in their own territory. Things didn't get easier for the Presidents; Scituate returned the punt to the Quincy 24-yard line, with a personal foul penalty on the play, placing the ball

at the Quincy 9-yard line. The next play Scituate's Bossey put the ball in the endzone to give the Sailors a 14-0 lead.

Again Quincy struggling to put a drive together was forced to punt. On the next play, Keegan Sullivan hit Andrew Gates for a 56-yard screen TD pass. The extra point was no good, and before the first Quarter was over, Scituate had a 20-0 lead.

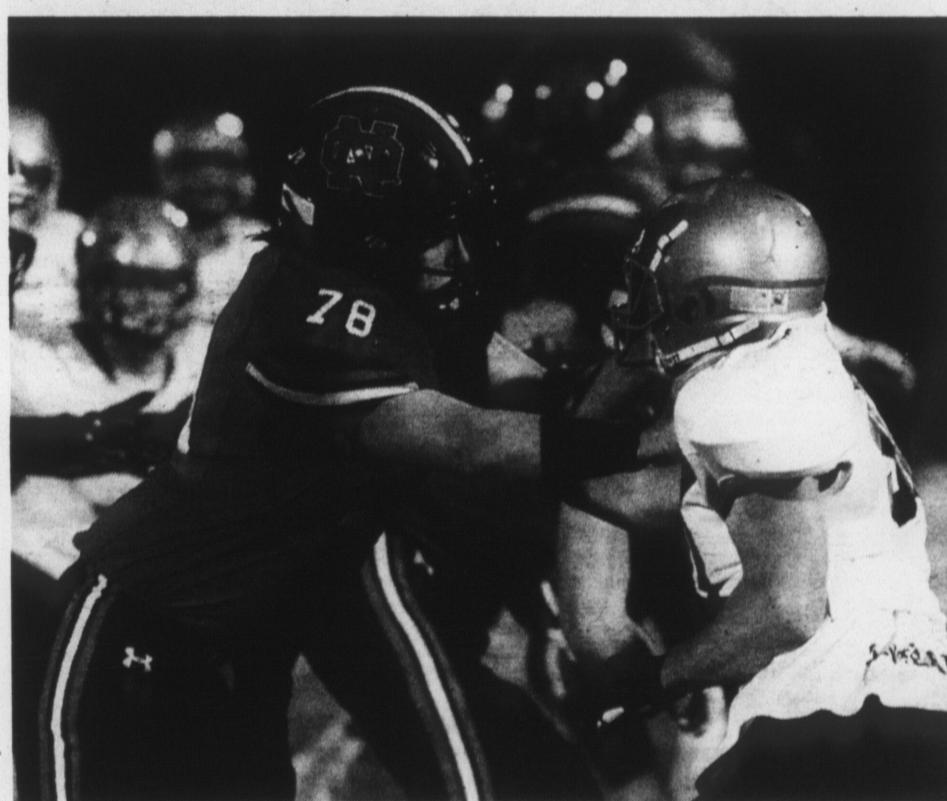
Scituate added two more scores in the second quarter. Bossey added his third TD of the game with a 17-yard TD run, and Shea Morley from 4 yards out to give the Sailors a 33-0 halftime lead.

Quincy took the second half kickoff and put together a quick 7-play scoring drive. The big play was a 49-yard pass from quarterback junior Drew Boretti to Jarod Walker that brought the ball

down to the 1 yard line. On the next play junior Walker punched it in with the score. Senior Matt Kelly added the extra point to make it 33-7.

On the next possession, Scituate was driving inside Quincy's 20-yard line when freshmen linebacker Gabe Rodriguez intercepted a pass and returned it to the Quincy 40-yard line. Two plays later, Scituate's defense was too much for Quincy when a deflected pass was intercepted at the Quincy 42-yard line. D'Kari Rodrigues made the score 40-7 with a 4-yard TD run. Sophomore Stephen Gallant scored late in the 4th quarter with a 31-yard TD run.

Quincy was scheduled to play North Quincy Friday night but the game has been postponed due to COVID. The game has been rescheduled to noon Sunday at Veterans' Memorial Stadium.



NORTH QUINCY'S Samee Akhouzine, center, pushes back Hanover defender.

Quincy/North Quincy Track Results

All Meets Are Run Jamboree Style • Rankings Only (No Team Scores) •

League Fisher Division Championship pending approval of ADs scheduled for week of April 12 at Pembroke.

Qualifiers listed in next week's edition of the Sun.

Meet results from events held on March 30.

Officials were Raymond Thompson and Jack Sullivan of MTFOA.

PR = Personal record for this season.
First run = first time this season competing this event.

| | | | | | |
|-------|-----------|----------|----------------|--------|-----------|
| Boys | 55Hurdles | Jonathan | Bina | 8.8 | Ties PR |
| Boys | 55Hurdles | Bobby | Donovan | 9.2 | |
| Boys | 55Hurdles | Ammar | Chunda | 9.5 | PR |
| Boys | 55Hurdles | Nick | Bina-Rodriguez | 12.9 | |
| Girls | 55Hurdles | Kiera | Sleiman | 9.2 | |
| Girls | 55Hurdles | Sorcha | Quinn | 9.9 | PR |
| Girls | 55Hurdles | Eileen | Durgin | 9.9 | PR |
| Girls | 55Hurdles | Kaylee | Sleiman | 11.1 | PR |
| Girls | 55Hurdles | Kat | Shaughnessy | 11.5 | PR |
| Boys | Mile | Vinh | Tran | 5:15.3 | PR |
| Boys | Mile | Kyle | Clements | 5:26.9 | PR |
| Girls | Mile | Aluna | Coogan-Coyne | 5:40.3 | PR |
| Girls | Mile | Mollie | Nelson | 6:09.2 | PR |
| Girls | Mile | Grace | Cody | 6:25.8 | First run |
| Girls | Mile | Victoria | Mariano | 6:50.7 | |
| Boys | 55Dash | Matt | Wong | 6.6 | Ties PR |
| Boys | 55Dash | Charlie | Codner | 7.2 | PR |
| Boys | 55Dash | Huy | Ho | 7.3 | |
| Boys | 55Dash | Sam | Hurley | 7.4 | |
| Boys | 55Dash | Chase | Quigley | 7.4 | |
| Boys | 55Dash | Alex | Stankov | 7.5 | |
| Boys | 55Dash | Sai | Kuchulakenti | 7.5 | |
| Boys | 55Dash | Trevor | Mangino | 8.0 | |
| Boys | 55Dash | Jeanior | Alexis | 8.1 | PR |
| Girls | 55Dash | Sofija | Slezas | 7.4 | |
| Girls | 55Dash | Emilia | Henry | 7.6 | |
| Girls | 55Dash | Mariejo | Ajalon | 7.9 | |
| Girls | 55Dash | Faye | Fitzpatrick | 8.1 | Ties PR |
| Girls | 55Dash | Celia | Cronin | 8.4 | |
| Girls | 55Dash | Kimberly | Le | 8.5 | |
| Girls | 55Dash | Breanna | LaRoche | 8.5 | |
| Girls | 55Dash | Beatriz | Goncalves | 8.5 | PR |
| Girls | 55Dash | Onuchi | Alambrada | 8.5 | PR |
| Girls | 55Dash | Grace | Pickering | 8.7 | |
| Girls | 55Dash | Piper | Henderson | 8.8 | |
| Girls | 55Dash | Brooklyn | Rizzo | 8.8 | |
| Girls | 55Dash | Jiahin | Lin | 8.8 | |
| Girls | 55Dash | Anna | Zheng | 9.1 | |
| Girls | 55Dash | Jaime | Sansouci | 9.9 | |
| Boys | 600m | Thomas | O'Neil | 1:46.7 | PR |
| Boys | 600m | Patrick | Lee | 1:48.4 | PR |

| | | | | | |
|---------|-----------|-----------|--------------|----------|-----------|
| Girls | 600m | Isa | Hanley | 1:53.9 | |
| Girls | 600m | Emma | Lyons | 1:55.8 | |
| Girls | 600m | Jennie | Burgess | 1:56.7 | |
| Girls | 600m | Sophie | Cerone | 2:03.7 | |
| Boys | 1000m | Matt | Francouer | 2:51.7 | PR |
| Boys | 1000m | Ben | Dawe | 3:13.6 | First run |
| Girls | 1000m | Lezly | Acevedo | 3:28.3 | |
| Girls | 1000m | Charlotte | McConville | 4:21.8 | PR |
| Girls | 1000m | Juliana | DiBlasi | 4:32.9 | |
| Boys | 300m | Brian | Gutro | 38.4 | Ties PR |
| Boys | 300m | Jack | Nelson | 39.1 | PR |
| Boys | 300m | John | Alessandro | 40.5 | |
| Boys | 300m | Oisin | Coogan-Coyne | 41.6 | |
| Boys | 300m | Huy | Ho | 42.9 | PR |
| Boys | 300m | Alex | Stankov | 43.5 | |
| Boys | 300m | Liam | Cody | 44.0 | PR |
| Girls | 300m | Sofija | Slezas | 45.4 | |
| Girls | 300m | Melanie | Chretien | 48.1 | |
| Girls | 300m | Briana | Alvarado | 48.9 | |
| Girls | 300m | Kimberly | Le | 52.3 | |
| Girls | 300m | Piper | Henderson | 53.3 | |
| Girls | 300m | Faye | Fitzpatrick | 53.4 | |
| Girls | 300m | Brooklyn | Rizzo | 53.5 | |
| Girls | 300m | Lauren | Manning | 54.2 | |
| Girls | 300m | Chloe | Fitzgerald | 70.5 | First run |
| Boys | 2Mile | Robert | Cannon | 10:28.0 | PR |
| Boys | 4x200A | Boys | A team | 1:40.9 | |
| Girls | 4x200A | Girls | A team | 1:57.2 | |
| Girls | 4x200A | Girls | B team | 2:02.1 | |
| Boys | 4 x 400B | Boys | B team | 3:59.4 | |
| Boys | 4 x 400A | Boys | A team | 3:59.8 | PR |
| Girls | 4 x 400A | Girls | A team | 4:46.6 | PR |
| Girls | 4 x 400A | Girls | B team | 4:49.8 | |
| XXGirls | High Jump | Mollie | Smith-Gaeta | 4'06" | PR |
| XXGirls | High Jump | Natalia | Kepczynski | 4'08" | Ties PR |
| XXGirls | High Jump | Catherine | Brown | 4'10" | Ties PR |
| XYBoys | High Jump | Jonathan | Bina | 4'10" | |
| XXGirls | Long Jump | Melanie | Chretien | 12'08" | |
| XXGirls | Long Jump | Victoria | Rak | 12'10.5" | |
| XXGirls | Long Jump | Kaylee | Sleiman | 13'05" | PR |
| XXGirls | Long Jump | Brianna | Alvarado | 14'07.5" | PR |
| XXGirls | Long Jump | Kathy | Duong | 14'07" | PR |
| XXGirls | Long Jump | Eileen | Durgin | 15'03.5" | PR |
| XXGirls | Long Jump | Kiera | Sleiman | 16'06" | |
| XYBoys | Long Jump | Matt | Wong | 18'03" | |
| XYBoys | Long Jump | John | Alessandro | 19'04" | Ties PR |
| XXGirls | Shot Put | Kylie | Driscoll | 18'08" | PR |
| XXGirls | Shot Put | Kelsy | Duong | 23'06" | PR |
| XYBoys | Shot Put | Jeanior | Alexis | 27'07" | PR |
| XXGirls | Shot Put | Pilar | Brown | 29'06" | PR |
| XYBoys | Shot Put | Jack | Nelson | 29'10" | PR |
| XXGirls | Shot Put | Niamh | Mwatulirwa | 31'10" | Ties PR |
| XYBoys | Shot Put | Charlie | Codner | 35'10" | PR |
| XYBoys | Shot Put | Ahmad | Powell | 38'08" | |

Free Introductory Softball Clinic Sunday

A free Quincy Youth Softball Introductory Softball Clinic for all ages/skill levels will be held Sunday, April 11 at Pageant Field, 1 Merrymount Parkway, Quincy, from 1 to 3 p.m.

Come out for an introduction to softball, to learn some of the basics, or for our returning players to dust off those fielding and hitting skills.

A great afternoon of fun with league coaches.

All skills levels welcome.

All those attending are asked to wear COVID-19 masks in order to follow all appropriate COVID-19 protocols.

The upcoming Spring Softball Season starts in a couple of weeks.

Register for Spring Softball at: <http://quincyybs.website.siplay.com/>

Email questions or to let us know you will attend: quincyyouthsoftball@gmail.com

AAA: Massachusetts Gas Prices Down Two Cents

Massachusetts's average gas price is down two cents from last week (\$2.76), averaging \$2.74 per gallon.

Monday's price is 8 cents higher than a month ago (\$2.66), and 69 cents higher than April 5, 2020 (\$2.05).

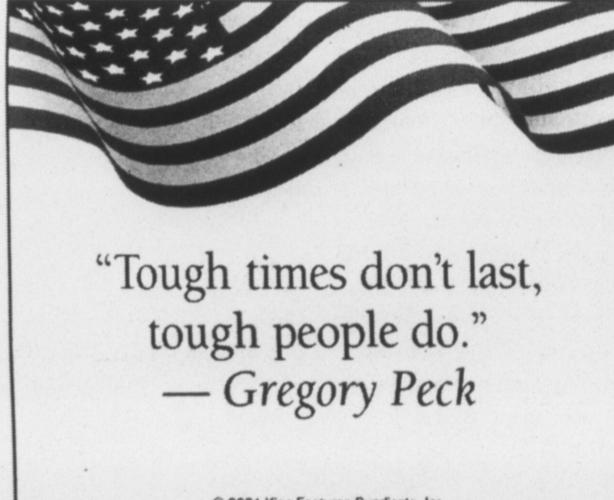
Massachusetts's average gas price is 13 cents lower than the national average.

"We anticipate demand will continue to increase throughout the month as vaccinations become more widely available and weather turns warmer," said Mary

Maguire, AAA Northeast Director of Public and Government Affairs. "This will lead to fluctuation at the pump throughout the spring season."

AAA Northeast's April 5 survey of fuel prices found the current national average to be 1 cent higher than last week (\$2.86), averaging \$2.87 a gallon. Monday's national average price is 12 cents higher than a month ago (\$2.75), and 94 cents higher than this day last year (\$1.93).

Americanisms

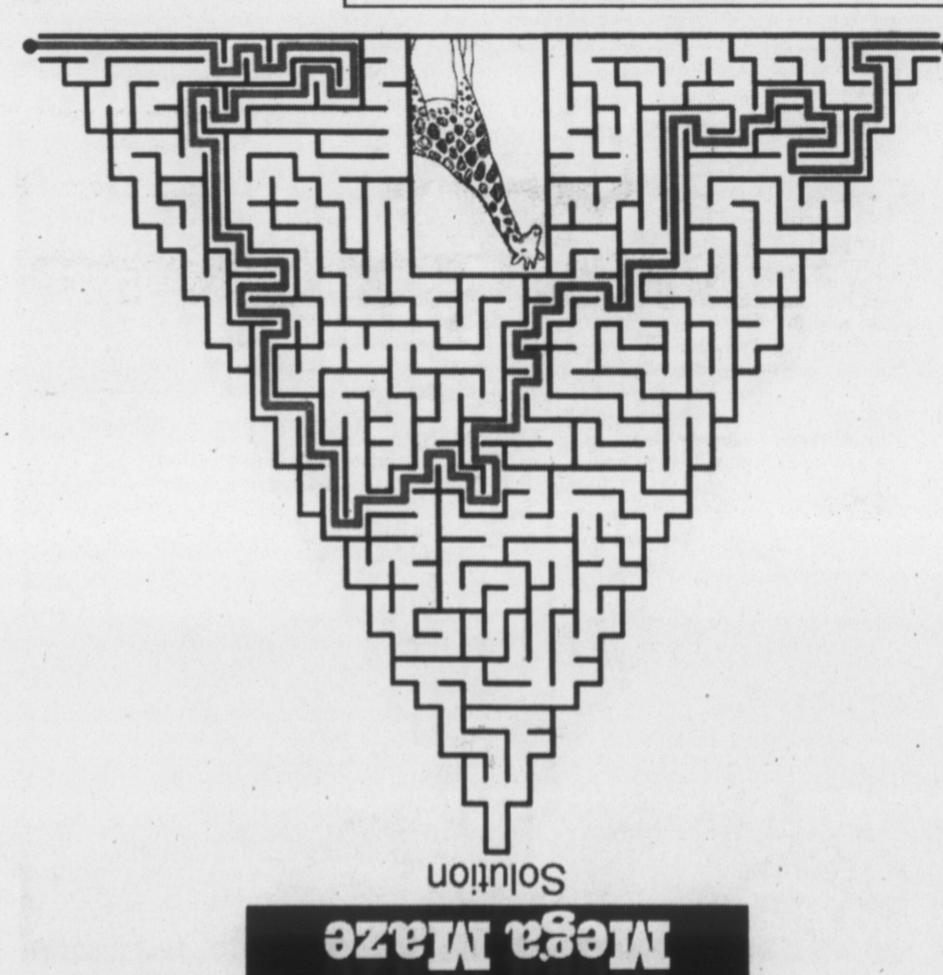
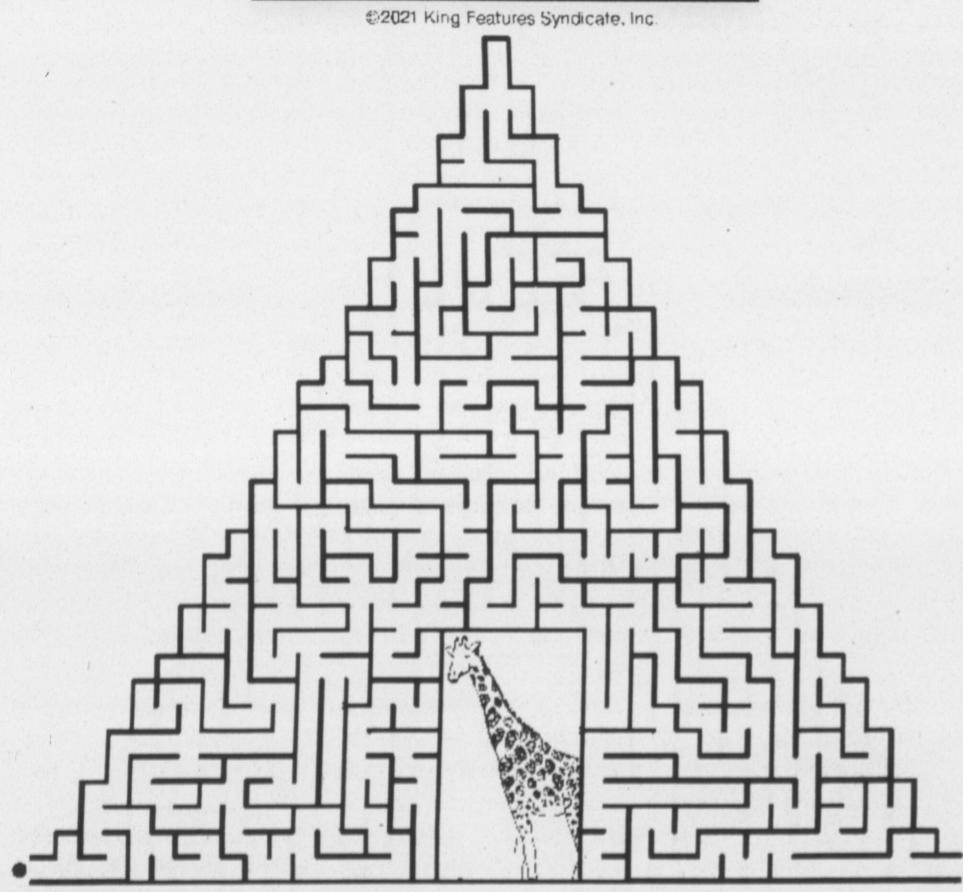


"Tough times don't last,
tough people do."
— Gregory Peck

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Mega Maze

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Mega Maze

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Quincy/North Quincy Girls Win Basketball Tournament

A combined team of Quincy High girls and North Quincy High girls and one Broad Meadows Middle girl recently won the Zero Gravity basketball tournament that was held at Thayer Sports center in Braintree and Dana Barros Center in Stoughton.

The girls – who all grew up playing in the Sacred Heart basketball program – competed and more than held their own in the 10th grade division despite only having two 10th grade girls, nine 9th grade girls and one 8th grade girl.

Things did not start very well as the Quincy/North Quincy girls fell behind 15-1 in the first four minutes against a hot shooting Middlesex Magic 1 team. After a timeout the Quincy/North Quincy girls switched from a zone defense to an aggressive full court man to man pressing defense and the results were nothing short of amazing. The Quincy/NQ squad took advantage of its depth as they rotated 12 girls in and out of the game keeping everyone fresh and

wearing down the Middlesex Magic team.

Mary Saccoach, a 9th grader from Quincy High (and a Patriot League all star), Orlagh Gormley, a 9th grader from North Quincy (and also a Patriot League all star) and 8th Grader Alyssa Hopps from Broad Meadows Middle sparked the comeback with some tenacious defense that led to several fast break hoops that got Quincy/NQ back into the game. Molly Toland, a 9th grader from North Quincy; Ruby Ahern, a 9th grader from North Quincy; Paige Mann, a 9th grader from Quincy and Bridget Capone, a 10th grader from North Quincy entered the game and continued the full court pressure defense.

Autumn O'Campos, a ninth grader from Quincy High; Caroline Tracey, a 10th grader from Quincy High; Ava Bryan, Ava McGrath and Jillian Jaehnig, all three 9th graders from North Quincy High did a terrific job of boxing out on the defensive boards and crashing the offensive boards to

support the comeback effort and the Quincy/North Quincy girls defeated Middlesex Magic 62-51.

From that point the Quincy/NQ girls were not to be stopped as none of their opponents could handle the intense full court man to man pressure as Quincy rolled past the Bay State Jaguars 44-23, Middlesex Magic 2 51-25 and finally defeated the Rhode Island Storm in the championship 53-20.

All 12 players contributed in some way as the team played very hard nosed and unselfish basketball. Quincy/NQ actually had a different high scorer in each of its 4 games. Hopps scored 19 points in game 1, Gormley scored 11 points in game 2, Toland scored 10 points in game 3 and Saccoach scored 13 points to lead the way in the championship. All 12 girls scored at least 10 points in the tournament except Mann who ran the point flawlessly and tied Gormley for the team lead in assists. As far as scoring went for the tournament, Gormley's 38 points

led the way, followed by Jaehnig 12, Capone and Hopps 35 points, Saccoach 26, Toland 20, McGrath 17, Ahern and Tracey 14 each,

led the team in rebounding. Saccoach, Gormley and Toland led the team in steals.



A COMBINED TEAM of Quincy High girls and North Quincy High girls and one Broad Meadows Middle girl recently won the Zero Gravity basketball tournament. Front row left to right: Jillian Jaehnig, Coach Mark Jaehnig, Mary Saccoach, Molly Toland. Back row Ava McGrath, Alyssa Hopps, Autumn O'Campos, Bridget Capone, Ruby Ahern, Orlagh Gormley, Paige Mann, Caroline Tracey. Missing from photo Ava Bryan.

Courtesy Photo

\$150 Million Sought For Infrastructure Improvements

By SCOTT JACKSON

Mayor Thomas Koch on Monday put forward requests to borrow more than \$150 million to pay for infrastructure improvements – including streets, sidewalks, water mains and sewers – over the next several years.

The mayor submitted five different bond orders related to those requests at Monday's City Council meeting. The items were all referred to the council's finance committee for consideration at a future date.

The largest of the five

bonds, \$100 million, would go to street and sidewalk improvements. Of that total, \$11 million would be used for work this summer and the remaining \$89 million would be set aside for future years.

Public Works Commissioner Al Grazioso, in a memo provided to councillors, said the city would continue to fix roads and sidewalks at an aggressive pace.

"We will continue our aggressive pace of roadway and sidewalk work, effec-

tively doubling the number of streets that the city had traditionally paved every year, prior to the last roadway bond," Grazioso said. "This aggressive investment had resulted in a majority of our '5-year plan' being completed in about 3 years."

Going forward, he said the city would undertake approximately \$12 million in road and sidewalk work annually, which also accounts for state funding. Of that \$12 million, \$10 million would be spent on neighborhood roadways and \$2 mil-

lion on main streets.

In his memo, Grazioso identified two dozen streets that would be repaved, either partially or entirely, this year. They are: Darrow Street, Mears Avenue, Shed Street, Baxter Avenue, Shea Street, Ardell Street, Division Street, Harriet Avenue, Pope Street, Small Street, Ames Street, Willard Street, Wesson Avenue, Wolcott Road, Morgan Road, Ridge-way Street, Sims Road, Sturtevant Road, Waterston Avenue, Dimmock Street, East Squantum Street, Ocean Street, Sharon Road, Williams Street and Albion

Road.

Koch is also seeking a \$40 million bond for water system improvements, which likewise would pay for work this year and in future years. Grazioso said the city would spend \$8 to \$9 million each year on water mains, supplemented with funding from the MWRA.

Grazioso identified 20 streets where water mains would be replaced this year: Arnold Street, Avalon Avenue, Phipps Street, Quincy Avenue, Becket Street, Evans Street, Harriet Avenue, Montclair Avenue, Ruthven

Street, Sagamore Avenue, Sterling Street, Quarry Street, Phillips Street, Filbert Street, Stedman Street, Wayland Street, Hancock Street, Parke Avenue, Standish Road and Dunns Hill Road.

The mayor is also seek-

ing to borrow \$4.6 million for sewer system improvements this year, an additional \$6.5 million for sewer work from a special state financing programming, and \$3.18 million from a different state financing program for water quality and stormwater planning purposes.

Quincy Access Television
88 Washington Street
Quincy, MA 02169

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Public Access Channel 8

Thursday, April 8
5:00pm: Bethany Congregational Church
8:00pm: AM Quincy: Rep. Bruce Ayers

Friday, April 9
11:30am: Currently in Quincy
7:00pm: AM Quincy: Rep. Tackey Chan

Saturday, April 10
12:00pm: CIQ Interview: DOVE
1:00pm: The Call

Sunday, April 11
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, April 12
11:30am: Currently in Quincy
8:00pm: CIQ Interviews: DOVE

Tuesday, April 13
7:00-9:00am: LIVE: AM Quincy w/ Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, April 14
5:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, April 8
1:30pm: Falls Prevention and Stress Management
6:00pm: At Your Library: April Happenings
7:00pm: In Your Neighborhood: Ward 3 Ian Cain

Friday, April 9
6:00pm: Update DPW: Spring Season
7:30pm: State View: Rep. Bruce Ayers

Saturday/Sunday, April 10/11
10:00am: In Your Neighborhood: Ward 3 Ian Cain
10:30am: State View: Rep. Bruce Ayers
12:00pm: City Council/Finance Committee 4/5
4:30pm: Board of License Commissioners 4/6
7:00pm: City Council/Finance Committee 4/5

Monday, April 12
1:00pm: Growing Dahlias with Katherine LaLiberte
1:30pm: In Your Neighborhood: Ward 3 Ian Cain
6:30pm: LIVE: City Council

Tuesday, April 13th, 2021
1:30pm: Timing is Everything: Pandemic Era
5:30pm: LIVE: Zoning Board of Appeals

Wednesday, April 14th, 2021
7:00pm: City Council 4/12

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

www.qatv.org
617-376-1440
617-376-1441

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LEGAL NOTICE

CITY OF QUINCY IN COUNCIL

ORDER NO. 2021-036
ORDERED:

April 05, 2021

BE IT ORDAINED by the City Council of the City of Quincy that Chapter 319 Utility Permits of the City of Quincy Municipal Code is hereby amended as follows:

Section 319-10. Installation of Small Cell Wireless Facilities – Subsection E. Standard of Review (4) is hereby amended to read as follows:

(4) The dimensions of the antenna do not exceed 16 inches in diameter or 40 inches in height; provided, however, that as new technology becomes available, the Director of Inspectional Services is hereby authorized to permit Antenna configurations that are otherwise consistent with the Federal Communications Commission's definition of Small Cell Wireless Facility.

This amendment shall take effect upon enactment.

Pending in the Ordinance Committee of the Quincy City Council to be passed at a later date.

A TRUE COPY
ATTEST: Nicole L. Crispo
Clerk of Council

Councillors Approve Public Safety HQ Bond

Cont'd From Page 1
remaining five.

Monday's meeting was the second session in which councillors deliberated the request to borrow the \$120 million for the project. Councillors had raised questions about the price tag during the previous meeting on March 15.

At that prior meeting, Council President Nina Liang had asked for further details about the cost estimates for the project. She noted the budget included line items to purchase several microwaves for \$1,000 each, among other things.

On Monday, Peter Bradley, the cost estimator for the project, said his estimates include both the cost to purchase individual items as well related costs, such as labor. The city, he said, plans to purchase commercial-grade microwaves that cost roughly \$700 each and the \$1,000 estimate also includes money to ship and install each unit.

"I understand sometimes you might look at individual items and wonder why something seems so high compared to what you might see yourself if you are going down to Home Depot or you're doing a home renovation," Bradley said. "In the large-scale commercial world, the pricing structure is a lot different and that is what we are trying to reflect in our estimates."

Bradley said his estimates are based on the market value for each item and include markups, such as labor costs and a fee that is paid to the contractor. Based on past projects, Bradley said his estimates generally come in 3.9 percent higher than the lowest bid and about a half percent higher than the average bid.

"We're really looking for an average number. We're not trying to get the lowest possible number within our estimate – we allow the market to go and do that and find out what the lowest possible number is," Bradley said. "Our track record is excellent. We've been around for 30 years; clients wouldn't hire us if we couldn't get the numbers right. The numbers don't lie so you can't hide from the numbers."

Municipal Finance Director Eric Mason noted the city would not simply borrow the full \$120 million at the start of the project – in fact, he said the IRS would not allow the city to do so. Rather, he said the city would borrow money after it is already spent using up to six different bonds over as many years.

Councillor Anne Mahoney made the proposal to cut the \$1.2 million from

the bottom line of the borrowing request. The \$1.2 million was based on the difference in price between installing a slate and copper roof, as the city had proposed, and a roof made up of asphalt shingles.

Mahoney said some of her colleagues were "just saying yes to anything that comes along," but should be looking to hold the line on spending.

"There are places we can save money, and this is one of them and it is not going to hurt our city and it is not going to hurt our public safety building and it is not going to hurt anybody," she said. "If we allow this to go through, we are going to be hurting the taxpayers of the city of Quincy."

Councillors rejected the proposed cut in a 5-4 vote. Noel DiBona, Brian Palmucci and Liang joined Mahoney in supporting the cut. Anthony Andronico, Ian Cain, William Harris, David McCarthy and Charles Phelan Jr. voted against it.

Cain, the Ward 3 councillor, said he did not appreciate the suggestion that he and his colleagues were not looking out for the city's residents.

"This seems more like an overture for political election," he said. "I don't appreciate anyone claiming that we're not doing things with the right things for the residents in mind."

Liang said she was comfortable supporting the cut because the final cost of the project is likely to come in under the \$120 million ask, based on Bradley's comments earlier in the evening.

Prior to councillors' vote on the proposed cut, Chris Walker, Koch's chief of staff, said that "under no circumstances is this roof going to be asphalt shingle."

Walker said cost cutting on past building projects, like the 1980s renovations to the current police headquarters, have led the city to spend good money after bad.

During the meeting, Mahoney and several colleagues said they would support using local labor on the project. City Solicitor Jim Timmins said the city could not mandate hiring local workers, pointing to the Responsible Employer Ordinance the council passed in 2010, which was later struck down in federal court.

"The bid process is going to protect the taxpayers," Timmins said. "It is going to result in the best pricing, but we can't necessarily tailor where the workers come from."

Joseph Shea, an engineer with Granite City Partners, said the city is pursuing a construction manager at-risk to oversee the project.



ARTIST RENDERING of the new public safety headquarters at 1 Sea St., which will house the Police Department, the Emergency Management Department and the Fire Department's administrative offices. City councillors approved a \$120 million bond to pay for construction of the building and nearby infrastructure work Monday. Construction is expected to begin this summer and the building could open in the fall of 2023.

Rendering Courtesy City of Quincy

Six firms made it past the initial screening process, he said, and the winning bid could be awarded next month. The contract, which will include a guaranteed maximum price, could be finalized in June.

The public safety headquarters will be located at 1 Sea St., currently home to the city's police station. It will house the Quincy Police Department, the Emergency Management Department, and the administrative offices of the Quincy Fire Department. The new building will have roughly twice the square footage of the current police headquarters, Shea said.

The new building is expected to have a lifespan of 100 years or more. Public Buildings Commissioner Paul Hines said several municipal buildings, like the Coddington Building and the Crane Library, have likewise stood the test of time.

"Coddington wasn't always a historic building. The library wasn't always a historic building," he said. "At one point in time, the city of Quincy built those buildings new and we are doing similar work today."

McCarthy, the Ward 1 councillor in whose district the building will be constructed, said the city deserves to have a new building of such quality.

"Quincy deserves to have a quality building. If you don't have a quality building, you're back at in 10 or 15 years, you're back in front of probably another council," seeking additional funds, McCarthy said.

"It's like buying a suit and skipping the shoes – you have to get the whole thing right."

The City Council in 2019 approved a \$32 million bond to acquire five parcels of land – four in the vicinity of the police station and the fifth on Quincy Avenue,

where a new fire station would be built to house the apparatus now at fire headquarters. The \$32 million also included money for design, permitting and demolition costs. Those parcels have all been acquired and demolition work has already begun.

The new contractor for the project will likely start earthwork in June and full construction on site could begin in August. The building could be ready to open in the fall of 2023. The current police station would then be demolished, and final site work completed by the spring or summer of 2024.

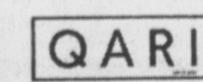
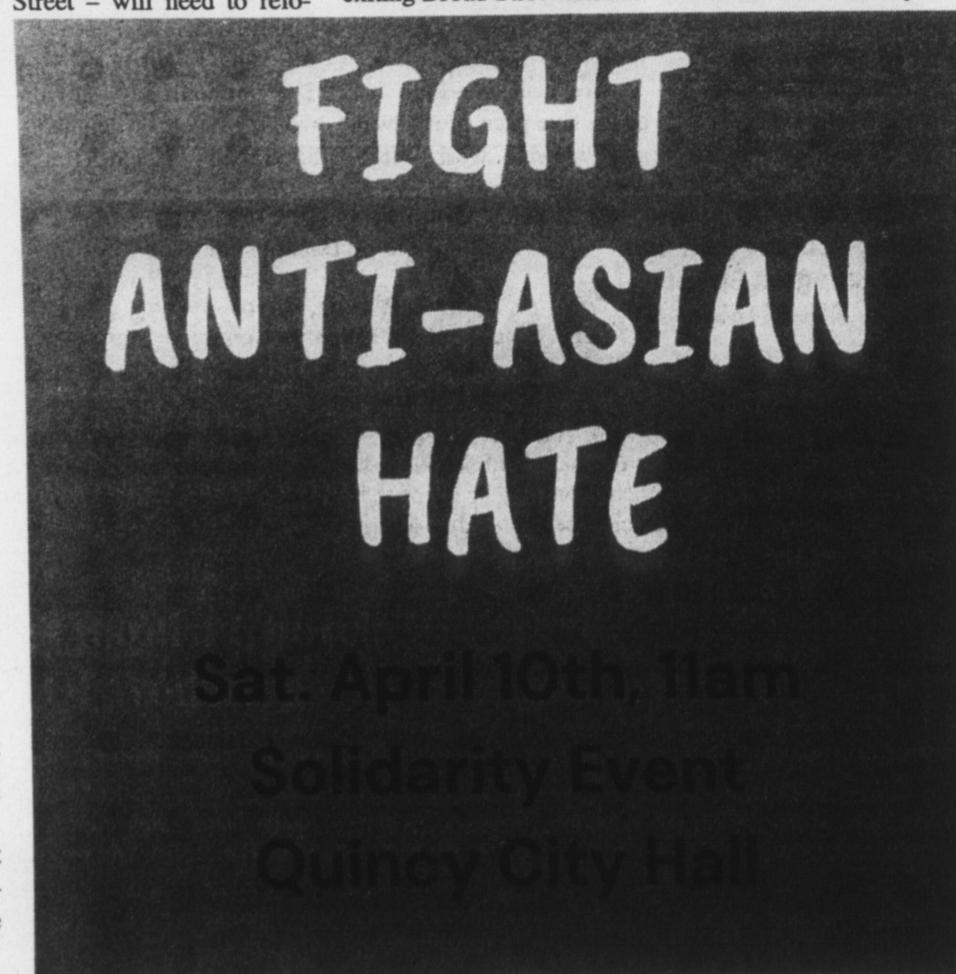
As part of the project, Father Bill's Place and the Quincy Animal Shelter – both of which are located in city-buildings on Broad Street – will need to relocate.

As part of the project, the city will reconstruct the road linking Field Street to Broad Street. That means vehicles exiting Broad Street can use

the signalized intersection at Field Street and Southern Artery to head southbound on Southern Artery rather than taking a left-hand turn from Broad Street.

Shea previously said the city will install a new divider on Southern Artery to stop vehicles from taking left-hand turns across the opposing traffic lanes. The divider will have a wrought-iron fence on top of it to stop pedestrians from cutting across Southern Artery as well.

The vehicular entrance on Sea Street will be placed opposite the entrance to Mount Wollaston Cemetery, Shea said, and new traffic lights will be added there as well. The lights could be used to stop traffic on Sea Street if police need to exit the site or if there is a large funeral at the cemetery.



www.QARI.org

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Distracted Driving Crashes Kill Nine People Per Day

AAA Unveils New Public Service Announcement During National Distracted Driving Awareness Month

Simply having a phone conversation can quadruple the risk of a crash. Texting increases the risk by up to a factor of eight. Despite the common advice to always keep both eyes on the road, the latest AAA research suggests that might not be enough to stay safe.

As traffic begins to pick up across the country with increased vaccinations and decreased pandemic restrictions, AAA Northeast reminds drivers about the importance of focusing on the road ahead and not on their smartphones during National Distracted Driving Awareness month.

Twenty-three people in Massachusetts died in distracted driving crashes in 2019, according to the National Highway Traffic Safety Administration (NHTSA). Nationally,

distracted driving crashes killed 3,142 people, an average of 9 deaths per day. That number was up 10 percent from the year before (2,839 deaths in 2018).

Distracted driving remains a growing traffic safety problem, according to the AAA Foundation for Traffic Safety's 2019 Traffic Safety Culture Index. The survey found most drivers—96 percent—believe typing or reading on a handheld cellphone while driving to be very or extremely dangerous. Despite that, 39 percent admit to reading, and 29 percent admit to typing on a smartphone at least once while behind the wheel within the last month.

In Massachusetts, using a hand-held device is illegal while driving—including while stopped at a red light or stop sign. But this survey

suggests drivers often hold and handle their phones while stopped on the roadway, and aren't aware of the "hangover effect" which comes from interacting with technology while behind the wheel. AAA researchers find drivers can stay distracted and disoriented for up to 27 seconds after using smartphones or voice-to-text vehicle infotainment systems to send text messages, make phone calls or update social media. At 25 mph, a driver could travel the length of nearly three football fields in that 27 second span.

"Even if drivers perform some of these tasks illegally while stopped at a red light or stop sign, once you start moving, and even after you stop using the technology, your mind is still not fully focused on the task of driving for up to 27 seconds,"

said Mary Maguire, Director, Public and Government Affairs at AAA Northeast. "This is a dangerous situation that could lead to inattention blindness, where you're looking at the road but not seeing what's in front of you, putting other drivers, cyclists, and pedestrians at risk."

AAA encourages all motorists to eliminate distracted driving by following these tips:

- **Put it away.** Place your mobile device out of sight to prevent temptation.
- **Know where you're going.** If using a navigation system, program the destination before driving.
- **Pull over.** If you must call or text while on the road, pull off the road safely and stop first.
- **Ask passengers for help.** If riding with some-

one, seek their help to navigate, make a call or send a message.

• **Be a good passenger.** Speak out if the driver of your vehicle is distracted.

• **Don't be a distraction.** Avoid calling or texting others.

Cont'd On Page 28

LEGAL NOTICE

CITATION GIVING NOTICE

OF PETITION FOR

APPOINTMENT OF

GUARDIAN FOR

INCAPACITATED PERSON

PURSUANT TO

G.L. c. 190B, §5-304

Docket No. NO20P3109GD

Commonwealth of

Massachusetts

The Trial Court

Probate and

Family Court

Norfolk Probate

and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Ron Huai Yang

Date of Death:

12/15/2020

To all interested persons:

A Petition for Formal Appointment of Personal Representative

has been filed by

William H. Yang of Quincy,

MA requesting that the Court

enter a formal Decree and

Order and for such other

relief as requested in the

Petition.

The Petitioner requests that: **William H. Yang of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 04/28/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 26, 2021

COLLEEN M. BRIERLEY

Register of Probate

4/8/21

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both.

The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 2, 2021

COLLEEN M. BRIERLEY

Register of Probate

4/8/21

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS

INVITATION TO BID

SPECIFICATIONS AND SPECIAL CONDITIONS REPAINTING OF STREET LIGHT POLES

The City of Quincy, Department of Traffic, Parking and Lighting (TPAL) is seeking sealed bids for **REPAINTING OF STREET LIGHT POLES** until **11:00 a.m. local time April 22, 2021**, in the office of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. Late bids delivered by mail or in person will be rejected.

The work includes, but not limited to field verify pole dimensions and condition and determine the most appropriate substrate preparation and type of painting procedure.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check. (based upon an estimate of \$75,000.00)

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive, and/or unbalanced bids may be rejected.

Thomas P. Koch

Mayor

4/8/21

Christopher Cassani

Department Head

Kathryn R. Logan

Purchasing Agent

REQUEST FOR QUALIFICATIONS

REQUEST FOR QUALIFICATIONS

CITY OF QUINCY, MASSACHUSETTS

Public Building Department

Thomas P. Koch, Mayor
Paul J. Hines, Public Buildings Commissioner

Request for Qualifications (RFQ)

In accordance with M.G.L. Chapter 149, The City of Quincy, Massachusetts requests Qualification Statements from firms interested in being Pre-Qualified as General Contractors on the proposed Richard DeCristofaro Learning Center 180 Old Colony Avenue Quincy, MA. Responses from eligible Firms will be used to prequalify the firms to participate in a Bid Process by the City at a later date. This project incorporates the requirements set forth in M.G.L. Chapter 149.

Statement of Qualifications will be received at the office of the Purchasing Department, City Hall, 1305 Hancock Street, Quincy, MA 02169 until **April 29, 2021 @ 11:00 a.m.**

Copies of the Request for Qualifications will be available in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169 between the hours of 8:30AM and 4:30 PM or on-line at the City of Quincy's Website, www.quincyma.gov

The City shall determine the selected Proposer(s) and reserves the right to withdraw the Request for Qualifications; to reject any and all qualifications packages; and to select any qualifications packages deemed to be in the best interest of the City of Quincy.

The selection and award of potential Contract shall be in full compliance with Massachusetts General Laws, Chapter 149, as last revised, all Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity. The City reserves the right to waive any informality in or to reject any or all qualification packages when such an action is deemed in the best interests of the City. The City of Quincy reserves the sole right to amend this RFQ by formal Addendum.

All questions regarding this Request for Qualifications should be directed to Kathryn R. Logan, Purchasing Agent through email: purchasing@quincyma.gov Questions will be accepted until April 23, 2021 at 12:00 PM.

Non-responsive qualification packages may be rejected.

Thomas P. Koch

Mayor

4/8/21

Paul J. Hines

Commissioner, Public Buildings Dept.

Kathryn R. Logan

Chief Procurement Officer

OBITUARIES

Michael P. Garofalo, 49

Michael P. Garofalo, age 49, of Hull, died March 31 at his home.

Mr. Garofalo was born, raised, and educated in Quincy. He was a graduate of North Quincy High School, Class of 1990. Mr. Garofalo lived his entire life on the South Shore but most loved living near the beach in Quincy and Hull.

He had been a member of the Laborers Union, Local 88, and was an excellent mechanic.

Mr. Garofalo was particularly thoughtful and kind to others and would always lend a helping hand. He loved Italian and Middle Eastern food, spending summer days at the beach, and collecting antiques, cars, and motorcycles. He will be fondly remembered for his great sense of style. Mr. Garofalo will be deeply missed by all.

Beloved father of Michelle Garofalo of Whitman and Marco Sylvester of Pembroke, and devoted grandfather of Kailey. They were the joys of his life.

Loving son of Dianne (Derany) Bertocchi of Quincy and Michael J. Garofalo and his wife Mary of Norfolk.

Dear brother of Andrea L. Hillier and her husband



MICHAEL P. GAROFALO

Dennis Morrison, 74

Dennis Morrison, 74, of Squantum died March 30 in the Melrose-Wakefield Hospital after being in failing health.

Mr. Morrison was born in Boston and raised in Squantum and was a graduate of North Quincy High School. He also lived in Everett for years and spent time in Florida. Mr. Morrison served in the U.S. Army in Vietnam during late 1960s. He was part of the 1st Cavalry Division, one of the most decorated combat divisions, of the U.S. Army and received the Vietnam Campaign Medal among others.

He worked as a warehouse manager for the Stop & Shop Companies for many years and was a strong supporter of the Wounded Warrior Project. Mr. Morrison enjoyed camping, the Bruins and Red Sox and working his sausage stand outside of Fenway Park.

Son of the late Frank and Edith M. (Cody) Morrison. Preceded in death by his late Brother Thomas "Jake" Morrison and late sister Maureen Doherty. He is survived by his former wife Jannine Spigel, his son Jamie Morrison and grandsons Quannah and



DENNIS MORRISON

Moon Morrison, his brother Frank Morrison Jr. (Kathleen), sister Colleen Askin and her husband and Dennis, close friend Jeff Askin, brother Kevin Morrison and wife Anne, sister Kathleen Shea and husband Joe Shea and brother-in-law James Doherty. Mr. Morrison is also survived by 17 nieces and nephews and some close friends in Boston and Florida.

A private ceremony will be held at the Massachusetts National Cemetery in Bourne.

There will also be a public celebration of life by friends on Nov. 11 at the Village Pump in Lauderdale by the Sea, FL.

Funeral arrangements were made by Cafasso Funeral Home, Everett.

Robert Paine, 81

Robert "Bob" Paine, age 81, of Sagamore Beach, died comfortably and peacefully on March 29 at Beth Israel Deaconess Hospital in Plymouth surrounded by his loving family.

Mr. Paine was born in the Forest Hills neighborhood of Boston, raised in Quincy, and was a graduate of Thayer Academy and Northeastern University.

He was the former owner of General Auto Supply, Inc. in Quincy, a company started in 1951 by his parents, where he continued to work full time up until the time of his passing.

Mr. Paine loved coaching youth hockey and served as the president of the Hanover Youth Hockey Association for a number of years during the '60s and '70s. As a grandfather, Mr. Paine enjoyed nothing more than watching his grandchildren participate in various activities. Bob and Bonnie were often recognized as the "Team Grandparents" on their grandchildren's numerous teams as they loved watching all of the players. To continue his love of hockey, Mr. Paine began attending Bourne High School hockey games at Gallo Arena. He also loved working with his hands; he spent decades working on his extensive model train collection.

Services for Mr. Paine will be private for his family.

Memorial donations may be made to St. Jude's Children's Research Hospital.

Funeral arrangements were made by Richardson-Gaffey Funeral Home, Scituate.



ROBERT PAIN

tion and train table and was a skilled wood craftsman.

Mr. Paine was a devoted, loving husband of 60 years to Bonnie Paine. Together they built a beautiful family. In addition to his wife, Bob is survived by his son Donald "Scott" Paine and his wife Deborah Paine of Scituate; daughter Cindy Ciessau and her husband Bob Ciessau of Scituate; and his much loved grandchildren, Ryan Paine and his wife Kaci, Rachel Paine and her boyfriend Collin, Alex Ciessau and his fiancée Ilayda, Tucker Ciessau and his fiancée Jennifer and Trevor Ciessau and his girlfriend Shannon. Bob was the son of the late Marion and Ellsworth "Al" Paine.

Services for Mr. Paine will be private for his family.

Memorial donations may be made to St. Jude's Children's Research Hospital.

Funeral arrangements were made by Richardson-Gaffey Funeral Home, Scituate.

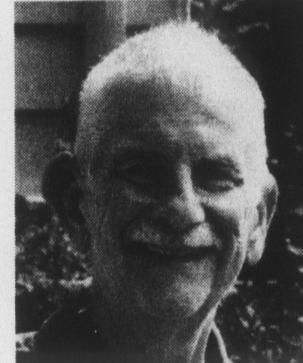
Jerry R. Faust, 73

Jerry R. Faust, age 73, of Quincy, died March 30 of Alzheimer's disease. His long-time partner, Laura Liscum, was with him.

He was the son of the late Jack Faust and the late Mary (Pigg) Faust. In addition to Laura, Dr. Faust is survived by his brother, John Faust of Bedford, TX, his former wife, Kathy L. Faust of Plano, TX, many cousins, friends from around the world, and his beloved dog, Zoe.

Dr. Faust was born in Dallas, TX and raised in the Oak Cliff area of Dallas. He graduated from Stephen F. Austin University with a degree in chemistry, then obtained a Master's in chemistry from the University of Texas at Arlington. He worked for many years in the Department of Molecular Genetics at the University of Texas Southwestern Medical School, which is where he and Laura met.

He worked at the DuPont Experimental Station for two years then moved to Boston to join Laura in 1987. Dr. Faust obtained his PhD in physiology from



JERRY R. FAUST

Tufts University after which he was appointed to the Tufts University School of Medicine faculty. Dr. Faust had a long productive career as a biomedical researcher and teacher before retiring in 2016 as associate professor emeritus.

Dr. Faust loved science, football officiating, golf, mentoring students, country music, building stone walls and rock sculptures in Vermont, and his dogs. He was adored by many and will be greatly missed.

A memorial gathering will be held in the coming months.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Nancy C. Coletti, 85

A funeral Mass for Nancy C. (Flaim) Coletti, age 85, of South Weymouth, formerly of Quincy, was celebrated Tuesday at Divine Mercy Parish in Saint Mary's Church, Quincy.

Mrs. Coletti died peacefully March 30 in the comfort of her home, surrounded by her loving family.

For fifty-one years, she was the beloved and devoted wife of Robert A. Coletti, until his passing in 2010. Devoted mother of Lisa M. O'Sullivan of South Weymouth, Robert S. Coletti and his wife Rita of Norfolk, and Diane N. Wilcox and her husband Michael of South Weymouth. Her greatest joy was being a mom, a grandmother to her five grandchildren, Kevin, Marina, Jessica, Matthew, and Anthony, and spending time with her family.

Mrs. Coletti was born and raised in Quincy, and was predeceased by her parents, Bertolo and Vittoria A. (Salvini) Flaim. She is survived by her loving sister, Sylvia L. Johnson of Warwick, R.I. She is also survived by several nieces and nephews.

Raised and educated in Quincy, Mrs. Coletti was a graduate of Quincy High School, Class of 1953. She lived the majority of her life in Quincy, and lived in South Weymouth with her



NANCY C. COLETTI

family for the past eight years.

Mrs. Coletti worked at the former Quincy Medical Center as a medical stenographer for over forty years and retired in 2010.

She possessed unrelenting strength while being the kindest, gentlest soul. Mrs. Coletti lived life with a laugh and a smile. She lived life by hard work and doing what was right. She lived life with an appreciation for the little, important things. Her family and everyone who met her is blessed to live by her example, and we know she will always be with us.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Boston Higashi School, 800 North Main St., Randolph, MA 02368.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Dear brother of Andrea L. Hillier and her husband



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Daniel L. Burke, 58

Daniel L. Burke, age 58, died peacefully April 2 at the Carney Hospital in Dorchester.

Mr. Burke was born, raised, and educated in Mattapan. He graduated from Saint Gregory's Elementary School in Dorchester and Catholic Memorial High School in West Roxbury, Class of 1981. Mr. Burke lived in Quincy for five years, previously in South Boston for most of his life.

He worked for thirty-five years as a letter carrier for the United States Postal Service. Mr. Burke especially enjoyed his relationships with the residents and business proprietors whom he delivered to. He was delighted to have

**DANIEL L. BURKE**

a pizza named after him at Schoolhouse Pizza in Quincy Square called "Danny the Mailman Special Delivery."

Mr. Burke, like his father, enjoyed cooking, golfing, and singing.

Beloved son of the late

Weston J. and Catherine V. (Leonard) Burke. Devoted brother of Weston Burke of Weymouth, Paul Burke of Mansfield, Kathleen Burke of Rockland, Edward Burke of VA, Francis Burke of Port Jefferson, NY, and Nancy Griffin of Croton-on-Hudson, NY. He is also survived by many aunts, uncles, nephews, cousins, and friends.

In light of current events, memorial services will be conducted at a later date.

Memorial donations may be made to Father Bill's & MainSpring, 430 Belmont St., Brockton, MA 02301.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Visiting hours for Jean Ann MacFaun, age 63, of Quincy, formerly of Brockton, were held Wednesday from 4 to 7 p.m. in Ashley Funeral Home, Middleborough.

Ms. MacFaun died March 26 at Brigham and Women's Faulkner Hospital in Boston, after a four-year battle with cancer.

She grew up in Brockton and was a graduate of art and design from Southeastern Voc. Tech in 1976. Ms. MacFaun spent the last 30 years of employment at Volume Apparel of Stoughton and Wash N' Dry Laundromat of Quincy.

**JEAN A. MACFAUN**

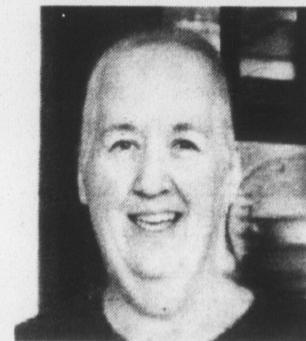
She loved music, shopping, and just going out for joy rides in her car. Ms. MacFaun was a people's person and touched many of hearts

with her wonderful personality. This angel will always be loved, remembered and missed forever.

Ms. MacFaun was the beloved daughter of Janice MacFaun (DeLaKoski) and the late Clayton W. MacFaun of Brockton; loving sister to Mark J. MacFaun and his wife Ying MacFaun of Florida and loving sister to Andrea J. Diamond of Brockton.

Funeral and interment services will be private.

Memorial donations may be made to MSPCA-Angell, Attention: Donations, 350 South Huntington Ave, Boston, MA 02130.

Ellen J. Quigley, 64**ELLEN J. QUIGLEY**

A funeral Mass for Ellen Jane Quigley, 64, of Quincy, was celebrated Tuesday in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

Ms. Quigley died March 31 at Pat Roche Hospice House in Hingham surrounded by her family.

The devoted mother of Marc Quigley of Weymouth. Cherished daughter of Eleanor (Rich) Quigley of Quincy and the late James Quigley. Loving sister of James Quigley of Quincy, Stephen Quigley of Bridgewater, Annmarie Florette of Weymouth and Kevin Quigley of Plymouth. Ellen is also survived by many nieces and nephews.

Ms. Quigley enjoyed traveling, baking and photography. The cornerstone of her life was her family and friends, she cherished the time she spent with them. She will be sadly missed by all those who blessed to have known her.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to the Lustgarten Foundation, Pancreatic Cancer Research, 415 Crossways Park, Suite D, Woodbury, New York, 11797.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Eileen F. Desmond, 76**EILEEN F. DESMOND**

A Mass of Christian Burial for Eileen F. (Howett) Desmond, 76, of Quincy and OFD, was celebrated Wednesday in St. Gregory's Church, Dorchester.

Mrs. Desmond died March 30 with her family by her side.

Born and raised in Dorchester to the late Robert and Eileen (Roper) Howett. Mrs. Desmond was a graduate of Saint Gregory High School and had a career as a medical clerk for a local doctor's office. An avid sports fan, Mrs. Desmond sup-

ported all her New England teams, most especially the New England Patriots, Boston Red Sox, and the Bruins. Family was of the utmost importance to her. Her love for her husband, sons, and grand-

children always came first. Beloved wife of Thomas S. Desmond. Loving mother of Thomas Desmond, Jr., of Sharon, Robert Desmond and Brian Desmond, both of Quincy and Scott Desmond of Boston. Cherished grandmother of Michael, Mark, Kevin, Emily, Kaelyn, Ryan, Brody, Elise and Claire. She was predeceased by her grandson Thomas.

Interment private.

Funeral arrangements were made by Dolan Funeral Home, Dorchester.

Genevieve Commesso, 60**GENEVIEVE COMMESSO**

Visiting hours for Genevieve "Jenny" Commesso, 60, of Quincy were held April in Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Ms. Commesso died March 20.

Loving mother of Cody Brown and Tammy Commesso, both of Quincy. Daughter of Jim Commesso and his wife Shirley of Middleboro and the late Margaret Downey and her husband Steve of Hingham. Cherished partner of Norman Brown. She was the oldest of 7 children, devoted sister of Peggy Mil-

Glennie C. Perch**GLENNIE C. PERCH**

Visiting hours for Glennie C. (Campbell) Perch of Abington were held Wednesday from 4 to 7 p.m. in McDonald Keohane Funeral Home, South Weymouth.

Mrs. Perch died April 2 at home surrounded by her loving family.

She was born and raised in Boston and went on to raise a beautiful family in Quincy, where she was blessed with great neighbors. She enjoyed many summers with her cousins in Skye Glen, Canada throughout her childhood. Mrs. Perch worked as a nursing assistant at The Boston Home in Dorchester for 40 years and cherished her friendships with the "Golden Girls."

Jr. and his wife Karen of KY, Robert Perch of Quincy, Susan Perch of KY, Allison Jenkins of Abington and son-in-law Christopher Jenkins Sr. of Weymouth. Cherished Grandma of William S. Perch, III, Dawn Connelly, Jason Perch, Amanda Monagle and her husband Scott, Christopher Jenkins, Jr. and his wife Heather, Jessica Trice and her husband Andrew. Great-grandmother of Kyra, Liam, Kaci, Malcolm, Ledger, Daisy, Lydia and Connor. Loving sister of the late Irene Campbell and dear aunt of Ted Campbell and Donna Bruno.

Interment at Village Cemetery, Weymouth, at a later date.

Beloved wife of the late William S. Perch Sr. Devoted mother of William S. Perch,

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Distracted Driving Crashes Kill Nine People Per Day

Cont'd From Page 25

ers when you know they are driving.

• **Activate Do Not Disturb.** Setting up this feature on iPhone or Android device will prevent calls from coming in while you're driving.

• **Everyone should prevent being intexticated.** Just as drivers need to pay attention, so do pedestrians and bicyclists. Never call, text or play games while walking or cycling.

This is the fourth year of AAA's distracted driving prevention initiative titled

"Don't Drive Intoxicated. Don't Drive Intexticated." The goal of the multi-media initiative is to remind drivers that the consequences of both alcohol-impaired driving and smartphone use behind the wheel could be the same - crashes that result in deaths and injuries. In addition to the survey, AAA is releasing a new television public service announcement (PSA) which targets drivers who text while they are alone in their vehicle.

For more information visit aaa.com/dontdrivedistracted.

NOTICE OF PUBLIC HEARING

ZBA 20-56

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 27, 2021 @ 5:30 P.M. to consider the application of **Kristen Dwyer** for a Variance to construct a shed within the side yard setback in violation of Title 17 as amended, Chapter 3.2.3.1 (accessory uses) on the premises numbered **37 BRAINTREE AVENUE, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 27, 2021 05:30 PM Eastern Time (US and Canada)
Join Zoom Meeting

<https://zoom.us/j/99791900221?pwd=cWxER3pmam0zWjlaT0VqUGthc2NEdz09>

Meeting ID: 997 9190 0221

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 997 9190 0221

Passcode: 066883

Find your local number: <https://zoom.us/u/ab8VZOpMqJ>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

4/8/21, 4/15/21

NOTICE OF PUBLIC HEARING

ZBA 21-19

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 27, 2021 @ 5:30 P.M. to consider the application of **Brian LaRoche** for a Variance to amend ZBA decision Z19-52 to permit the constructed fourth story to be made occupiable in violation of Title 17 as amended, Chapter 4.1 (dimensional requirements) on the premises numbered **8-10 SHORESIDE ROAD, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 27, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99791900221?pwd=cWxER3pmam0zWjlaT0VqUGthc2NEdz09>

Meeting ID: 997 9190 0221

Passcode: Quincy

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Meeting ID: 997 9190 0221

Passcode: 066883

Find your local number: <https://zoom.us/u/ab8VZOpMqJ>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

4/8/21, 4/15/21

Quincy-North Football Game Moved To Sunday

By SCOTT JACKSON

This week's football game between Quincy and North Quincy High Schools has been moved to Sunday.

Kevin Mahoney, the athletic director for Quincy High School, said the game

would kick off at noon on Sunday, April 11, at Veterans' Memorial Stadium. It had been scheduled for Friday night.

Earlier Tuesday, Laura Owens, the assistant to Supt. Kevin Mulvey, said Friday's

game had been postponed after a football-related COVID-19 case at North.

The intra-city rivals traditionally play each other on Thanksgiving morning, and the upcoming contest will be the first meeting between the Presidents and

Raiders since November 2019. Quincy prevailed in that contest 20-6 after losing their previous three games against North.

Quincy is 1-2 this season, having lost last week's road matchup against Scituate. North is 2-1 after defeating Hanover last week at home.

Poll: Even With Vaccine, Massachusetts Residents Remain Cautious About COVID

Even with vaccines against COVID-19 becoming accessible to a larger portion of the public, Massachusetts residents are cautious about returning to pre-pandemic activities, according to the latest survey from the Western New England University Polling Institute.

The telephone survey of 415 adults, conducted March 1-31, found that 44 percent were still very or somewhat worried about contracting COVID-19, down from 64 percent in the last Polling Institute survey conducted Oct. 22 through Nov. 24, 2020. Fifty-four percent said they are not

very worried or not at all worried, up from 32 percent in the fall survey.

The current level of worry did not vary significantly based on whether a respondent had received a vaccine to protect against COVID-19. Thirty-four per-

cent of the sample reported having received at least one dose of a vaccine. Among the vaccinated group 45 percent were still very or somewhat worried about contracting the virus, while 52 percent said they were not

Cont'd On Page 29

NOTICE OF PUBLIC HEARING

ZBA 21-17

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 27, 2021 @ 5:30 P.M. to consider the application of **Bon Chubueze** for a Finding/Variance to construct a two family home on the lot using a flow-through foundation and driveway pavers in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) and Chapter 5.0 (paving) on the premises numbered **15 JEWETT STREET, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 27, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99791900221?pwd=cWxER3pmam0zWjlaT0VqUGthc2NEdz09>

Meeting ID: 997 9190 0221

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 997 9190 0221

Passcode: 066883

Find your local number: <https://zoom.us/u/ab8VZOpMqJ>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

4/8/21, 4/15/21

NOTICE OF PUBLIC HEARING

ZBA 20-77

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 27, 2021 @ 5:30 P.M. to consider the application of **Nicholas James Straggas** for a Special Permit/Finding to use the space as a specialty auto repair shop in violation of Title 17 as amended, Chapter 9.4 (special permit) and Chapter 3.4.2.2 (nonconforming uses) on the premises numbered **42-48 FEDERAL AVENUE, QUINCY**.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 27, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/99791900221?pwd=cWxER3pmam0zWjlaT0VqUGthc2NEdz09>

Meeting ID: 997 9190 0221

Passcode: Quincy

Dial by your location

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Passcode: 066883

Find your local number: <https://zoom.us/u/ab8VZOpMqJ>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

4/8/21, 4/15/21

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Poll: Even With Vaccine, MA Residents Remain Cautious About COVID

Cont'd From Page 28

very or not at all worried. Among adults who said they had not yet received a vaccine, 44 percent were very or somewhat worried and 54 percent said they were not very or not at all worried.

The survey, which has a margin of sampling error of plus or minus six percentage points, also found:

Sixty percent of adults said they strongly or somewhat support the return of elementary school students to public school classrooms five days a week, which is underway in many schools across the state this week. Twenty-nine percent of respondents said they strongly or somewhat oppose the idea.

A majority of residents gave the state and Gov. Charlie Baker a grade of B or C for the rollout of the vaccination plan so far. Baker's overall job approval rating fell six points to 62 percent among all adults compared to the October-November survey, and the approval rating for the governor's handling of the state's response to the COVID-19 pandemic fell five points, to 62 percent.

Support remained high for cities and towns requiring masks in public places, with 85 percent backing the

idea, 13 percent opposed, and two percent undecided. Ninety percent supported requiring masks in public places in the fall survey.

Among survey respondents who had yet to receive a vaccine, 68 percent said they would be very or somewhat likely to get the vaccine if it was available to them today, and 29 percent said they would be very or somewhat unlikely. Among all respondents to the October-November survey, 59 percent said they would be very or somewhat likely to get the vaccine, while 38 percent said they would be very or somewhat unlikely.

Perceptions of the safety of engaging in public activities ranging from dining indoors in restaurants to working out in gyms with masks and social distancing shifted slightly in the direction of greater perceived safety, but about half of all adults still view those activities as unsafe.

Tim Vercellotti, director of the Polling Institute and a professor of political science at Western New England University, said the survey results depict a state that may be ready for life to return to some semi-

balance of pre-pandemic activity, but that many adults are cautious about rushing too quickly to do so.

"More people are willing to get vaccinated, and there is some sense of diminished threat from COVID-19," Vercellotti said. "But people still remain worried about contracting the virus, and a significant number believe that the pandemic is far from over."

When asked how long it would be before daily life could return to the way it was before the pandemic, 21 percent said "in more than a year," down eight points from the October-November survey. Eighteen percent said a year, 16 percent chose seven to 11 months, 18 percent said four to six months, and nine percent said three

months or less, with the figures inching slightly in the direction of a shorter duration compared to the fall survey. Eight percent volunteered that their lives would never return to the way they were before the pandemic, compared to three percent in the fall survey.

While the survey found that a majority of adults supported allowing students in kindergarten through fifth grade to return to classrooms five days a week, views varied significantly by gender, race/ethnicity, and age. Sixty-six percent of men and 54 percent of women strongly or somewhat supported the idea. Sixty-two percent of white respondents strongly or somewhat supported the policy, and 26 percent were somewhat or strongly op-

posed. Non-white respondents, which included African-Americans, individuals identifying as Latino or Hispanic, Asian-Americans, Native Americans, and people identifying with more than one race, were almost evenly divided about the idea. Forty-seven percent

were strongly or somewhat supportive, and 50 percent said they were strongly or somewhat opposed. Among adults ages 18 to 39, 58 percent supported giving elementary students the chance to return full time, compared to 70 percent among respondents ages 65 and older.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO21P0681EA

Commonwealth of Massachusetts The Trial Court

Probate and Family Court

Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021

(781) 830-1200 Estate of: Walter F. Clare Date of Death: 11/18/2020

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Michael Slyman of Weymouth, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Michael Slyman of Weymouth, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 04/28/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 25, 2021 COLLEEN M. BRIERLEY Register of Probate

4/8/21

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO21P0554EA

Commonwealth of Massachusetts The Trial Court

Probate and Family Court

Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021

(781) 830-1200 Estate of: Marietta A. O'Connor Date of Death: 11/21/2020

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Thomas M. O'Connor of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Thomas M. O'Connor of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 04/28/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 27, 2021 COLLEEN M. BRIERLEY Register of Probate

4/8/21

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE

Docket No. NO21P0140EA

Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Estate of: Mary E. Uvanitte Date of Death: December 5, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner Paul J. Uvanitte III of Quincy, MA.

Paul J. Uvanitte III of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT

Docket No. NO19P2884PM

Commonwealth of Massachusetts The Trial Court

Probate and Family Court

Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Estate of: Gim You Lee

A Petition for Order of Complete Settlement has been filed by Lucy Lee of Stoneham, MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, 1st and Final Account and other such relief as may be requested in the Petition.

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 A.M. on the return day of 05/05/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 31, 2021

COLLEEN M. BRIERLEY

Register of Probate

4/8/21

PUBLIC NOTICE

CITY OF QUINCY BOARD OF LICENSE COMMISSIONERS

Notice is hereby given that an application has been received from Triple 5 Motors Inc., for a garage/repair license for the premises located at 166 Washington Street. Proposed manager Thosaphol Vivatyukan; proposed hours of operation Monday-Friday 8am-6pm and Saturday 9am-4pm. A hearing will be conducted at 4pm on Tuesday, April 20, 2021 using Remote Meeting Access using Zoom Video Communication.

Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: April 20 License Board Hearing

Time: Apr 20, 2021 04:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://quincycollege.zoom.us/j/2309068852>

Meeting ID: 230 906 8852

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+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 230 906 8852

Find your local number: <https://quincycollege.zoom.us/u/kDpypqzfG>

Nicole L. Crispo

Chair

4/8/21

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SUN FUN PAGES

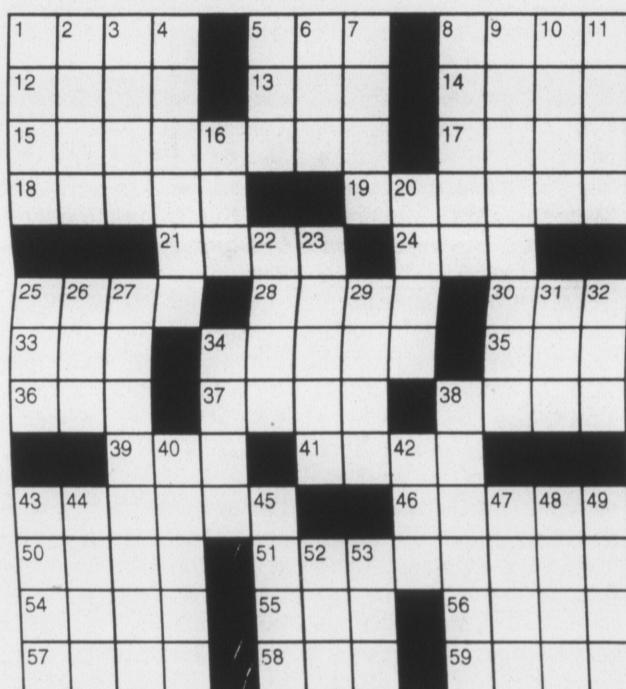
King Crossword

ACROSS

- 1 Zilch
- 5 Male swan
- 8 "Ditto"
- 12 Mideast airline
- 13 Glacial
- 14 "Let's go!"
- 15 Pattern
- 17 Help a hood
- 18 Old photo tint
- 19 Walks with pride
- 21 Yuletide tune
- 24 Archipelago unit (Abbr.)
- 25 Verifiable
- 28 Carton sealer
- 30 Mimic
- 33 Hostel
- 34 Goes belly up
- 35 Water tester
- 36 "Acid"
- 37 French 101 verb
- 38 Quick look
- 39 Online address
- 41 Ump's call
- 43 Steak choices

DOWN

- 46 Toy bricks
- 50 Actor McGregor
- 51 Intensify
- 54 Damon of Hollywood
- 55 Essen exclamation
- 56 Grand tale
- 57 On the briny
- 58 Fish story writer
- 59 Take five
- 1 Tennis barriers
- 2 Sheltered
- 3 Slightly wet
- 4 Skiing style
- 5 Spy org.
- 6 Halloween mo.
- 7 Tournament passes
- 8 Surgery reminders
- 9 Walk
- 10 Champagne brand
- 11 Tolkien crea-



MAGIC MAZE • SMOOTHIE INGREDIENTS

I X U Q H N K H E B Y V S P M
 J H E B Y C V T Q A O E L I G
 D B Y W T R A M P M N T K I F
 D B Y W U S Q N A N O A M K I
BLUEBERRIES S L N F D
 B Z X W U S Q E O P R O N A L
 J H P F D C T L A Y S C Y Y B
 W T R U G O Y A V D T O E S K
 Q P N L R K I K E H F H N C L
 E C B P Z Y Y E W T W C O V I
 U S R Q P N S T U N M L H J M

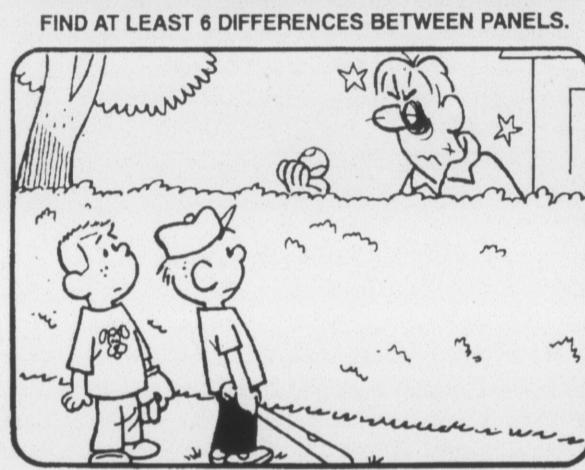
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: GREEK —

| | | | |
|-------------|-----------|---------|-------|
| Banana | Ice cream | Nuts | Syrup |
| Blueberries | Ice | Protein | Tea |
| Chocolate | Kale | Seeds | Whey |
| Honey | Milk | Spinach | |

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Trivia test

by Fifi Rodriguez

1. LANGUAGE: What is the word for "M" in the international alphabet code used in radio?
2. TELEVISION: What was the real first name of the character Fonzie in the comedy "Happy Days"?
3. SCIENCE: Which country has the greatest number of tornados annually?
4. GEOGRAPHY: What is the capital of Australia?
5. ANIMAL KINGDOM: What are the only two known mammals that lay eggs?
6. LITERATURE: What was the name of the first monster in "Beowulf"?
7. MOVIES: What was the name of the villain in the

Answers

1. Mike
2. Arthur
3. United States, central and south regions
4. Canberra
5. Duck-billed platypus and the spiny anteater
6. Grendel
7. El Guapo
8. The Equality State
9. Green
10. Peru

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Wishing Well®

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 8 | 7 | 4 | 5 | 3 | 5 | 4 | 5 | 4 | 7 | 8 |
| N | D | R | O | A | C | E | O | P | M | R | A | A |
| 7 | 2 | 4 | 2 | 3 | 4 | 3 | 4 | 5 | 4 | 8 | 3 | 8 |
| F | A | O | N | W | N | G | O | F | U | D | O | I |
| 6 | 5 | 4 | 3 | 2 | 8 | 2 | 3 | 7 | 6 | 7 | 2 | 6 |
| B | O | N | A | E | A | W | L | R | E | I | L | R |
| 4 | 5 | 3 | 5 | 3 | 4 | 5 | 2 | 8 | 3 | 8 | 3 | 5 |
| C | R | S | T | S | E | A | E | T | E | E | T | S |
| 7 | 8 | 7 | 6 | 5 | 6 | 2 | 4 | 2 | 5 | 7 | 5 | 6 |
| E | L | N | E | S | A | A | D | D | U | D | R | S |
| 8 | 5 | 6 | 7 | 6 | 4 | 6 | 8 | 4 | 2 | 7 | 8 | 2 |
| O | E | O | A | N | S | A | V | U | E | F | E | R |
| 4 | 7 | 5 | 6 | 7 | 6 | 4 | 6 | 4 | 7 | 4 | 7 | 4 |
| C | A | D | B | V | L | C | E | E | O | S | R | S |

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19)

It isn't always easy for the rambunctious Aries to give a second thought to their often spur-of-the-moment choices. But aspects favor rechecking a decision before declaring it final.

TAURUS (April 20 to May 20)

Information emerges for the business-driven Bovine who feels ready to restart a stalled project. Be prepared to make adjustments as needed at any time during the process.

GEMINI (May 21 to June 20)

Part of you wants to complete plans for an upcoming event, while your other self wants to see how things develop first. Compromise by moving ahead with your plans while being open to change.

CANCER (June 21 to July 22)

An unexpected change in a relationship could open up a problem or could lead to a much-needed and too-long-delayed reassessment of a number of matters. The choice is yours to make.

LEO (July 23 to August 22)

Time for the Lion to total the pluses and minuses resulting from recent personal and/or professional decisions. See what worked, what didn't and why, and base your next big move on the results.

VIRGO (August 23 to September 22)

The clever Virgo can make persuasion work by presenting a case built on hard facts. Sentiment might touch the heart, but it's good, solid information that invariably wins the day.

LIBRA (September 23 to October 22)

You usually can win over the most stubborn skeptics on your own. But this time you can benefit

from supporters who have been there, done that and are willing to speak up on your behalf.

SCORPIO (October 23 to November 21)

You win admiration for your determination to do the right thing. Don't be distracted from that course, despite the offer of tempting alternatives that might suddenly turn up.

SAGITTARIUS (November 22 to December 21)

While you still need to maintain control of a dominant situation, a new development emerges, making the task easier and the outcome potentially more rewarding.

CAPRICORN (December 22 to January 19)

New factors might have a positive effect on a still-pending matter, but only if the information proves to be credible. Trusted colleagues might be able to offer needed advice.

AQUARIUS (January 20 to February 18)

The week favors moderation, especially if a health problem is involved. Resist the impulse to do more than might be good for you at this time. You can catch up later.

PISCES (February 19 to March 20)

You could feel more than a mite upset by someone or some people who might be creating problems for you. Find out why they won't change their ways. Their reasons might surprise you.

BORN THIS WEEK: You

know how to inspire others to do their best by setting a persuasive example of your own.

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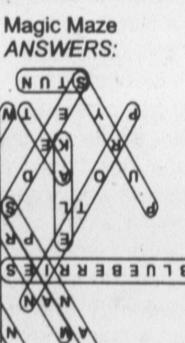
CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: R equals S

JP Y FYO ISZBM ISFT VS Y ISRVZFT
 AYUVQ MUTRRTM YR Y DOJPT, XT'M
 BSSD UTYBBQ RXYUA.

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CryptoQuip answer

2021

A
P
R
8
2
0
2
1

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Robert De Niro nixed co-starring with Lady Gaga in "The House of Gucci" and was replaced by Jeremy Irons. So instead, he signed to star in the new thriller "Wash Me in the River," with John Malkovich and Jack Huston. Huston plays a recovering opioid addict seeking revenge on the chain of drug dealers who were indirectly responsible for the death of his fiancee, all while he's also being hunted by the sheriff (De Niro). Ironically, Huston, who did appear in "The House of Gucci," gets to co-star with De Niro again in a new untitled David O. Russell film, with Christian Bale, Margot Robbie, Rami Malek and John David Washington, the 36-year-old son of actor Denzel Washington. He was seen in "BlacKkKlansman," Robert Redford's last feature film, "The Old Man & the Gun," and Christopher Nolan's "Tenet." His Netflix film "Monster," with Oscar winners Jennifer Hudson and Jeffrey Wright, was originally set for a January 2018 release, and just dropped on March 30. Meanwhile, Washington and Oscar-winner Alicia Vikander will star in the thriller "Born to be Murdered," which will be on Netflix sometime this year.

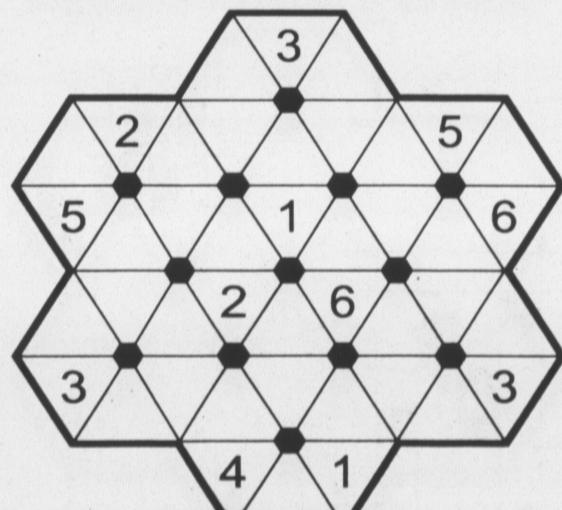
Sophia Loren, one of the last four surviving superstars of The Golden Age of Hollywood (the others are Jane Fonda, Shirley MacLaine and Robert Redford), will be the first recipient of an annual Visionary Award bestowed by The Academy Museum of Motion Pic-

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

| | | | | |
|----|---|----|---|----|
| | x | | + | 18 |
| + | | ÷ | | x |
| | - | | x | 18 |
| x | | + | | - |
| | x | | - | 19 |
| 18 | | 16 | | 16 |
| 1 | 2 | 3 | 4 | 4 |
| 6 | | 7 | 8 | 9 |

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KOVELS' Antiques & Collecting

Drop-Leaf Desk --- All American furniture was handmade before the 1800s, and old furniture was saved until it was too battered to use. The United States was a young country, and the first collector of note was an eccentric man in the 1800s who saved furniture and objects made or used in the 1600s and after. By the late 1700s, the rich were decorating in styles that copied English styles, but with pieces made in America. Wealthy collectors bought antiques if they did not have any from the family. By the 1900s, less expensive copies were made by a few companies. The 1940s were the start of the demand for exact copies of museum pieces. Only an expert could notice the difference and recognize modern tool marks. Many homes were decorated in Chippendale or other old styles.

Baker Furniture started in 1903 as Cook, Baker & Company. The name was changed to Baker Furniture Factories Inc. in 1927. It changed owners seven times, but still used the Baker name as it does today. The company made different styles as decorating tastes changed. The earliest lines were Golden Oak and Mission. By 1923, Baker was making reproductions of Duncan Phyfe. Then it added other 18th-century wooden pieces. In 1925, Baker started "The Twentieth Century Shop," using rosewood and olive burl, eventually using pieces by midcentury designers like Donald Deskey and, in 1951, Danish Modern by Finn Juhl. Baker continued to make reproductions for Colonial Williamsburg and other historic sites labeled with their names. Today some early reproductions sell for about the same price as an average antique piece. This Biedermeier "secretaire a abattant" has a "Baker" label. It sold for \$1,063 at a Neal auction in 2019.

Q: What is goofus glass?

A: Goofus glass is a type of pressed or mold-blown glass made from about 1900 to 1920 by several American factories. It was the first "carnival glass," an inexpensive glass given away at carnivals, movie theaters, gas stations and other businesses. The glass was cold painted in bright colors and originally sold under names like "Egyptian Art," "Golden Oriental" and other exotic names. The colors weren't fired on, and they flaked off after repeated washing. Because of this, people began calling it by less flattering names. There are several stories about how it got the name "Goofus glass," but no one knows for sure where the name came from.

CURRENT PRICES

Sterling silver sugar tongs, bright cut leaves, monogram, James Kendall, Wilmington, Delaware, 1790-1800, 6 inches, pair, \$295.

Buck Rogers pin, blue, Buster Crabbe, space helmet, rocket ship, back paper, 1939, 1 1/4 inches, \$650.

Poster, travel, Cuba, Braniff International Airways, stylized man playing bongos, lithograph, 1950s, 26 x 20 inches, \$840.

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Strange BUT TRUE

* Gatling gun salesmen went to Civil War battlefields to demonstrate their products in actual combat.

* A newly sworn-in Barack Obama visited the U.K. in 2009 and presented some rather curious gifts to the prime minister and queen: 25 DVDs to David Cameron, and an iPod Classic to the then-octogenarian Elizabeth II. Cameron returned the gesture with some "wellies" and Hobgoblin ale.

* In the Solomon Islands, dolphin teeth were (and still are) used as a form of currency.

* Historically, most Easter celebrants would have eaten lamb for the occasion, as the holiday has its roots in the Jewish Passover. Most American Easter dinners now feature ham, however, because years ago, hams cured over the winter would have been ready to serve in early spring.

Thought for the Day:

"When writing the story of your life, don't let anyone else hold the pen." -- Harley Davidson

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Now here's a tip!

by Jo Ann Derson

* Trying to spot roof damage but not quite sure you're ready for a trip up the ladder? Before you get up on the roof, get out your binoculars. You'd be surprised how much you can see from the ground, and you can do a cursory examination and then decide if anything needs a closer look.

* Upcycle an unused bread box as a charging station. Simply mount a power strip in the back of the box on the inside, and you can put phones and other small devices directly inside to charge. Run a cord through the side so that larger tablets can sit on top of the box to charge.

* Use lip balm to help a too-tight ring slide off of a finger. This happened to me when I tried on my sister's ring in church. I had some lip balm in my pocket, and it helped me get the ring off quickly and quietly

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STICKELERS

by Terry Stickels

Below are four squeezer puzzles. Can you find the correct word to be placed in the middle of each to create two new words, one front-end, one back-end? Here's an example of how it works:

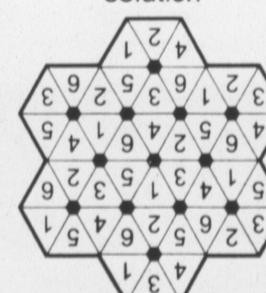
ever **G R E E N** horn

- 1) boon _____ hand
- 2) clearing _____ clean
- 3) snow _____ wood
- 4) round _____ plant

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SNOWFLAKES

solution



Stickelers Answer

- 1) boondock hand
- 2) clearing house clean
- 3) snow drift wood
- 4) roundabout plant

4) roundabout wood

3) snow drift wood

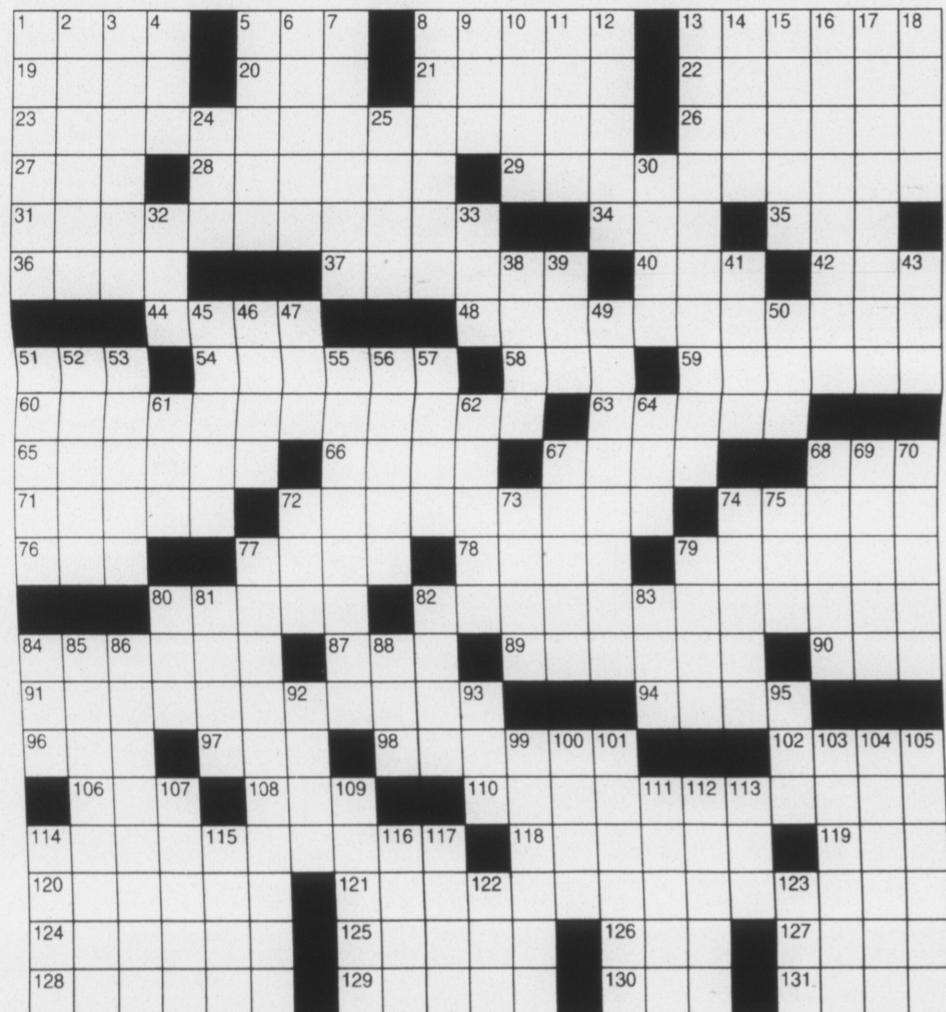
2) clearing house clean

1) boondock hand

Super Crossword

ACROSS

- 1 Napoleon exile locale
- 5 Lobby gp.
- 8 — Bill (Old West hero)
- 13 Soda shop drink
- 19 Diving bird
- 20 Glass of public radio
- 21 Large crowd
- 22 Muzzle-loading tool
- 23 "You Light Up My Life" singer's good friend?
- 26 Orange-and-black bird
- 27 Many times o'er
- 28 Real ladies' men
- 29 Close examination of the "Room at the Top" novelist?
- 31 Some of a "Waltons" actor's furniture?
- 34 Blast creator
- 35 Camera variety, for short
- 36 Mets' old ballpark
- 37 Ballgame cry
- 40 Sugar suffix
- 42 Help
- 44 Heap
- 48 What the penner of "Tristram Shandy" spoke with?
- 51 Toward the rudder
- 54 Lures
- 58 Paris-to-Berlin dir.
- 59 Aviating guys
- 60 "You Send Me" crooner's preferred cruise destinations?
- 63 Mr. or Dr.
- 65 Seraglios
- 66 "— Ben Adhem"
- 67 A&E part
- 68 Greedy gullet
- 71 TV awards
- 72 "Uncle Tom's Cabin" writer not at home?
- 74 Pie serving
- 76 Coloring stuff
- 77 Litigious one
- 78 Gillette's — II
- 79 Truthful
- 80 Longtime SeaWorld whale
- 82 "Two Treatises of Government" philosopher making a choice?
- 118 Get more profound
- 119 Mil. VIP
- 120 Queued
- 121 Doctor's plan for the author of "Common Sense"?
- 124 Secondary divinity, in Greek myth
- 125 Break in, say
- 126 Pooch checker
- 84 Not eternal
- 87 Me, to Mimi
- 89 Tranquil
- 90 Long time
- 91 Red fruit for an "L.A. Law" actress?
- 94 Joins closely
- 96 Smith and Jones film, for short
- 98 PC b-board admins
- 102 Google Play purchases
- 106 1998
- 114 "House" co-star's estimate?
- 118 Get more profound
- 119 Mil. VIP
- 120 Queued
- 121 Doctor's plan for the author of "Common Sense"?
- 124 Secondary divinity, in Greek myth
- 125 Break in, say
- 126 Pooch checker
- 127 Teeny bit
- 128 Firstborn
- 129 Unpopular plants
- 130 Quaint ending for 100-Down
- 131 Black stone
- 127 Teeny bit
- 128 Firstborn
- 129 Unpopular plants
- 130 Quaint ending for 100-Down
- 131 Black stone

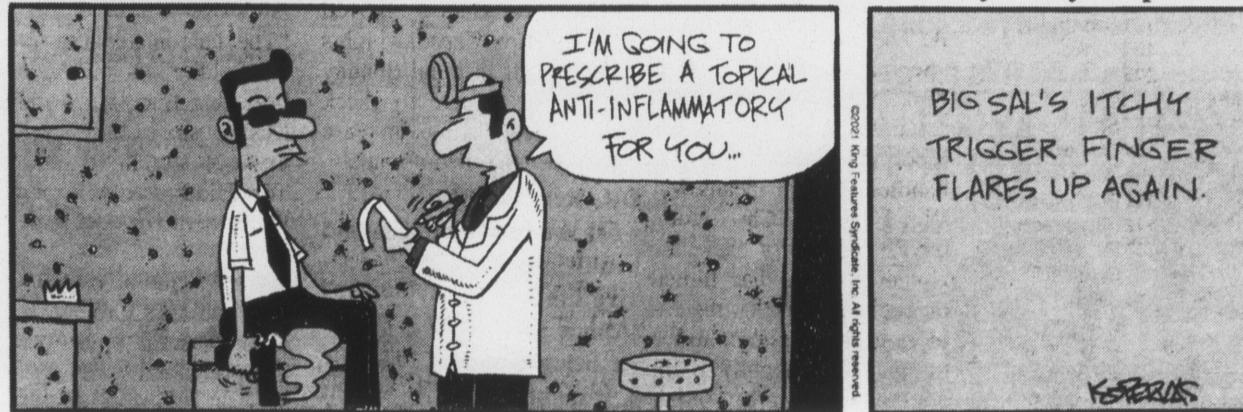


Amber Waves



by Dave T. Phipps

Out on a Limb



by Gary Kopervas

R.F.D.



by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Waver

ARTFEL

Bird

AGLEE

Explore

REEKES

Emanate

DEUXE

| | | | |
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TODAY'S WORD

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"Well, your

seem to be okay."

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 5 | 3 | 1 | 2 | 1 | 5 | 3 | 1 | 2 | 4 | 4 | 1 | 6 | 6 | 6 | 2 | 1 | 1 | 2 | 4 | 5 | 6 | 3 | 5 | 4 | 3 | 6 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | | | | | | |
| 5 | 4 | 1 | 3 | 4 | 5 | 1 | 3 | 4 | 3 | 4 | 1 | 5 | 3 | 4 | 1 | 5 | 4 | 2 | 1 | 3 | 2 | 1 | 5 | 4 | 2 | 1 | 5 | 4 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | | | | | |
| 3 | 4 | 3 | 1 | 5 | 3 | 4 | 1 | 5 | 4 | 2 | 1 | 3 | 5 | 4 | 3 | 6 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | 1 | 2 | 3 | 5 | 4 | 3 | 6 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | | | |
| 4 | 4 | 2 | 3 | 3 | 4 | 2 | 1 | 3 | 5 | 4 | 3 | 6 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | 1 | 2 | 3 | 5 | 2 | 4 | 4 |
| 2 | 1 | 5 | 4 | 4 | 2 | 1 | 5 | 4 | 3 | 6 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | 1 | 2 | 3 | 5 | 2 | 4 | 4 | | |

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

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Outdoor Cats Risk More Than Disease

DEAR PAW'S CORNER:

Your recent answer on whether cats can get COVID-19 is correct: There is very little data, and only a few recorded cases, of house pets testing positive for this coronavirus. So the risk of pets getting ill from it may be low, but I think that a much higher risk for cats is when they're allowed to roam outside. Not only can they be exposed to feline diseases like FIV, but the critters they catch, like small lizards and songbirds, may also carry diseases. For example, many songbirds carry salmonella, a bacterial infection that can be fatal to cats. -- Greg, via email

DEAR GREG: That's absolutely right, as the Centers for Disease Control and Prevention mentions on its website (www.cdc.gov/coronavirus/COVID-19 and Animals). Thank you for

pointing this out. I've written frequently about the risks faced by cats that are allowed to roam outdoors -- from being struck by vehicles to being attacked by feral cats or other wildlife, like coyotes. Outdoor cats also are direct threats to other wildlife. I'm sure most cat owners are familiar with the 2013 study published in Smithsonian Magazine that estimated about 2.4 billion birds and around 12.3 billion small animals are killed by outdoor cats each year. While feral cats certainly are part of the problem, we can at least keep our housecats from contributing to the massive number of small critters killed each year. Folks, keep your cats indoors. If you've got a cat that insists on being outside, find a compromise: perhaps a screened enclosure in the backyard or a window seat, so your cat can watch the world go by. Bolstering bird populations and reducing the risk of transmitted diseases is worth it.

Send your tips, comments or questions to ask@pawscorner.com.

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TOP TEN VIDEO, DVD for release week of March 5, 2021

Video on Demand

1. The Little Things (R) Denzel Washington, Rami Malek
2. The Croods: A New Age (PG) animated
3. Monster Hunter (PG-13) Milla Jovovich
4. SpongeBob Movie: Sponge on the Run (PG) animated
5. Cosmic Sin (R) Frank Grillo
6. SAS: Red Notice (R) Sam Heughan, Ruby Rose
7. Let Him Go (R) Diane Lane
8. Wrong Turn (R) Charlotte Vega
9. Fatale (R) Hilary Swank
10. Vanguard (PG-13) Jackie Chan

DVD, Blu-ray Sales

1. The Croods: A New Age (PG) Universal/Dreamworks
2. Monster Hunter (PG-13) Sony
3. Neighbors 2-movie Collection (R) Universal
4. The Croods 2-Movie Collection (PG) Universal/Dreamworks
5. The House With a Clock in Its Walls (PG) Universal
6. Crawl (R) Paramount
7. Promising Young Woman (R) Universal
8. Greenland (PG-13) Universal/STX
9. I Can Only Imagine (PG) Lionsgate
10. Mortal Engines (PG) Universal

Source: Comscore/Media Play News

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Hitori answer

| | | | | |
|---|---|---|---|---|
| 2 | 3 | 5 | 2 | 4 |
| 3 | 5 | 4 | 3 | 6 |
| 1 | 1 | 2 | 4 | 5 |
| 4 | 1 | 6 | 6 | 2 |
| 6 | 1 | 3 | 1 | 2 |

REFLEXES

Today's Word

3. Seeker, 4. Eagle;

1. Filter, 2. Eagle;

Solution

SCRAMBLERS

REFLEXES

FUN

COUCH THEATER DVD PREVIEWS

BY AMY ANDERSON

April may not be the classic time of the year to talk about road trips, which are typically a summer affair. But it should be, especially now. With a little luck and a bit of self-control, we should see our lives returned to a semblance of normal by late summer. Even those who have been hunkered down in their homes will be able to get out and see the sights. What better time than now to plan a road trip? Getting in the car and jumping on the highway can give you a sense of purpose and freedom, making it a terrific setting for movies. There's no limit to the reasons for hitting the road. Here are just a few to rev your engine.

Almost Famous — Patrick Fugit plays William, who spends an unforgettable 1973 summer chronicling the band Stillwater for Rolling Stone magazine.

Easy Rider — The 1969 classic features Dennis Hopper and Peter Fonda as two hippies on motorcycles who head from California to Mardi Gras, exploring the good and bad of life along the way.

Joy Ride — A college freshman, his alluring love interest and a ne'er-do-well older brother prank a trucker and are treated to pavement pounding payback.

Magic Mike XXL — Channing Tatum returns to the stage, joining his best friends on a road trip that has the boys sexy-dancing all the way to a stripper convention in Myrtle Beach.



Universal Pictures/Disney

Scene from "The Muppet Movie"

Zombieland — It's the end of the world, and four survivors and unlikely adventure-mates traverse a zombie-infested America while in search of and studiously avoiding humanity.

Please Stand By — A young autistic woman (Dakota Fanning) obsessed with "Star Trek" travels to Los Angeles to turn in a script in order to win a contest after she misses the mail-in deadline.

The Muppet Movie — The delightful 1979 origin story of the Muppets, this film features Kermit the Frog, who heads to Hollywood to seek fame and fortune, encountering and collecting his soulmate pals along the way.

Over the Top — Long-haul trucker Lincoln Hawk (Sylvester Stallone) struggles to bond with and protect his son while heading to the World Arm-wrestling Championship in Las Vegas.

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Contract Bridge

THE EVASION PRINCIPLE

North dealer.
Neither side vulnerable.

| NORTH | | EAST | |
|------------|---|---------------|--|
| ♦ Q J 10 6 | 8 | ♥ J 10 9 4 | |
| ♦ 8 5 2 | | ♦ K 7 3 2 | |
| ♦ A J 10 | | ♦ K 6 3 | |
| ♦ K 6 3 | | ♦ 10 7 5 4 | |
| WEST | | SOUTH | |
| ♦ 5 3 | 8 | ♦ A K 9 7 4 2 | |
| ♦ A Q 7 | | ♦ K 6 3 | |
| ♦ 9 8 6 4 | | ♦ Q 5 | |
| ♦ Q J 9 2 | | ♦ A 8 | |

The bidding:
North East South West
Pass Pass 1♦ Pass
3♦ Pass 4♦
Opening lead — queen of clubs.

Assume you're declarer with the South hand at four spades, and West leads the queen of clubs. How would you play the hand?

When the deal occurred, declarer won the club lead with the ace, cashed the Q-K of spades, then finessed the queen of diamonds, losing to the king. East shifted to the jack of hearts, and three tricks later South found himself down one.

Declarer was certainly unlucky to find East with the king of diamonds

and West with the ace of hearts, but, even so, the fact is that he did not play the hand to best advantage. To virtually assure the contract, he should have allowed West's queen of clubs to win the first trick!

This play costs nothing in terms of tricks, since declarer still scores both of his club winners. More importantly, though, it ensures that East, the dangerous opponent, will never gain the lead for a potentially killing heart shift before South can score 10 tricks.

Let's say West continues with a club at trick two. South takes the ace, plays the A-Q of trump and discards a diamond on the king of clubs. Declarer then cashes the ace of diamonds and continues with the jack.

If East covers with the king, South ruffs, leads a spade to dummy and discards a heart on the diamond ten, thus losing only two hearts and a club to finish with ten tricks. If East does not cover the diamond jack, South discards a heart and achieves the same result.

If West has the king of diamonds, the outcome is no different. After South discards a heart on the diamond jack, West wins but is helpless. He can cash the heart ace at this point or can wait until later to get it. Either way, declarer loses only a club, a diamond and a heart, but in keeping with his plan from the start, he is certain to wind up with 10 tricks.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec
CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

X I B U C P P L E P F T B T X F F U Q P U B U P

M J L F U P S F B E ?

H S F F O F H H T B O E Z B N .

Comfort foods

Made fast
and
healthy



by Healthy Exchanges

Peanut Butter Kisses Muffins

You'll get more than your share of hugs and kisses from everyone who finds these goodies tucked inside their lunch bags or waiting for them at the breakfast table!

1/2 cups reduced-fat biscuit baking mix
Sugar substitute to equal 1/4 cup sugar, suitable for baking

1/2 cup fat-free milk

1/3 cup no-fat sour cream

6 tablespoons reduced-fat peanut butter

1 teaspoon vanilla extract

1/4 cup mini chocolate chips

1. Preheat oven to 350 F. Spray 8 wells of a 12-hole muffin pan with butter-flavored cooking spray, or line with paper liners.

2. In a large bowl, combine baking mix and sugar substitute. Add milk, sour cream, peanut butter and vanilla extract. Mix well just to combine. Fold in chocolate chips.

3. Evenly spoon batter into prepared muffin wells. Bake for 20 to 25 minutes or until golden brown. Place muffin pan on a wire rack and let set for 5 minutes. Remove muffins from pan and continue cooling on wire rack. Makes 8 servings.

• Each serving equals: 183 calories, 7g fat, 5g protein, 25g carbs., 339mg sodium, 1g fiber; Diabetic Exchanges: 1 1/2 Starch, 1/2 Meat, 1/2 Fat.

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1. Who released "This Old Heart of Mine"?
2. Which group wrote and released "If You Leave Me Now"?
3. What is Madonna's 1986 "Papa Don't Preach" about?
4. Which group released "Crush on You" in 1986?
5. Name the song that contains this lyric: "Bus driver, please look for me 'cause I couldn't bear to see what I might see."

Answers

1. The Isley Brothers, in 1969. The song also was featured in a "Moonlighting" TV episode in 1980, and was on the soundtrack.

2. Chicago, in 1976. The song topped the charts around the world, including in Canada, France, Australia and South Africa.

3. The song is about a teenage girl having to tell her father she's pregnant. The song caused a problem with the Vatican. It didn't help that Madonna dedicated the song to a pope.

4. The Jets. The group was eight kids from the same family.

5. "Tie a Yellow Ribbon Round the Ole Oak Tree," by Tony Orlando and Dawn in 1973. In the song, a prisoner is finally released and goes home. He asked for a yellow ribbon to be put on a tree if he's still welcome.

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Puzzles4Kids

Answer

Green Eggs and Yam.

Like to read?

What book does a sweet potato

A
P
R

8

2

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Father Bill's Getting \$4M From State For New Building

Cont'd From Page 1

housing must be built across the state to help bring down housing costs.

"Housing is expensive in Massachusetts, we all know that, but one of the reasons it is expensive is because we don't make enough of it of any kind - senior housing, supportive housing, rental housing, workforce housing, affordable housing. The simple truth is, for the past 30 years or so, we have been building about half the supply we need to actually serve our population," the governor said.

"I really do hope coming out of the pandemic one of the things we are able to do is put a lot of shovels in the ground all over the commonwealth to create a lot of housing capacity that we so desperately need."

Father Bill's new housing resource center will be located at 39 Broad St., across the street from the organization's current location at 38 Broad St. The latter building will be razed as part of the city's plan to build a new public safety headquarters nearby.

Yazwinski said he first pitched the proposal for the new housing resource center to his organization's board of directors in 2015. The new model, he explained, "isn't just a shelter."

"It does prevention, it does diversion, it does rapid rehousing and it builds permanent housing," Yazwinski said.

"Thank you to our board of directors for believing in this vision, believing in best practices, because today, those goals are coming true."

Yazwinski also thanked Koch, the Quincy City Council and local state leg-



ARCHITECTURAL RENDERING of the new Father Bill's Housing Resource Center that will be built at 39 Broad St. - across the street from the present Father Bill's Place. The existing shelter, a one-story, 7,000-square-foot building, will be knocked down as part of the City of Quincy's plans to build a new Public Safety Complex. FBMS' HRC model aims to transform how the agency assists individuals experiencing, or at risk of, homelessness by replacing its existing overnight emergency shelter with two new buildings consisting of a new day center, an emergency shelter, and on-site efficiency apartments. The new approach would dedicate more staff and resources to homelessness prevention, diversion and rapid re-housing, thus reducing the overall reliance on overnight shelter.

Rendering Courtesy The Narrow Gate Architecture

islators for their support of the project.

"All of you at the local level gave us the political will to get this project funded," he said. "Here we are - it is happening."

Yazwinski said he was optimistic Father Bill's would receive good news later this year about its proposal to build 30 units of housing, which would be located next to the housing resource center.

To construct both buildings, Yazwinski said Father Bill's needed to raise \$7.5

million.

"I am happy to say today we have already raised - and we haven't even started the campaign - \$3.2 million from the private community," he said. "What you see though from the private donors is what you see here - the excitement about changing the model."

"We will not manage homelessness. We will end it."

Koch said the housing resource center represents a new beginning for Father Bill's and the clients the organization serves.

organization serves.

"Easter and springtime is really all about new beginnings. This here today, what we are talking about, is really new beginnings for Father Bill's, the staff and certainly the recipients of the good care that goes on here," Koch said. "I'm proud to be here."

Mariano, a Quincy Democrat, called the project, "extremely important to the city, important to all of us who live here."

To be able to present a new facility, a bright and

shiny facility for folks who are undergoing difficult circumstances in their lives, is truly a great, great mark on the city of Quincy," Mariano added. "It shows that we care - that we are committed to helping those who need help."

"I can't say enough about this project. It is very close to my heart. I am looking forward to being here for the groundbreaking when construction begins on the new building."

Keenan, also a Quincy Democrat, noted Father Bill's new building represents a change in mindset.

"Words have meaning when you think of the words that we use as we try to address our housing issue. We

talk about homeless shelters. They play an important role, an incredibly important role, in what we do, but think about those words, 'homeless shelter,'" Keenan said.

"Now think about what comes next right across the street - housing resources and even more so, supportive housing. From homeless shelters to supportive housing. It's not just the words, but also what is behind the words and also what goes on behind the walls of those types of facilities."

The officials had toured Father Bill's prior to the press conference. Keenan said that tour underscored the important role FBMS plays in people's lives.

"When you look at what goes on behind the walls of these places, you hear the stories and we heard one just moments ago about how the programs offered here at Father Bill's - programs that will be even greater across the street - how those programs save lives," Keenan said. "We heard that today in a very compelling way."

Keohane Funeral Home invites you to a FREE virtual Pre-Planning Seminar on Tuesday, April 13 at 2:00 pm.

To register for this event visit www.keohane.com
or call 1-800-KEOHANE (1-800-536-4263).

Virtual Seminar speakers include:

• Joe Reardon, Funeral Director and Certified Pre-Planning Consultant, will discuss the options available and the benefits of planning for funeral and cremation services.

• Ron Kearns, Esq., R.N., and Expert Nurse Attorney from Senior Resource Center, Inc., will discuss care, financial and legal strategies and requirements for effective estate planning and asset protection including accessing Medicaid and Veteran's Funding benefits.

Prior to the event we will send you a link and login information needed for the seminar.

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